



RESCUE OF THE MONTH NOMINATION

CLUB/SERVICE	North Bondi SLSC		
DATE OF INCIDENT	08/12/2018	TIME OF INCIDENT	Morning Patrol 0900hrs - 1200hrs
NAMES OF LIFESAVER(S)/LIFEGUARD(S)	Patrol 12 PC and VC - Brittaney Banks and Jack Pembroke-Birss		
LOCATION OF INCIDENT	North Bondi		
SURFGUARD INCIDENT NUMBER (IRD)			

Overview of the incident (limit 1 page)

On Saturday morning a private swimming event from Coogee to Bondi was held. Swimmers were expected to swim a treacherous 5km marathon swim in 17 degree water against a 20kn North easterly wind. Patrol 12 was briefed by Patrol Captains Brittaney Banks and Jack Pembroke-Birss that we may be required to assist with first aid if requested, above and beyond the organised First Aid via the swim organiser. Little did the patrol know what would unfold in the coming hours.

At 0900 the North Bondi IRB launched to collect the first patient of the morning from Surf Rescue 30 with suspected hypothermia, only 2km into the swim. On arrival the patient was pale and shivering profusely. The nominated ARTC of the patrol attended to the patient with support from the Waverley lifeguards. Within 20min of receiving the first patient the patrol captains received further radio calls notifying the patrol of another 2 swimmers pulled from the swim with Hypothermia. At this point PC Brittaney Banks communicated with Bondi SLSC patrol and setup a triage point to receive all inbound patients at North Bondi beside the finish line of the swim, establishing a centralized point of control of the situation to ensure available resources could be allocated based on prioritised patient needs. At this point a number of resources including 3 IRB's, Lifeguard Jetski's and Surf Rescue 30 were being utilised in the retrieval of patients from the water. It was clear the situation was escalating and the North Bondi PC's regrouped the patrol, assigned roles, allocated equipment such as Oxygen, space blankets and warm fluids to be readily available.

As more swimmers completed the swim an increasing number of participants began presenting to the patrol shivering and short of breath. By 1000hrs whilst the patrol tent was treating 3 patients, members of the public alerted Jack to a patient who had collapsed at the finish line, which he immediately attended to the patient placing her in the recovery position and providing Oxygen Therapy. The Waverly Lifeguards on duty at the northern end of the beach made the decision to radio for an Ambulance for the lady who had collapsed and another 56 year old swimmer who's temperature was becoming difficult to stabilise and was receiving Oxygen Therapy. Whilst Jack continued to assist the patient Brittaney radioed Bondi SLSC patrol to request assistance from available patrolling members and request more Oxygen Cylinders. The additional resources allowed Brittaney to continue triaging patients based on the severity of their condition.

Whilst waiting for the arrival of Paramedics the flow of patients continued to present to the tent and via IRB rescues. With the increasing demand on the patrol and in order to maintain our duty of care to the public on the beach we divided into two distinctive teams, to effectively manage the beach patrol and event first aid. By 1030 there were 7 swimmers in the tent suffering Hypothermia, 5 of which were receiving Oxygen Therapy. Surfcom was contacted to confirm ETA of Ambulance, escalating the need and to request a Duty Officer as Oxygen and first aid supplies were becoming depleted.

Upon arrival of the Extended Care Paramedic the executive decision was made to call in 3 additional paramedic teams. At this point all members with the exception of 5 watching the water were being utilised with the Hypothermic cases. The North Bondi PC's decided to utilize members attending a skills maintenance session to provide additional First Aid Support to paramedics. The patrol tent was re-configured to create a primary treatment compound, using the Sydney Airport barriers.

By 1100 the patrol had treated 18 Hypothermic patients administering 7 cylinders of oxygen, with the 2 most serious patients having altered levels of consciousness transported to hospital. Patrolling members continued to provide oxygen and warming techniques under instruction of paramedics. At 1130 the final swimmer crossed line, assessed with a temp. of 30.4, treated and left the care of the patrol at 12pm.

The co-ordinated efforts between SLS members, Lifeguards and NSW Ambulance are to be commended, the commitment and level of care and consideration they provided to all patients was above and beyond any and all expectations.



PLEASE COMPLETE THE FOLLOWING SECTIONS IN BRIEF BULLET POINT FORMAT	
SKILL AND RESOURCES APPLICATION 40%	<p><i>Were the skills used correctly and appropriately as per SOP's?</i></p> <p><i>Did the rescue / incident require advanced technical skills?</i></p> <p><i>Was the equipment chosen best for the conditions and skill level of the personnel?</i></p> <p><i>Was there optimal use of skills within the available personnel?</i></p>
<p>- Skills (Yes, each patrol element was used in a coordinated effort within their operating parameters.</p> <p>- Incident (Yes, Advanced coordination skills across multiple agencies and advanced first aid skills to triage for patient care)</p> <p>- Equipment (Oxygen was readily available and more sourced, space blankets and more warm blankets used and sourced, IRB's assisted in the fast recovery of patients from the water.</p> <p>- Skill mix of members from patrolling Medical personnel, ARTC, IRB and Bronze Medallion</p>	
PROCEDURES FOLLOWED 30%	<p><i>Were standard operating procedures followed?</i></p> <p><i>Was the safety of the rescuers involved appropriately assessed?</i></p> <p><i>Was there appropriate leadership, chain of command, good scene management, paperwork completed, follow-ups etc.?</i></p> <p><i>Was the equipment utilised appropriately?</i></p>
<p>- SOP's followed to ensure effective use of resources and personnel & Safety of rescuers appropriate by allocating roles to patrol members based on skills and need</p> <p>- The PC and VC collaborated to manage patients as they presented, requested support as required, surfcom contacted and duty officer requested, patients triaged appropriately and incident reports completed. Equipment used based on initial and ongoing assessments of patients, <u>Mobiles used when difficult to contact surfcom.</u></p>	
ENVIRONMENTAL CONDITIONS 15%	<p><i>Was the incident around rocks, cliffs, or other precarious situations?</i></p> <p><i>What was the size of the surf, temperature, time, visibility, weather, and other environmental conditions at land or sea?</i></p>
<p>- The incident took place across the 5 beaches from Coogee to Bondi.</p> <p>- Whilst it was a sunny, calm summers day the water temperature was at 17 degrees with swimmers battling a 20 kn North Easterly wind creating offshore choppy conditions prolonging the swim completion time for all swimmers.</p>	
POTENTIAL OUTCOME 10%	<p><i>Would the outcome have been the same if the rescuers hadn't intervened?</i></p>
<p>- As patients presented a number continued to deteriorate, without the intervention of rescuers and all members involved early detection and faster stabilisation could occur.</p> <p>- By intervening members could determine the severity of the patients needs and request further support or treatment as deemed appropriate.</p>	
MEDIA CAPTURE/ COMMUNICATION 5%	<p><i>Were opportunities maximised in terms of media exposure? If yes, please attach article or give a brief overview of media exposure.</i></p>
Empty section for media capture/communication	




NOMINATION SCHEDULE							
PERIOD	NOMINATION PERIOD ENDS	BRANCH ROTM	STATE/TERRITORY ROTM		NATIONAL ROTM		
		Nominations Close (To Branch or ALS Manager)	Nominations Close (To State)	State Winner Announced	Nominations Close (To SLSA)	Winner Announced	
2017	December	31-Dec	05-January	12-January	19-January	19-January	29-January
2018	January	31-Jan	05-February	09-February	16-February	16-February	23-February
	February	28-Feb	05-March	09-March	16-March	16-March	23-March
	March	31-Mar	09-April	13-April	20-April	20-April	27-April
	April	30-Apr	07-May	11-May	18-May	18-May	25-May
	May/June	30-Jun	09-July	13-July	20-July	20-July	27-July
	July/Aug	31-Aug	10-September	14-September	21-September	21-September	28-September
	September	30-Sep	08-October	12-October	19-October	19-October	26-October
	October	31-Oct	05-November	09-November	16-November	16-November	23-November
	November	30-Nov	10-December	14-December	21-December	21-December	02-January
	December	31-Dec	07-Jan-19	11-Jan-19	18-Jan-19	18-Jan-19	25-Jan-19
Parliamentary Friends of SLS (Federal) presentation							
08-February-2018	21-June-2018		20-September-2018		06-December-2018		
July/Aug, Sept, Oct, Nov	Dec, Jan, Feb, March		April, May/June		July/Aug, Sept, October		


ELIGIBILITY

- Rescues, first aids (or other lifesaving actions) conducted during or outside of patrol hours, year round, on or off the beach.
- All nominees are to be current members of SLSA, employees of Australian Lifeguard Service or a support operation service.
- All club nominations are to be received by the Branch/State or Territory on or before the applicable closing date.
- No late correspondence will be entered into. Late nominations **will not be eligible** for the State/Territory/National Rescue of the Month, but can be recognised by the Branch or State/Territory independently or nominated to the SLSA Meritorious Awards program if appropriate.
- Branches may make only one (1) nomination to State centre per period, as per schedule.
- States/Territory may make only one (1) nomination to SLSA per period, as per schedule
- All nominations are to be received on the official 'SLSA Rescue of the Month Nomination Form'. This can be downloaded from the [member portal](#) or obtained by contacting the SLSA or your State/Territory Office
- States/Territory reserves the right to nominate any outstanding rescue/incident in addition to any Branch nomination, inside the designated time period.
- SLSA and the States/Territory reserve the right to promote details of rescues and the nominated rescuer(s) internally and externally in promotion of SLS services/clubs/members and the Rescue of the Month program.
- Nomination for the 'award' serves as agreement to the conditions as stated above.



CLUB SERVICE CHECKLIST – HAVE YOU:	
Completed the nomination form correctly?	✓
Checked that all nominees are proficient and members on SurfGuard?	✓
Attached Incident Log or reference incident number from SurfGuard?	
Attached any/all related media clippings?	
Forwarded to your Branch/State by the due date?	

CLUB ENDORSEMENT	
Name of club: North Bondi SLSC	
Name of club representative: Eloise Starr	
Mr / Mrs / Miss / Other	
Club rep. position title: Head of Lifesaving	
Club rep. contact phone no: 0415 519 663	Club rep. contact email: lifesaving@northbondisurfclub.com
Club rep. signature: 	Date: 14th Dec 2018

BRANCH (NSW AND QLD)	
Name of branch: Surf Life Saving Sydney Branch	
Name of branch Rep.: Simon Torsellini	
Mr / Mrs / Miss / Other	
Branch rep. position title: Director of Lifesaving and Education	
Branch rep. contact phone no: 0414 375 508	Branch rep. contact email: dol@lifesavingsydney.com.au
Branch rep. signature: 	Date: 14/1/2019

STATE / TERRITORY	
State / Territory:	
Name of state rep:	
Mr / Mrs / Miss / Other	
State rep. contact phone no:	State rep. contact email:
State rep. signature:	Date:

Once endorsed by State, please send all nomination forms to:
 Keiran Stone - kstone@slsa.asn.au