



Surf Life Saving Sydney U15's BOARD CLINIC Coached by Steve Warren

Surf Life Saving Sydney encourages all Sydney Branch U15's competitors (2013-14 Season) to participate in this Development Board Clinic

The Board Clinic is limited **only** to Sydney Branch Under 15's (Season 2013/14) athletes who, having been introduced to paddling the "Mal" in the under 14 age group now wish to further enhance develop their skills. The clinic will focus on paddling technique and surf skills.

Day	Date	Activities	Time	Details
Sunday	15 th Sept. 2013	Skill development and paddling technique.	On the water @ 10am. (approx. 90 minutes season)	Meet on Wanda Beach in front of clubhouse. Bring all your gear and wear a hi-vis rash vest (preferably pink). (No equipment will be provided)

Enquiries can be directed to the Branch Office Ph. 90190722

All participants must supply and wear a hi-vis lycra vest (preferably fluoro pink)

Clinic participants must be financial, hold a SRC and be proficient members of a surf club.

Please register via Surf Life Saving Sydney Website, via online forms

Link: <http://www.surflifesavingsydney.com.au/online-forms>

