



Can we...



Why?



How long will this advice last for?



What if we can't provide this service?



Do we need a COVID-19 Safety Plan?



Is there a limit on the number of participants?



Do we need to record participants for contact tracing?



Do we need to practice physical distancing?



...run Nippers?

Yes, but participants from outside of their local Branch, or Area in Sydney/Sydney Northern Beaches Branches (<u>see map</u>), should consider whether it is necessary to participate..

The government is trying to reduce the mixing of participants from different regions and areas within Greater Sydney.

6 weeks from Wednesday 19 August (as advised by NSW Health).

Clubs are encouraged to explore alternative arrangements in order to offer some form of Junior Activities. It is important to continue to engage our members. Support is available from Branches and SLSNSW on reducing risk and alternative program structures.

Yes. Refer to the latest <u>Junior Activities</u> COVID-19 Safety Plan template.

Yes. Maximum of 500 (inclusive of SLS personnel, parents and participants). Only one parent per child should attend. Branches should work with local councils to ensure a shared understanding of this requirement at a local level.

Yes. Records of SLS personnel and parents must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.

Yes, except for Nippers who are participating in the program.



...patrol?

Yes. The patrol season will start on Saturday 26 September 2020, with no changes to hours of operation.

Surf Life Saving NSW is responsible for the protection of community members and visitors to our beaches. As an emergency service, it is essential and expected that we continue to provide our service to the public.

We don't expect this to change in the near future.

Engage with your branch immediately to explore options (e.g. support from neighboring clubs may be possible).

Yes. Refer to the latest <u>Lifesaving COVID-19</u> Safety Plan template.

No. Providing opportunities for members to engage in lifesaving activities is important and we need to ensure our capability is matched to the risk.

Gatherings for the purposes of emergency services are exempt from the restrictions on indoor and outdoor gatherings.

Yes. Patrol Captains must ensure that all patrolling members (including visiting members) are signed in through the Patrol Log or SLS Operations App.

Yes, except when providing emergency assistance where PPE should be used where possible to minimise risk.



...deliver education?

Yes.

Surf Life Saving NSW is responsible for the protection of community members and visitors to our beaches. As an emergency service, it is essential and expected that we continue to train members to provide a continuation of service to the public.

We don't expect this to change in the near future.

Clubs are encouraged to modify training in line with reasonable adjustments and restrictions. It is important to continue to train and upskill our members. Support is available from Branches and SLSNSW on reducing risk and reasonable adjustments.

Yes. Refer to the latest <u>Training and Education</u> COVID-19 Safety Plan template.

No. Gatherings for the provision of training by emergency services are exempt from the restrictions on indoor and outdoor gatherings. Physical distancing must still be observed.

Yes. Records of SLS personnel and parents must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.

Yes, except for training activities where there is no reasonable alternative. PPE should be used to minimise risk.



...compete?

Yes. At this point in time, local club/branch level competition can take place.

The government is trying to reduce the mixing of participants from different regions and activities which involve overnight stays.

6 weeks from Wednesday 19 August (as advised by NSW Health).

Sport engages our members and ensures they are rescue ready and skilled. Clubs are encouraged to modify competition in line with restrictions. Support is available from Branches and SLSNSW on reducing risk and alternative program/event structures.

Yes, for each event. Refer to the latest <u>Sports</u> <u>COVID-19 Safety Plan</u> template. A COVID-19 Safety Coordinator must be appointed for each event.

Yes. Maximum of 500 (inclusive of SLS personnel, spectators and competitors). Only one parent per child should attend. Branches should work with local councils to ensure a shared understanding of this requirement at a local level.

Yes. Records of SLS personnel, spectators and competitors must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.

Yes, except for competitors when they are training or competing within the field of play.







What PPE do we need to make available/use?



The use of facemasks is strongly encouraged if it is hard to maintain 1.5 metres of physical distancing from others. Facemasks are not required to be worn by Nippers.

Hand hygiene/sanitation is essential.



The use of facemasks is strongly encouraged if it is hard to maintain 1.5 metres of physical distancing from others.

Hand hygiene/sanitation is essential, as is the use of gloves whilst administering first aid. The use of protective eyewear (e.g. sunglasses or goggles) is also encouraged. View the SLSA video on donning and doffing PPE.

Clubs will be provided with a PPE Starter Pack from SLSNSW including disposable facemasks, gloves and hand sanitiser.



The use of facemasks is strongly encouraged if it is hard to maintain 1.5 metres of physical distancing from others.

Hand hygiene/sanitation or the use of gloves is essential when handling shared equipment.

Clubs will be provided with a PPE Starter Pack from SLSNSW including disposable facemasks, gloves, manikin wipes and hand sanitiser.

The use of shared equipment is discouraged where possible. Shared equipment should be cleaned thoroughly between use

(i.e. at the end of each session, or more frequency if deemed necessary following your risk assessment) with warm soapy water or disinfectant.



The use of facemasks is strongly encouraged if it is hard to maintain 1.5 metres of physical distancing from others. Facemasks are not required to be worn by competitors while training or racing.

Hand hygiene/sanitation is essential.



What cleaning protocols should be in place?



What if members don't want to / can't participate?



Have there been any changes to skills maintenance (proficiency) requirements?



Are there any changes to first aid or resuscitation protocols?

If Nippers cannot participate or Nipper activities are curtailed due to government restrictions, parents should be offered a full or partial refund or a credit for the period that the season is suspended.

Refunds for Active Kids Vouchers are not available – parents should be advised of this prior to/during registration.

Yes. This season, evaluations can take place in a range of environments or can be signed off by a qualified swim coach. Refer to <u>SLSA Junior Activities: COVID-19 Exemptions</u> for full details.

N/A

Engaging in voluntary activity as a patrolling member is a personal choice. Members are encouraged to discuss any concerns with their Club Captain. Members who feel that they are unable to patrol due to COVID-19 can still be encouraged to renew their membership in the Reserve Active, General or Associate categories.

If participants cannot attend training or courses are postponed or cancelled due to government restrictions, they should be offered a full or partial refund or a credit for any course fees paid.

Members who feel that they are unable to assist with training or assessing due to COVID-19 may wish to discuss safety concerns with their Director of Education early in the season.

If competitors cannot participate or competitions are postponed or cancelled due to government restrictions, entry fees should be refunded. Terms should be outlined in the event entry circular.

Members who feel that they are unable to assist with officiating due to COVID-19 may wish to discuss safety concerns with their Director of Surf Sports early in the season.

Yes. The practical components have been scaled back this season for all awards and it is recommended that these are signed off on patrol, by Endorsed Delegates, Endorsed Assessors or Assessors. Refer to <u>SLSA Circular 01/20-21</u> for full details.

Yes. Where possible, instruct the patient to self-treat. For adjustments made to resuscitation, see the <u>SLSA COVID-19 DRSABCD poster</u>.

Refer to First Aid and Rescue Protocols section of <u>COVID-19 Information Pack: Lifesaving</u> for more detail.

Yes. Participants are to perform mouth to mouth ventilations/recue breaths to the side of the manikin without direct contact, rather than into the manikin.

Participants are to demonstrate first aid treatments on themselves or a manikin where possible, rather than on another participant.

Refer to Reasonable Adjustments section of COVID-19 Information Pack: Training and Education for more detail.

Adjustments to First Aid/Champion Lifesaver/Champion Patrol/R&R competition are currently being defined in collaboration with SLSA. Further information will be available in the coming weeks.







Have there been any changes to competition eligibility requirements?



What should we do if the media approach us with COVID-19 questions?



What do I do if I am sick, or have been in contact with someone who is sick?



Yes. The minimum required patrol hours for Active and Under 15 members looking to compete during the 2020/21 season is 15



N/A



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All media enquiries are to be directed to your Club President, branch or SLSNSW media team on 0405 203 764.

If you have any COVID-19 symptoms, get tested and self-isolate until you get your results. Do not attend SLS activities. The same applies if you have been in close contact with a confirmed COVID-19 case. You should also not attend SLS activities if you have have travelled overseas, to Victoria, or to a designated hotspot in the last 14 days.

Do you have any suggestions as to how we can we manage large groups / reduce physical contact for SLS activities?

Where can we find more information

/ get additional support?

Consider:

No.

- Staggering start times/days/season dates for different age groups.
- Scheduling age groups on alternate weeks (i.e. each group participates once per fortnight).
- Limiting overall Nipper numbers or cancelling particular age groups.
- Using bunting/barricades to separate Nipper activity areas.
- Using alternative locations.
- Separating entry/exit points where possible
- 'Turn up, participate, leave'
- Branch Director of Member Services
- Membership Manager
- Junior Activities COVID-19 Information Pack
- Junior Activity Chairs

Consider:

- Splitting patrolling groups into morning and afternoon shifts ensuring the minimum required qualifications are adhered to.
- Setting up an outpost/satellite patrol to spread both patrolling members and provide additional safe swimming areas for the community. This should be done in conjunction with the relevant land manager.
- Setting out surveillance patrols away from the main patrol area (flagged area).

Consider:

- Separating entry and exit points to training areas if possible.
- Running more courses, but with fewer participants.
- Delivering training online where possible.
- Showing SLS videos where available instead of providing live practical demonstrations.
- Using manikins instead of live patients where possible.

Consider:

- Block racing or using multiple locations for carnivals.
- Splitting age groups/categories over am/pm or different days.
- Limiting overall competitor numbers or cancelling particular age groups.
- Conducting smaller inter-club or inter-branch
- Using bunting/barricades to separate competition areas or manage people on the
- Separating entry/exit points where possible
- 'Turn up, participate, leave'
- Branch Director of Surf Sports
- Sports Manager
- Sport COVID-19 Information Pack & Return to Sport Plan

• Branch Director of Lifesaving

- Operations Manager, Public Safety
- Lifesaving COVID-19 Information Pack
- Branch Director of Education
- Training and Education Manager
- Training and Education COVID-19 **Information Pack**

Am I covered by insurance if I contract COVID-19 while participating in SLS activities?

SLSNSW members have coverage for personal accident cover under the icare (workers compensation) scheme. As with contracting any infectious disease whilst participating in SLS activities, members are required to demonstrate to icare that the infection was directly acquired as a result of their SLS activity. All claims are considered and determined by icare directly and independently.

Is my club and our executive covered for any claim against us if a member or member of the public contracts COVID-19 whilst participating in SLS activities?

SLSNSW, its clubs and branches are covered under the SLS Group Insurance Policy managed by our broker. Our broker has advised there are no exclusions for COVID-19 in the SLS liability policies, indicating that clubs and executive are covered, but as with all claims they are at the final determination of the insurer.

What do I do if there is a confirmed case of COVID-19 within our club?

Contact the SLSNSW Media Team on 0405 203 764. You will be provided with our COVID-19 Media Response Plan for Surf Life Saving.

