



Cronulla Surf Life Saving Club

Presents its 7th Annual Short Course Carnival

for U8 – O40 aged Competitors

Saturday, 18 November 2017

Proudly sponsored by

Caltex, Doran Financial Services, Letizza Pizza Bases, and 7 News

**Featuring the Vici Shark Island Ski Race, the Payce 2km Beach Runs and the
FREIGHTPOWER All Age Beach Relay**

**Also supported by CatFish, Engine, Get Hooded, Infront, Ohana, and Slix
More than \$7,000 in Cash and Prizes**

Programme of Events

Payce 2km Beach Runs and Relays

6.45am	Marshall at Cronulla SLSC (the Beach Runs will be conducted at North Cronulla)
7.00 am Beach Run and Beach Relay Start	U12 Male and Female 1km Beach Runs* U13 Male and Female 1km Beach Runs* U14 Male and Female 2km Beach Runs* U15 Male and Female 2km Beach Runs* U17 Male and Female 2km Beach Runs* U19 Male and Female 2km Beach Runs* Open Male and Female 2km Beach Runs* O40 Male and Female 2km Beach Runs* U12/U13 Male and Female 2x1km Beach Run Relays U14/U15 Male and Female 2x1km Beach Run Relays U/17 Male and Female 2x1km Beach Run Relays Open Male and Female 2x1km Beach Run Relays

Morning Programme: U8-U13 Events

Time	Boy's Water Area	Girl's Water Area	U8 and Beach Areas
7.15 am	Officials, Team Manager and Safety Briefings		
8.00 am Water & U8 Program Start	U9 Surf Race U10 Surf Race U11 Surf Race U12 Surf Race U13 Surf Race	U9 Surf Race U10 Surf Race U11 Surf Race U12 Surf Race U13 Surf Race	U8 Male Beach Sprint U8 Female Beach Sprint U8 Male Beach Relay U8 Female Beach Relay U8 Male Beach Flags U8 Female Beach Flags U8 Male Wade U8 Female Wade U8 Male Wade Relay U8 Female Wade Relay



Morning Programme: U8-U13 Events (continued)

9.00 am U9 –U13 Beach Program Start	U9 Board Race U10 Board Race U11 Board Race U12 Board Race U13 Board Race	U9 Board Race U10 Board Race U11 Board Race U12 Board Race U13 Board Race	U9 Male Beach Sprint U9 Female Beach Sprint U10 Male Beach Sprint U10 Female Beach Sprint U11 Male Beach Sprint U11 Female Beach Sprint U12 Male Beach Sprint U12 Female Beach Sprint U13 Male Beach Sprint U13 Female Beach Sprint
	U11 Ironman U12 Ironman U13 Ironman	U11 Ironman U12 Ironman U13 Ironman	
	U9/10 Board Relay U11/12 Board Relay U13 Board Relay	U9/10 Board Relay U11/12 Board Relay U13 Board Relay	U9 Male Beach Flags U9 Female Beach Flags U10 Male Beach Flags U10 Female Beach Flags U11 Male Beach Flags
			U11 Female Beach Flags U12 Male Beach Flags U12 Female Beach Flags U13 Male Beach Flags U13 Female Beach Flags
	U9/10 Cameron Relay U11/12 Cameron Relay U13 Cameron Relay	U9/10 Cameron Relay U11/12 Cameron Relay U13 Cameron Relay	U9 Male Beach Relay U9 Female Beach Relay U10 Male Beach Relay U10 Female Beach Relay U11 Male Beach Relay U11 Female Beach Relay U12 Male Beach Relay U12 Female Beach Relay U13 Male Beach Relay U13 Female Beach Relay
12.45pm	Finish of Junior Competition (Note also U9-Open All Age Beach at 1.00pm)		

Afternoon Programme: U14 – O40 Events

Time	Men's Water Area	Women's Water Area	Beach Area
12.45pm	2 km Vici Shark Island Ski Race – Male and Female Open^, U/19^ U/17^ & O40^		
1.00pm	U14/15 Board Relay Open Board Relay	U14/15 Board Relay Open Board Relay	FREIGHTPOWER All Age Beach Relay *^
	U14 Ironman* U15 Ironman* U17 Ironman* U19 Ironman* Open Ironman* O40 Ironman*	U14 Ironwoman* U15 Ironwoman* U17 Ironwoman* U19 Ironwoman* Open Ironwoman* O40 Ironwoman*	Beach Sprints: O40 Male O40 Female Open Male Open Female U/17 Male U/17 Female U/15 Male U/15 Female U14 Male U14 Female



Afternoon: U14 – O40 Events (continued)

Time	Men's Water Area	Women's Water Area	Beach Area
	U17 Ski Relay Open Ski Relay	U17 Ski Relay Open Ski Relay	Beach Relays: Open Male Open Female U17 Male U17 Female U15 Male U15 Female U14 Male U14 Female
	U14/15 Surf Race and Teams U17/19/Open Surf Race and Teams O40 Surf Race	U14/15 Surf Race and Teams U17/19/Open Surf Race and Teams O40 Surf Race	
	U14 Board Race U15 Board Race U17 Board Race U19 Board Race Open Board Race O40 Board Race	U14 Board Race U15 Board Race U17 Board Race U19 Board Race Open Board Race O40 Board Race	Beach Flags: O40 Male O40 Female Open Male Open Female U17 Male U17 Female U15 Male U15 Female U14 Male U14 Female
	U17 Ski Race U19 Ski Race Open Ski Race O40 Ski Race	U17 Ski Race U19 Ski Race Open Ski Race O40 Ski Race	
	U14/U15 Male Cameron Relay * Open Male 3 Person Taplin Relay *	U14/U15 Female Cameron Relay * Open Female 3 Person Taplin Relay *	
	Open Mixed Board Rescue *	U15 Mixed Board Rescue *	
4.00pm	Approximate Finish Time		

Sponsors and Supporters

Cronulla SLSC and the Crays acknowledge and thank the following sponsors of the Short Course Carnival:

- Frank Doran Financial Services, Letizza Pizza Bases, Caltex and Seven News.

The following supporters of the Short Course Carnival are also acknowledged:

- Vici Swimwear, Engine, Catfish Designs, Get Hooded, Ohana Ocean Athletes, Slix,

Prizes and Trophies:

The Frank Doran Perpetual Trophy for the Overall Club Point Score for all events conducted on the day. Cash Prizes of \$500 for 1st, \$300 for second and \$200 for 3rd. In the event of a dead heat in the point score the relevant cash prizes will be shared.

In addition, an **Infront Surf Craft** Foam Nipper Board to the leading club in the pointscore following the conclusion of all U8 –U13 events in the morning program. Note that this excludes the All Age Beach Relay.

- \$100 cash prize plus prize pack to the fastest male and female competitor in the **Vici Shark Island Ski Race**. Vici prize packs for other winners marked with ^.
- \$100 cash prize plus a special prize to the winner of the Open Ironman and Open Ironwoman events.
- \$100 cash prize plus a special prize to the winner of the **Payce** Open 2km Male and Female 2km Beach Run Events.
- \$300 cash prize to the winner of the Open Male and Open Female Taplin Relay events.
- **FREIGHTPOWER** All age Beach Relay - \$350 for 1st, \$150 for second and \$100 for third provided there are three starters in the event. In addition, towel prizes for the first three places.
- **Towel prizes** to be awarded to the winning individuals/teams of events marked with an asterisk (*).
- **Cronulla Crays Medals** to be awarded for the top three placegetters in all U8 - U13 age division events plus a prize to selected individual event winners.
- **Random Prize draws** (minimum two per age group and gender) for all ages (i.e. U8 – O40 years).

Supplementary Rules and Notes:

- Competition shall be conducted as per the current edition SLSA Surf Sports Manual except where detailed.
- Cronulla SLSC requests assistance with Water Safety for the U8-U13 events. Please bring qualified people.
- All competitors must have their age group clearly marked on their upper left arm.
- Marshalling closes for the first U8-13 events at 7.45am.
- Marshalling closes for the Shark Island Ski Race at 12.30pm, and the All Age Beach Relay and U14 to O40 short course events commences at 12.45pm.
- All U15 – Open age individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- The U8 – U13 will be conducted around shortened ironman/woman courses.
- The Club point score shall be 6 points for 1st through to 1 point for 6th for all U8-O40 events conducted on the day. Dead heats will share the allotted placing points, viz. equal first both score 6 points and third scores 5 points.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- Competitors (including U13s and U14s) are not permitted to compete out of their own age group in individual events except for the Vici Shark Island Ski Race and the Open Ironman and Ironwoman races.
- A maximum of three teams per club in team events is permitted.
- Team events except for Surf Teams and Beach Relays shall be conducted as follows U8s, U10s (for any combination of U9 and/or 10s), U12 (for U11s and/or 12s), U13, U15 (for U14 and/or 15s), U17 and Opens (for U19s and/or Opens).
- The U17, U19 and Open age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.
- The U14 and U15 age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.
- There will be no pre nomination of surf teams races. The teams result will be determined by the first four club competitors (of any age where applicable) across the finish line. There can be more than one team from a club. **Note:** Dependent on the water conditions, and the provision of appropriate water safety, the Referee may approve more than 40 competitors in the Surf Race and Surf Teams events.
- Where possible age groups may be joined together in other individual events to assist competition conduct. When this occurs individual results will be recorded for each age group.
- The All Age Beach Relays shall consist of 10 runners of any gender – one from the U9 to Open Age group. Teams must run in order of age from youngest to oldest.
- The Mixed Board Rescue races shall consist of one male and one female competitor who are free to choose who is the patient and who is the rescuer.
- Upon application to the Sectional Referee competitors may make up composite teams from different clubs and may be awarded placings (but not prizes or placing points for their clubs).
- There is a 12.45pm cut off for the conduct of U8-U13 events and 4.00pm for U14-Open events. Should time not permit the U9 – U13 Board Relay races and the U15 and Open Mixed Board Rescue races may be deleted at the discretion of the Referee in consultation with the Carnival Committee.

Entries:

- Submit entries online using the “Carnival Manager System”. This is accessed via <http://surflifesavingsydney.com.au/carnivals-surf-sports/carnival-entries/> - please contact the branch Office for any user enquiries.
- Branch enquiries - 9019 0722 or email admin@surflifesavingsydney.com.au
- Entries close at Sydney Branch at close of business, Sunday, 12 November 2017.
- Entry fee of \$25 per competitor invoiced by and payable to Cronulla SLSC.
- Late Entries on the day at Cronulla SLSC are \$40.
- **Cronulla SLSC must receive all entry fees on or before the date of the Carnival for a Club to be eligible to compete.**

Parking

- There is no council paid parking in Cronulla Central but parking is extremely limited.
- Arrangements have been made with Council to permit parking gear trailers with the tow vehicle attached in Cronulla Park. Please follow and respect the directions of the Cronulla SLSC volunteers.
- Except for unloading/loading no cars (other than those attached to trailers) shall be permitted to remain in Cronulla Park or on the Beachfront.

Further Information:

Please Contact Cronulla SLSC office: 9527 1654 or email admin@cronullasurfclub.com