

## MEMORANDUM

<b>To</b>	<b>Club Captains</b>
<b>From</b>	<b>Manager Lifesaving</b>
<b>CC</b>	<b>Club Secretaries, BOM, LSEC</b>
<b>Date</b>	<b>Monday, 9 November 2020</b>
<b>Pages</b>	<b>2</b>
<b>Subject</b>	<b>Additional Information</b>

Further to the memo [BVM OP Airways and Suction Clarification](#) sent to Clubs this week,

### **The advice from NSW Health:**

*"Airway interventions during basic and advanced life support may result in aerosol generation. Aerosol generating procedures (AGPs) must not be performed on patients with high probability of COVID-19 infection until all healthcare workers within the treatment space are wearing PPE for contact, droplet and airborne precautions."*

*CEC Guidelines determine appropriate PPE for contact, droplet and airborne precautions to include*

- *Isolation gowns/aprons*
- *Eye protection*
- *N95 Respirator*
- *Fluid resistant surgical masks*
- *Gloves*

Obviously, we do not have this level of PPE on patrols, and as such cannot use the BVM, OP Airways or Suction.

### **The advice from SLSNSW:**

*BVM, OP Airways and Suction to be restored to the Patrol kits but not to be used on patients with high probability of COVID-19.*

With regards to what you have been told on breaths for CPR and application of Oxygen, this was detailed at the pre-season meeting. No breaths, no AGPs. A therapy mask must be fitted to the patient with the application of 8 L/m. CPR limited to Chest Compressions only (and defib).

Regards

**Scott Muir**  
**MANAGER LIFESAVING SLSS**

**DRSABCD if there is a risk of COVID-19**

Follow this chart if you suspect any risk of COVID-19 or are in a high prevalence area/hotspot.



<b>D</b>	<p><b>DANGER</b></p> <ul style="list-style-type: none"> <li>• Check scene for any dangers</li> <li>• Don PPE, following the correct process</li> </ul>	<p><b>DO NOT ATTEND PATIENT WITHOUT PPE</b></p>
<b>R</b>	<p><b>RESPONSE</b></p> <p>Is the patient conscious?</p> <ul style="list-style-type: none"> <li>• Assess response from <b>1.5m away</b></li> <li>• If no response, approach and check response to touch and talk</li> </ul>	
<b>S</b>	<p><b>SEND FOR HELP</b> </p> <ul style="list-style-type: none"> <li>• Call 000/SurfCom for assistance</li> <li>• Inform service you are wearing PPE</li> </ul>	
<b>A</b>	<p><b>AIRWAY</b></p> <ul style="list-style-type: none"> <li>• Assess airway in the position the patient is found</li> <li>• If required, roll onto side and allow fluids to drain without assistance</li> </ul>	<p><b>DO NOT USE SUCTION</b></p> <p><b>DO NOT USE OP AIRWAYS</b></p>
<b>B</b>	<p><b>BREATHING</b></p> <ul style="list-style-type: none"> <li>• Apply oxygen via a therapy mask at 8LPM, if qualified</li> <li>• Do not use more than 8LPM</li> </ul>	<p><b>DO NOT USE BVM</b></p> <p><b>DO NOT GIVE RESCUE BREATHS</b></p>
<b>C</b>	<p><b>COMPRESSIONS</b></p> <ul style="list-style-type: none"> <li>• Start compressions at a rate of 100-120 per minute</li> <li>• Compress to 1/3 of the depth of the chest</li> </ul>	
<b>D</b>	<p><b>DEFIBRILLATION</b> </p> <p>Early defibrillation saves lives</p> <ul style="list-style-type: none"> <li>• Attach AED and follow prompts</li> </ul>	
<b>SAFE</b>	<p><b>SAFELY REMOVE PPE</b></p> <p>The risk of contamination is highest during the removal of PPE</p> <ul style="list-style-type: none"> <li>• Carefully remove PPE following the correct order and process</li> <li>• Have a buddy watching you and ensure you do not touch your face</li> </ul>	<p><b>DO NOT COMPLETE REPORTS WHILE WEARING PPE</b></p>

**STAY COVID SAFE**

For more information visit [sls.com.au/covid-19/](https://sls.com.au/covid-19/)

End Document

PARTNER SINCE 2001

**SYD**  
Sydney's Airport

**SURF LIFE SAVING SYDNEY | LEADING IN INNOVATION**

BONDI | BRONTE | BURNING PALMS | COOGEE | CLOVELLY | CRONULLA | ELOUERA | ERA | GARIE  
MAROUBRA | NORTH BONDI | NORTH CRONULLA | SOUTH MAROUBRA | TAMARAMA | WANDA

(ABN 74 781 063 539) | PO BOX 6006 MALABAR NSW 2036 | +61 2 9019 0722