



Surf Life Saving Sydney SKI CLINIC

Coached by Jimmy Walker

Surf Life Saving Sydney encourages all ski paddlers to participate in a Ski Clinic in conjunction with the Cronulla Short Course Carnival to be held at Cronulla on Saturday 22 November 2014.

The Ski Clinic is open to all Ski Paddlers who are entered and registered in the Cronulla Short Course Carnival to be run at by Cronulla SLSC on Saturday 22 November 2014.

1. Under 17 male & female
2. Under 19 male and female
3. Open male & female
4. Masters male & female

This clinic is aimed at race preparation including warm up and technique with particular focus on the Shark Island Ski Race.

Day	Date	Activities	Time	Details
Sat	Ski Clinic 4 22 November 2014	Skill development and paddling technique. All participants must be entered in, and registered in, the Cronulla Short Course Carnival. All competitors will receive a wristband on carnival registration which must be worn to participate in the Ski Clinic.	On the water @ 11am. (approx. 40 minutes) Shark Island Ski Race to marshall at approx. 11.45am	Meet at the front of Cronulla SLSC at 10.45am. Bring all your gear. (No skis or paddles will be provided) Carnival registration wrist band must be worn

Enquiries can be directed to the Branch Office Ph. 90190722

Or

Wayne Druery: 0490 081 273

All participants must supply & wear a hi-vis fluoro pink lycra vest

NO PINK VEST - NO START

All participants can enter the Cronulla Short Course Carnival using the "Carnival Manager System". This is accessed via

<http://sportsnwbranches.slsa.com.au>

Late Entries will be taken on the day in the Cronulla SLSC.