

Sydney Branch Development Camp Proposed Schedule Under U13's & U11's

This is a guide schedule for the camp - some activities may change without notice

<u>Time</u>	<u>Activity</u>	<u>Location</u>
Friday Night		
5.15-5.50 pm	Registration downstairs Elouera Surf Club	
6.00PM	Bus to Camp - Murrays Coaches x 2	
7.00PM	Arrive Deer Park	Courtyard
	Hello - intro, why we are here is lifesavers - rules - <u>Minders sit with kids not theirs-</u>	
7.30pm	Dinner	Deer Park
8.30pm	Activities Games and Movie - parents briefing...check rooms etc	Get to know you game - animal
10:30pm	Lights Out	
Saturday		
6.30am	Lights On	
7.00am	Morning Swim	POOL
8.00am	Breakfast <u>Minders sit with kids -</u>	
9.00am	Camp Activities Session 1	Deer Park
	Archery, Canoeing, Indoor Rock Climbing, Abseiling, Pool Rafting, Dragon Boats x 1 - High Ropes:	
10:15am	Morning Tea	
10:30am	Camp Activities Session 2	
	Archery, Canoeing, Indoor Rock Climbing, Abseiling, Pool Rafting, Dragon Boats	IRB @ Deer Park Dock
11:45am	<u>Pool and water slide</u>	11.30-12.15
12:15am	Lunch at Camp - Dining Room	
1.00pm	Camp Activities Session 3	
	Archery, Canoeing, Indoor Rock Climbing, Abseiling, Pool Rafting, Dragon Boats	IRB @ Deer Park Dock
2.15pm	Finish	
2.45pm	Afternoon Tea	
2.30pm	Sydney Branch Craft May include	
	Helicopter Lifesaver 1	
	Touch Footy	Deer Park Dock
4.00pm	<u>POOL & WATER SLIDE</u>	3.30 pm -5.00pm
5.00 pm	Leadership	
5.45pm	Orderlies for dinner	
6.00pm	Dinner	
7.15 pm	Evening Activities	Main Hall
	Trivia Night - Films	7.00-8.00PM
	Appoint discuss trainers for tomorrow - Manage IRB - BM - Training	
10.00pm	Supper	Dining Room
10.30pm	Lights Out	
Sunday		

6.30am	Lights On	
7.00am	Morning Swim	Pool
8.00am	Breakfast	Dining Room
8.30am	Pack up Rooms and clean	Rooms
9.00am	In Groups 10 -12	
	Rescue Simulation - First Aid	Main Hall
	Rescue Simulation - 1 and 2 person Rescues	Main Hall
	Introduction to IRB	Chaldercot Dock
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	Schedule moves in 60 min slots	Offshore Rescue Boat
10.15am	Morning Tea	
10:30 -11:30	Rescue Champos in Club Groups	10.30-11.30
11:30 -12:30	Tube Rescue and CPR	
12.30pm	Lunch with 4 extras	
1.00-2.00PM	Rescue Champos in Club Groups	
2.30pm	BIG THANK YOU	Main Hall
2.45pm		
3.00pm	Leave Conference Camp by bus	All present checked
4.00pm	Arrive Elouera SLSC - Bus	Elouera Surf Club