



RESCUE OF THE MONTH NOMINATION

CLUB/SERVICE	Bondi Surf Bathers Life Saving Club		
DATE OF INCIDENT	07/04/2018	TIME OF INCIDENT	Approximately 11:20 am
NAMES OF LIFESAVER(S)/LIFEGUARD(S)	Belinda Hartmann (PC), Phil Schacht (VC), Neil Collins, Kim Dekker, Katherine Scevity, Rozanne Green, Jane Gilbert, Joanne Robinson		
LOCATION OF INCIDENT	Bondi Beach - on sand in front of Pavillion		
SURFGUARD INCIDENT NUMBER (IRD)			

Overview of the incident (limit 1 page)

At approximately 11:20 on Saturday 7 April, several lifesavers in the Bondi Patrol tent (situated in front on the Bondi Surf Club) were alerted by members of the public that an elderly gentleman appeared to be in distress and was "face down in the sand groaning". The location was approximately 50m south of the patrol tent. Several members, including Kim Dekker, Belinda Hartmann and Neil Collins ran to the patient to assist as a member of the public reached him first and began turning him on his side. Neil (who had been in the tent and had the Surfcom radio harness) called Surfcom informing them we had a collapsed patient on the beach. Another lifesaver, Kat Scevity arrived with oxygen and the first aid kit. Kim and Belinda stabilised his body in the recovery position. Belinda went through COWS, while Kim checked his airway and tried to clear out visible sand. This was difficult as he was clenching his jaw. Belinda and Kim both checked for breathing (there was some agonal gasps) and confirmed with each other that there was no normal breathing. The patient was turned onto his back and a member of the public jumped straight in to compressions as Neil was already prepping the oxy viva. Belinda then removed the radios from Neil and handed them to Phil Schacht, who requested an ambulance and provided Surfcom with additional details of the situation. SRC Alicia Vaughan was sent up to Queen Elizabeth Drive to meet the ambulance. The defib had been called for and arrived shortly after. Belinda maintained head tilt with pistol grip while Roz Green kept the oxygen tube over the patient's mouth with flowing oxygen. Roz then got into the jaw thrust position so Neil could place the mask with the BVM onto the patient. He adjusted the seal and started administering oxygen. Phil maintained communication with Surfcom for the duration of the emergency providing regular updates. By this stage, the member of the public had completed 2 rounds of compressions. Kim Dekker took over compressions on the opposite side of the patient. Roz maintained jaw thrust and Neil controlled the BVM, delivering breaths as appropriate and checking for breathing. Belinda applied the defib pads around Kim while she was doing compressions and during Kim's third round of compressions, Belinda cleared the patient for an analysis. A shock was advised and administered. Once cleared, Kat then took over compressions from Kim during breaths and Kim then rotated into the jaw thrust position to relieve Roz. After three rounds of compressions from Kat, a doctor who was passing by came in and took over compressions. Shortly after, Belinda cleared the patient again for a second analysis, at which point it said shock was not advised. Neil, Kim and the doctor checked for breathing and no breathing was detected initially, so compressions were resumed by the doctor. The doctor did one more round of compressions before the patient appeared to be breathing. Kim noted the patient was blinking and Neil could feel less resistance in the BVM when he squeezed the bag. Belinda checked the patient's pulse, which was faint, and the doctor did a pain test on the sternum. Neil and the doctor monitored the breathing. Belinda continued to check for responsiveness from the patient, while the doctor maintained jaw thrust and Neil continued to administer oxygen. The patient's breathing, responsiveness and pulse were continually checked as the ambulance arrived on Queen Elizabeth Drive. The paramedics were escorted to the beach by Alicia. The patient was breathing unassisted when the paramedics arrived on the beach. The patient was taken to POW hospital in the ambulance.



PLEASE COMPLETE THE FOLLOWING SECTIONS IN BRIEF BULLET POINT FORMAT	
SKILL AND RESOURCES APPLICATION 40%	<i>Were the skills used correctly and appropriately as per SOP's? Did the rescue / incident require advanced technical skills? Was the equipment chosen best for the conditions and skill level of the personnel? Was there optimal use of skills within the available personnel?</i>
<p>The incident required a full 4-person CPR and was conducted as per ART training, consistent with the ART qualifications of those first on the scene. The lifesavers progressed through DRSABCD, seeking confirmation and delivered excellent compressions, utilised oxygen with a BVM, and effectively administered a shock with the defib - all while keeping calm. For example, two lifesavers confirmed that the patient was not responsive and not breathing prior to commencing CPR (COWS and "look, listen, feel"). The lifesavers distinguished between the agonal breaths and what would be considered normal breathing (someone on the scene has exclaimed that he was breathing). The BVM and oxygen was introduced by the second round of</p>	
PROCEDURES FOLLOWED 30%	<i>Were standard operating procedures followed? Was the safety of the rescuers involved appropriately assessed? Was there appropriate leadership, chain of command, good scene management, paperwork completed, follow-ups etc.? Was the equipment utilised appropriately?</i>
<p>The lifesavers determined that there was no danger to themselves that would prevent them from attending to the incident. Kim had tried to clear the patient's airways initially, and found that he was clenching his teeth and did not make further attempts in order to avoid a biting incident. As the patient was on dry sand, defib was not an issue. Belinda dried down the patient as required prior to applying the defib pads and physically cleared the space around the prior to analysis and delivering the shock. When the shock was administered. Neil held the oxygen mask away from</p>	
ENVIRONMENTAL CONDITIONS 15%	<i>Was the incident around rocks, cliffs, or other precarious situations? What was the size of the surf, temperature, time, visibility, weather, and other environmental conditions at land or sea?</i>
<p>There were no major environmental issues, besides it being a hot day with a very busy beach, which we had to continue to manage while the incident took place.</p>	
POTENTIAL OUTCOME 10%	<i>Would the outcome have been the same if the rescuers hadn't intervened?</i>
<p>The patient was having a cardiac event and would likely have died without defibrillation. Moreover, as the patient's mouth was somewhat obstructed with sand, and the patient was not breathing, the patient would likely have suffered brain damage without the early (and effective) compressions and oxygen.</p>	
MEDIA CAPTURE/ COMMUNICATION 5%	<i>Were opportunities maximised in terms of media exposure? If yes, please attach article or give a brief overview of media exposure.</i>
<p>The story appeared on the internet (Ninemsn and Yahoo) that afternoon, as well as a short article in the Sydney Telegraph on Sunday the 8th of April.</p> <p>http://www.news.com.au/national/breaking-news/man-70-resuscitated-on-bondi-beach/news-story/a9fb669d1137d13b822e8342bfa19069</p>	


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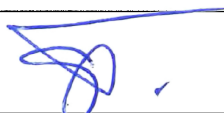


CLUB SERVICE CHECKLIST – HAVE YOU:	
Completed the nomination form correctly?	<input checked="" type="checkbox"/>
Checked that all nominees are proficient and members on SurfGuard?	<input checked="" type="checkbox"/>
Attached Incident Log or reference incident number from SurfGuard?	<input checked="" type="checkbox"/>
Attached any/all related media clippings?	<input checked="" type="checkbox"/>
Forwarded to your Branch/State by the due date?	<input checked="" type="checkbox"/>

CLUB ENDORSEMENT

Name of club: <u>BONDI SBLSC</u>	
Name of club representative: <input checked="" type="radio"/> Mr / <input type="radio"/> Mrs / <input type="radio"/> Miss / <input type="radio"/> Other	
Club rep. position title: <u>DOL</u>	
Club rep. contact phone no: <u>0479187633</u>	Club rep. contact email: <u>clubcayfawn@bondisurfclub.com</u>
Club rep. signature: 	Date: <u>7/5/18</u>

BRANCH (NSW AND QLD)

Name of branch: <u>Sydney Branch</u>	
Name of branch Rep.: <u>Simon Torsellini</u> Mr / Mrs / Miss / Other	
Branch rep. position title: <u>Director of Lifesaving and Education</u>	
Branch rep. contact phone no:	Branch rep. contact email:
Branch rep. signature: 	Date: <u>9/5/2018</u>

STATE / TERRITORY

State / Territory:	
Name of state rep: Mr / Mrs / Miss / Other	
State rep. contact phone no:	State rep. contact email:
State rep. signature:	Date:

Once endorsed by State, please send all nomination forms to:
 Keiran Stone - kstone@slsa.asn.au