



# Surf Life Saving SYDNEY Selection Information Sheet 2016 Interbranch Team

**Surf Life Saving Sydney invites ANY competitors aged U12 to Opens to nominate for selection in the Sydney Branch Team to compete at the 2016 NSW Interbranch Championships to be held at The Lakes (Central Coast) on Saturday 10 & Sunday 11 December 2016.**

## **General Information:**

The NSW Interbranch Championships will be held at The Lakes on Saturday 10 & Sunday 11 December 2016. The Sydney Branch Team will be travelling by coach on Friday 9 December leaving Elouera SLSC at approx. 11am and staying at Magenta Shores Resort (The Entrance) throughout the Championships. All food (except for personal snacks), accommodation & transport is provided along with a team uniform. The Team will be returning by coach, after the championships, and the expected arrival time at Elouera SLSC will be approx. 4pm.

## **Selection Criteria:**

All the Selection Criteria is attached in the document titled Surf Life Saving Sydney Selection Policy with special attention focused on the document titled "Selection Guidelines for selection in the 2016 Sydney Branch Team to compete at the 2016 NSW Interbranch Championships".

The 2016 Interbranch Team format will see little change from the new format introduced in 2015. Again for all age groups the water events will be conducted as short course events around the courses set for the individual legs for the ironperson with the majority of water events having 'Nutri Grain Ironperson style' run starts and finishes.

**Ages:** Under 12 to U15 – separate age groups (no change to previous years)  
**Gender:** Male & female.  
**Water events:** 2 competitors to be selected per age group per gender.  
**Beach events:** 1 competitor to be selected per age group per gender.  
**Please note:** Reserve selections are also made however they do not participate as a team member or take part in the championships unless specifically requested by Team Management.

**Ages:** Under 17 (Team structure)  
**Gender:** Male Team & Female Team.  
**Water events:** 3 competitors to be selected per gender.  
**Beach events:** 1 competitor to be selected per gender.  
**Please note:** Reserve selections are also made however they do not participate as a team member or take part in the championships unless specifically requested by Team Management.

**Ages:** Under 19 & Open (Combined Aged Team structure with a minimum of one U19 athlete to be selected in each gender)  
**Gender:** Male Team & Female Team.  
**Water events:** 3 competitors to be selected across the U19/ Open age groups for each gender.  
**Beach events:** 1 competitor to be selected across the U19/ Open age groups for each gender.  
**Please note:** Reserve selections are also made however they do not participate as a team member or take part in the championships unless specifically requested by Team Management.

**Briefly- selected athletes will be required to compete in the following events:** (further information can be obtained on the Surf Life Saving NSW website)

**Beach events:** All beach competitors (under 12 to Open) will be required to compete in a beach sprint, beach flags and a range of team events.

**Water events:** U12, U13, U14 & U15 competitors will be required to compete in a surf race, board race, ironperson and a range of team events.

U17, U19 & Open competitors maybe required to compete in a surf race, board race, ski race, ironperson and a range of team events. Due to the nature of the team format specialist selections maybe made for some disciplines.

### **To be considered for selection all competitors are to:**

1. Read the Surf Life Saving Sydney Selection Policy
2. Read the 2016 Further Guidelines for Selection in the Surf Life Saving Sydney Interbranch Team
3. Read the 2016 Surf Life Saving Sydney Surf Sports Athlete Agreement
4. Complete the 2016 Surf Life Saving Sydney Interbranch Representative Team Athlete Nomination Form and forward it to the Branch Office no later than 5pm - Monday 17 October 2016.

**PLEASE NOTE: To be considered for selection a competitor must complete the Team Athlete Nomination Form and forward it to the Branch office by the due time/date. (Nomination forms will only be accepted after this date at the sole discretion of the Director Of Surf Sports – Surf Life Saving Sydney)**

### **Team Training:**

Upon selection all successful athletes will be advised of team training dates and times by Head Coach – Tracey Schriek. All competitors are reminded of the extremely high level of competition that is experienced at the Interbranch Championships and the focus the championships places on team events. On this basis it is expected that all selected athletes make all efforts to attend the nominated training sessions. Team management reserves the right to remove a competitor from the team in the event Team Management is of the opinion that an athlete has not made a genuine attempt to attend a sufficient number of team training sessions.

### **Team Management Structure:**

The 2016 Surf Life Saving Sydney Interbranch Team Management is comprised primarily of the following personnel: (Further personnel will be appointed prior to the Championships)

**Team Manager:** John De Cean

**Female Assistant Team Manager (Chaperone):** Jackie Parker

**Head Coach:** Tracey Schriek

**Assistant Coaches:** Steve Strawbridge, Ray Masters and Max Walker.

### **Cost:**

Upon selection each athlete will be required to pay a levy of \$250. This levy will be invoiced to your club and must be paid to the Surf Life Saving Sydney Office no later than 5pm Friday 2 December 2016. Team Management reserves the right to remove a competitor from the team in the event the levy is not paid by the due time & date.

### **Team Announcement:**

The Sydney Branch Team will be announced on the Surf Life Saving Sydney website and Facebook page on Sunday 20 November 2016. **(Note – in some age groups 'Reserve Selections' maybe announced. 'Reserve Selections' will not form part of the team training or attend the Championships unless called upon by Team Management).**

### **Further Information:**

Upon selection all successful athletes will receive a more detailed information package however if, at this stage, further information is required please do not hesitate to contact me on 0490 081 273 or Victoria Raymond at the Surf Life Saving Sydney Office on 9019 0722.

Finally I wish all competitors all the best in their endeavours for selection.

Wayne Druery  
Director of Surf Sports  
Surf Life Saving Sydney  
14 September 2016