



## Surf Life Saving Sydney Inc.

Established October 1907

Telephone: (02)9019 0722

PO Box 6006, Malabar NSW 2036

Email: admin@surflifesavingsydney.com.au

ABN 74 781 063 539

Facsimile: (02) 9019 0720

www.surflifesavingsydney.com.au

**ISSUE DATE: 30<sup>th</sup> November 2012**

**CIRCULAR NO: 30/12-13**

**TO: Clubs, Presidents, Secretaries, Captains  
Chief Training Officers, IRB Captains**

**FROM: Peter Agnew, Advance Award Coordinator**

**CC: SLSS Management, BoL Management**

**SUBJECT: Silver Medallion Aquatic Rescue Award Course – January 2013**

SLS Sydney Branch will this season be delivering this new award Course. This is the second of two courses to be run for the season.

**Clubs are invited to consider and select two (2) members maximum from within their Club who would be eligible to be considered for this course.** Note: also in attendance at this course will be some participants from the Cert IV Search & Rescue trial group.

This award course requires physical requirements of a fitness level to meet the course outcomes, which should to be considered by Clubs when determining which candidates they will consider for registration of this course. A cross-section of candidature is sought including members who recently acquired their Bronze Medallion, through to experienced lifesavers and competitors.

### Course Description

The aim of the course is to provide participants with the skills and knowledge to participate in search and rescue operations. This course will also include an increased emphasis on specialist rock rescue.

### Award

Upon successful completion of this course participants will receive the SLSA Silver Medallion Aquatic Rescue Certificate and a nationally recognised Statement of Attainment for the following units of competency :

- PUAOHS002B Maintain safety at an incident scene
- PUASAR011C Search as a member of an aquatic search team

These units of competent derive from the Cert III in Public Safety (Aquatic Search and Rescue) PUA31310

**When: Saturday 19<sup>th</sup> January 2013 8am to 9.30 pm**  
**Sunday 20<sup>th</sup> January 2013 8am to 5.00 pm**

**Where: Garie SLSC (Royal National Park)**

**Registrations Close: COB Thursday 10<sup>th</sup> January 2013 at Branch Office**

**Facilitators: Matt Thompson  
Amy Teale**

**Minimum candidates for course to proceed will be 14. Maximum 24.**

#### Affiliated Clubs

Garie Era Burning Palms  
Wanda Elouera North Cronulla Cronulla  
Clovelly Coogee Maroubra South Maroubra  
North Bondi Bondi Tamarama Bronte



## Accommodation & Catering

Due to the nature and duration of the course, candidates will stay overnight on Saturday at Garie SLSC (park gates close at 8.30pm). We will also be providing dinner on Saturday and breakfast and lunch on Sunday. Candidates are requested to bring their own lunch on Saturday. If candidates have any special dietary requirements, the Branch Office must be informed upon application. Candidates are encouraged to bring their own snacks and drinks to have between meals if they require it.

## What to bring

There are a number of items you will need to ensure you bring with you for the weekend.

Keep in mind that the weather may get cold and wet and you will be involved in night operations training.

- Sleeping bag & pillow
- Floormat or camperbed (for sleeping on!)
- Towel/s
- Toiletries
- Warm clothes (also consider that the course involves night operations)
- Spray jacket / wet weather jacket
- Comfortable shoes (land search)
- Sun protection (hat, sunglasses, sunscreen, rash shirt)
- Water bottle
- Wetsuit and booties
- Fins (body boarding fins)
- Mask / goggles/snorkel
- Water resistant torch
- Rescue tube
- Bronze Medallion Training Manual (recommended for reference purposes)

## Course Content

- Contribute to preparation activities for search and rescue operations
- Recognise when a rescue response is required
- Perform complex patient rescue, including search and rescue of a missing person
- Demonstrate recovery and stand down procedures
- Advanced water entry (rock and pier rescues) (*where training location permits*)
- Retrieving submerged objects
- On-land night search operations

## Entry Requirements

- Participants must be a minimum of 16 years of age on the date of final assessment
- Participant must have completed a minimum of 400m swim in 8 minutes or less, in a swimming pool of not less than 25 metres or over a measure open water course before any training starts in the surf and/or deep water
- Participants must hold a Cert II in Public Safety (Aquatic Rescue)
- Participants must be proficient in Bronze Medallion
- Maximum of 2 eligible members per Club only can be submitted at this stage for the January 2013 course.

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## Course Outcomes

- Contribute to preparation activities for search and rescue operations
- Describe the principles of a SMEAC plan
- Access the factors that influence a SMEAC plan
- Interpret task information
- Select appropriate search and rescue equipment
- Describe the roles and responsibilities in a search and rescue team
- Recognise when a rescue response is required
- Describe scanning techniques and when to use them
- Identify high risk profile groups
- Describe strategies to maintain effectiveness of scanning
- Identify distressed and drowning patients
- Perform complex patient rescue, including search and rescue of a missing person
- Identify hazards to self, bystanders and patient at an incident scene
- Implement hazard control procedures at incident scene
- Select appropriate personal protective equipment
- Communicate incident details to relevant personnel at appropriate stages
- Demonstrate an advanced water entry technique
- Describe search patterns
- Operate as a member of a search team for a submerged patient/object
- Perform retrieval of a submerged object at a depth of 3-5 metres below the surface
- Participate in a night search operation – Demonstrate recover and stand down procedures
- Demonstrate retrieval of a patient and return to shore
- Describe body retrieval policy and procedures
- Complete operational documentation
- Perform equipment recovery, cleaning and maintenance in line with organization procedures
- Describe symptoms of operational stress and sources of support

## Assessment & RPL

Assessment is through demonstration, presentation and application of all elements of competency in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

If you believe you already possess some or all of the skills and knowledge of this course, you may wish to apply to Recognition of Prior Learning (RPL). Consult the SLSNSW RPL Guide for Applications available on the Participant Resource page of the SLSNSW website.

## How to Register

- **Clubs are to consider and select eligible members who meet the criteria and submit names of those candidates suitable for this course. The Club Captain/CTO or Club administration will then advise the Branch office by email of their members – maximum of 2 per club.**
- **Evidence of successful timed pool swim (400m in 8mins or less) (Proof of timed swim is to be signed off signed by Chief Training Officer or BM Assessor) and is to be submitted at the time of registration of candidates by the Club to Branch office.**
- **After the close of registrations, the Branch will confirm back with Clubs those participants who have been included in this course. The Club will then create the SMAR Assessment request in Surfguard and submit.**
- **The Branch office will complete the Surfguard award assessment process upon successful completion of the award course by the member and this information will be provided to the members Club via email.**

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## Candidate Course Preparation

The learner guide will be provided electronically prior to the course and in hardcopy upon arrival Saturday.

Prior to the commencement of the course, please ensure that you make yourself familiar with the following documents as they contain reference to policies that relate to you as a course participant. These documents are available from the Surf Life Saving NSW website <http://www.surflifesaving.com.au/members/resources/training>

- SLSNSW Academy Handbook
- SLSNSW RPL Guide for Applicants
- Participant Code of Conduct policy (TA3.2)

To access these documents, select *Training & Education*, then *Member Training*, then *Participant Resources*.

You should also print a copy of the Training Enrolment Form, and bring this completed and signed form with you to the course. To access this form select *Training & Education; Member Training; Participant Resources*, then *SLSNSW Training Enrolment Form*.

Should you have any enquiries regarding the course, or have difficulty accessing the documents from the internet, please contact the Branch Office.

Regards

**Peter Agnew**

**ADVANCE AWARD COORDINATOR**

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