



# Bulletin

<b>Title:</b>	<b>SLSA Surf Sports Manual Amendments to the Champion Lifesaver and Patrol Competition Events</b>
<b>Document ID:</b>	<b>SLSA Bulletin 5/13-14</b>
<b>Department:</b>	<b>Capability and Capacity</b>
<b>Audience:</b>	<b>Lifesaving Event Participants, and State/Territory Centres</b>
<b>Summary:</b>	<b>This Bulletin details changes to the Champion Lifesaver and Patrol Competition to align the resuscitation sections of these events with current Lifesaving practices.</b>

## Background

Changes have been made to the SLSA Surf Sports Manual 34<sup>th</sup> Edition (SSM) Champion Lifesaver Section 3.4, Patrol Competition Section 3.5 and Appendices A and B to better align the practical resuscitation of these events with current Lifesaving practices and to refine and further clarify the judging processes.

The changes have been made by SLSA Sport and Life Saving technical advisers in consultation with event subject matter experts and State/Territory Centres and have been approved by SLSA.

The changes become effective from the date of this Bulletin and an updated Section 3 of the electronic version of SLSA Surf Sports Manual 34<sup>th</sup> Edition has been uploaded to SLSA's website located at [www.sls.com.au](http://www.sls.com.au) and can be found in the members portal in the Library under Sport > Manuals and Technical.

## Detail:

The following is a summary of the changes and clarification to the practical Resuscitation sections of the Champion Lifesaver and Patrol Competition Events:

- In Patrol Competition Section 3.5.2 (g) it is clarified that either the organizing Committee will arrange live patients or specify if clubs are to provide the patients.
- Because of the change to the order of introduction of the Automated External Defibrillator (AED) ahead of oxygen equipment, there is a change in the Open Patrol Competition Section 3.5.5 (c) team member designation as follows:
  - No. 3 – AED Operator and Patient Swimmer (Board/Tube Relay)
  - No. 4 – Resuscitation Team (First Role – Two Person CPR, Prepares oxygen equipment and introduces mask).The other team positions remain unchanged.
- Similarly there is a change in the U17 Patrol Competition Section 3.5.5 (d) (ii) team member designation as follows:
  - No. 3 – AED Operator
  - No. 3 – Resuscitation Team (First Role – Two Person CPR, Prepares oxygen equipment and introduces mask).The other team positions remain unchanged.
- In addition, the third Section timing in the Patrol Competition Practical Resuscitation has been deleted and replaced with two cycles of CPR using oxygen to be completed before the command is given "*The Patient is now Breathing*". These two cycles are not timed.
- In all ECC the compressing hand will now be placed directly on the chest of the patient. This has resulted in removal of references to the "rib walk" and placing of fingers at the lower end of the sternum in the Judges Marking Sheets. As a result there have also been a number of other additions to the Judges Marking Sheets including:
  - Failure to consistently achieve sufficient chest depth during ECC (major fault).
  - Failure to consistently achieve correct hand/arm position for ECC (major fault).
  - Occasional incorrect hand/arm positions for ECC (minor fault).
  - Occasional incorrect pressure for ECC (minor fault).



- There has been a change to the timing of 5 complete cycles of resuscitation on the Judges Marking Sheets as follows:

Slower than 2:05.00	4 point deduction
2:03.00 – 2:04.99	2 points deduction
2:01.00 – 2:02.99	1 point deduction
1:55.00 – 2:00.99	nil deduction
1:53.00 – 1:54.99	1 point deduction
1:51.00 – 1:52.99	2 points deduction
1:50.00 – 1:50.99	3 points deduction
Faster than 1:50.00	4 point deduction

**Further Information:**

Please contact SLSA for further information