



Cronulla Surf Life Saving Club

in conjunction with Cola-Cola and Caltex present their
Pre Australian Surf life Saving Championship

2nd Annual Short Course Carnival

Saturday, 23 March 2013

\$3,000 in Cash and Prizes

Time	Men's Water Area	Women's Water Area	Beach Area
11.00am	2 km Shark Island Ski Race – Male and Female Open, U/19 & U/17		
11.30 am (Water Start)	U/14-U/15 Board Relay Open Board Relay	U/14-U/15 Board Relay Open Board Relay	
	U/17 Ski Relay Open Ski Relay	U/17 Ski Relay Open Ski Relay	
12 Noon (Beach Start)	U14-U/15 Surf Race and Teams * U17-Open Surf Race and Teams *	U14-U/15 Surf Race and Teams * U17-Open Surf Race and Teams *	Beach Sprints: Open Male Open Female U/17 Male U/17 Female U/15 Male U/15 Female U/14 Male U/14 Female
	U/14 Board Race U/15 Board Race U/17 Board Race Open Board Race	U/14 Board Race U/15 Board Race U/17 Board Race Open Board Race	
	U/17 Ski Race Open Ski Race	U/17 Ski Race Open Ski Race	Beach Relays: U/17 - Open Mixed Beach Relay * U/14 – U/15 Mixed Beach Relay *
	Open Double Ski Open Mixed Double Ski		Beach Flags: Open Male Open Female U/17 Male U/17 Female U/15 Male U/15 Female U/14 Male U/14 Female
	U/14 Ironman U/15 Ironman U/17 Ironman Open Ironman	U/14 Ironwoman U/15 Ironwoman U/17 Ironwoman Open Ironwoman	
	U14 –U/15 Male Cameron Relay * Open Male 3 Person Taplin Relay	U14 –U/15 Female Cameron Relay * Open Female 3 Person Taplin Relay	
	Open Mixed Board Rescue *	U/14 – U/15 Mixed Board Rescue *	
3.30pm (Approximately)	Finish		



Prizes and Trophies:

- Club Point Score Cash Prizes of \$500 for 1st, \$300 for second and \$200 for 3rd. In the event of a dead heat in the point score the relevant cash prizes will be shared. All events conducted except the Beach event “plate” finals will be included in the point score.
- \$100 cash prize to the fastest male and female competitor in the Shark Island Ski Race.
- \$100 cash prize to the winner of the Open Ironman and Open Ironwoman events.
- \$300 cash prize to the winner of the Open Male and Open Female Taplin Relay events.
- Prizes will be awarded to the winning teams of events marked with an asterisk.
- Eight (8) age group competitor random draws for special prizes.

Supplementary Rules and Notes:

- Competition shall be conducted as per the current edition SLSA Surf Sports Manual except where detailed in this section.
- All competitors must have their age group clearly marked on their upper left arm.
- U/13 competitors may compete in the U/14 age category events provided that, as a minimum, they hold their U/13 age award and proficiency.
- The Club point score shall be 6 points for 1st through to 1 point for 6th. Dead heats will share the allotted placing points.
- All individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- In all events except the Surf Race and Teams U/19 aged competitors shall compete as Opens in the Open age category.
- The Individual U/14 and U/15 age group Surf Race will be conducted together as will the U/17, U/19 and Open ages and individual placings declared for each age group. In races competitors will be marshalled in order of age across the start line. There will be no pre nomination of surf teams and the teams result will be determined by the first four club competitors of any age across the finish line. There can be more than one team from a club. **Note:** Dependent on the water conditions and the provision of appropriate water safety the Referee may approve more than 40 competitors in the Surf Race and Surf Teams events.
- With the exception of the Beach Relays, all teams races may include any age combination of athletes from the specified age range.
- The U/17 - Open Mixed Beach Relay shall consist of 4 runners from the U/17 – Open age groups. There must be at least one runner from the U/17 age group and at least female in each team. (Note: the U/17 and female must be two individuals.)
- The U/14 –U/15 Mixed Beach Relay shall consist of 4 runners in the U/14 – U/15 age groups. There must be at least one runner from the U14 age group and at least female in each team. (Note: the U/14 and female must be two individuals.)
- The Mixed Board Rescue races shall consist of one male and one female competitor who are free to choose who is the patient and who is the rescuer.
- The Beach Sprint and Beach Flag events shall be run in pools with the top 8 progressing to an “A” final in each age category. Competitors not qualifying for the “A” final may contest “plate” finals. Club point score points will not be awarded in the “plate” finals.
- Upon application to the Sectional Referee competitors may make up composite teams from different clubs and may be awarded placings (but not prizes or placing points for their clubs).

Entries:

- Submit entries online using the “Carnival Manager System”. This is accessed via <http://carnival.sls.com.au> – please see your Branch Office for user name/password details
- Branch enquiries - 9019 0722 or email admin@surflifesavingsydney.com.au
- Entries close at Sydney Branch at close of business, Tuesday, 19 March 2013.
- Entry fee of \$20 per competitor.
- Late Entries on the day at Cronulla SLSC are \$40.

Further Information:

Contact Cronulla SLSC office: 9527 1654 or email admin@cronullasurfclub.com

