



## Surf Life Saving Sydney Development Camps at Port Hacking Under 13's and Under 11's



### Overview:

These camps are put on to assist in the on-going development of our Nippers into Junior Lifesavers. The camps are a fun weekend where kids from the 15 clubs get to know each other and join together in a range of activities

These activities cover the on-site activities such as rock climbing, abseiling, archery, water slide etc.

We also look at leadership and teamwork skills which are our major focus from Sat pm. to end of camp. On Sunday the main focus is Lifesaving skills, teaching CPR , IRB Rescue and Tube Rescue.

The weekend is supported by a range of speakers from the ranks of SLS and beyond, who present the range of opportunities available to people in SLS. These talks are presented from the perspective of the Individual, the wider community and a national perspective.

We also have the craft from SLS Sydney arrive being the Wave rider and hopefully LifeSaver 1 (helicopter)

**The kids attending this camp are the ones that each club deems suitable for the camp based on their ongoing attitude to develop into a Lifesaver, and the use his or her skills to serve the community.**

**The kids chosen should be a friendly group of kids who come to the camp with a good reputation from the club, as those who listen, assist at Nippers and enthusiastically partake in Nipper activities. They do not have to be the best at boards, swimming and flags, but kids who are looking forward to becoming a lifesaver.**

Kids with attitude issues, and who are difficult to work with can easily disrupt the short time we have on the weekend, as we encourage and grow these kids in lifesaving, leadership, and teamwork skills.

The Minders who come with the kids should be from the Age group attending the camp, and one from the girls and one from the boys. Someone who knows the children is always beneficial. On top of this, those with a Bronze medal and other levels of SLS training are needed at the camp.

The minders have a very active role to play for the entire weekend and will be late to bed and early to rise. The minders need to be able to work with the kids, discipline them when required and assist in managing the activities and helping to run the night time activities.

The camp is also supported by a range of clubs delivering resources such as the IRB for the weekend, and extra training people for the lifesaving skills. This is much appreciated by the organising team.

**This is a great weekend away with lots of fun and activity, and a great opportunity to learn further skills in Surf Life Saving.**