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Surf Education

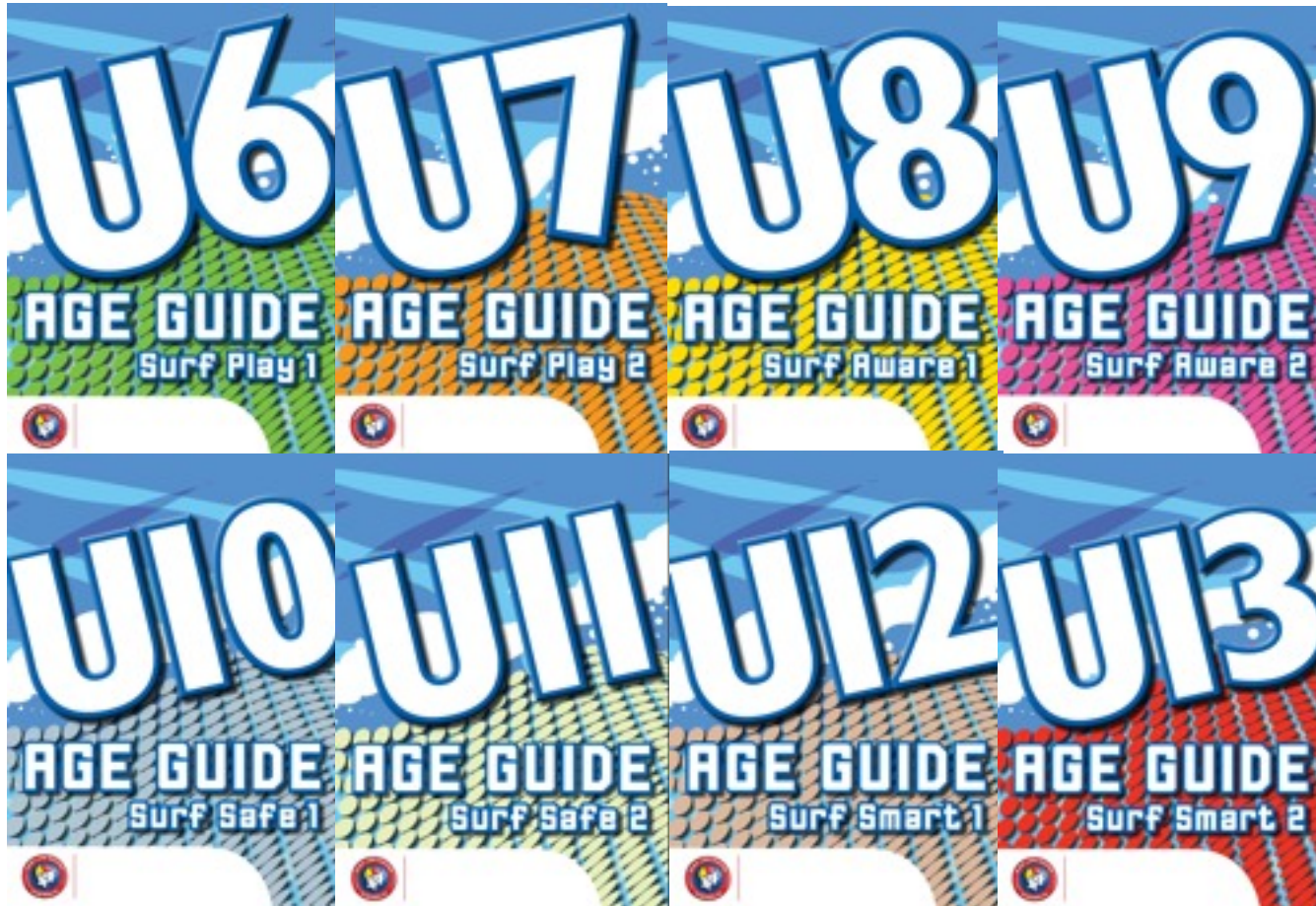
- **Nippers are training to be Lifesavers**
- **Delivered in a competency structure**
- **Flexible program**
- **Provides a pathway to the surf rescue certificate**



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JUNIOR DEVELOPMENT RESOURCE





JUNIOR DEVELOPMENT RESOURCE

- A 'one stop shop' for an age manager to deliver the requirements for the specific junior age group award, i.e. Surf Aware 1.
- Designed to help guide both an experienced age manager and someone completely new to the role.
- **The 4 main parts to the guide are:**
 - Award Summary
 - Lesson Plans
 - Junior Surf Sports – Coaching Points
 - Junior Surf Sports – Events





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AGE GUIDES LESSON PLANS

- **One way** to deliver the required learning outcomes
- Simple, practical and easy to understand way to deliver the learning outcomes for the particular topic
- Step by step format with content support and options for delivery where necessary
- The lesson plans use symbols as an easy and visual way to interpret the lesson at a glance





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AGE GUIDES



LESSON PLANS

- Reading a lesson plan is easy with a simple easy to read layout

The diagram illustrates the layout of a lesson plan page for 'Rill a-board'. The page is divided into several sections, each with a specific icon and color-coded background:

- Lesson Name:** 'Rill a-board' (top left, blue header).
- Lesson Number:** 'Surf Years 2 L2000 00' (top right, blue header).
- Award Name:** 'RILL A-BOARD' (top right, circular logo).
- Lesson Outcomes (always first):** 'LEARNING OUTCOMES' (top left, pink background).
- Preparation (always second):** 'PREPARATION' (top left, grey background).
- Example of info Box or Coaching Points box:** 'COACHING POINTS' (middle left, yellow dashed border).
- The main deliverable components of the lesson: Discuss/Demonstrate/Activity:** 'DISCUSS/DISCUSS', 'ACTIVITY 1', 'ACTIVITY 2', 'ACTIVITY 3', 'ACTIVITY 4' (middle left, various backgrounds).
- Age Managers Tips:** 'AGE MANAGERS TIPS' (bottom left, light blue background).
- Further Reference: Look here for where to go for further information:** 'Further Reference: Look here for where to go for further information' (bottom left, light blue background).
- Page number:** '26' (bottom right, blue footer).

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FRAMEWORK

Under 6

Under 7

Under 8

Under 9

Under 10

Under 11

Under 12

Under 13

Under 14

Junior surf lifesavers gain **knowledge, skills and understandings** about surf lifesaving through age specific programs that advance skill levels as a junior moves through age groupings.

Junior surf lifesavers undertake experiences in an environment that values **teamwork, contribution, friendship, trust, respect, caring and responsibility**.

This environment encourages **acceptance and confidence**.

**Explicit
OUTCOMES**
Knowledge
Skills

**Implicit
OUTCOMES**
Self confidence
Self respect



The right future.
Starting now.



The right future.
Starting now.



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AGE MANAGERS GUIDE

- A comprehensive resource designed to prepare and help an age manager for their role
- Sections covering:
 - Introduction to surf life saving
 - The age manager
 - Creating a safe environment
 - Growth and development
 - How children learn
 - Teaching techniques
 - SLSA JDR Kit
 - Under 14's
 - Programming junior activities
 - Future involvement





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Education:

**Only have qualified people educating the Nippers
Bronze for CPR /Resus**

Applies to Surf Ed and Surf Sports

All awards are participatory based

Ensure Surf Ed is part of the Nippers Calendar

Lifesaving training early





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Tell me....
I forget

Show me....
I remember

Involve me....
I understand

