

MEMORANDUM

To	Club Captains
From	Acting Director of Lifesaving and Education
CC	Club Secretaries, SLSS BOM, LSEC
Date	Thursday, 16 September 2021
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Subject	Extended Patrol Numbers

Dear Captains,

This memo confirms the message I sent out to all of you as of last night 15/9:

It was revealed at the SLSNSW Lifesaving Meeting that we have the capacity to extend our Patrol numbers. Clubs that believe 6 members are too few to effectively manage their beach can apply to have 10 on patrol plus a secondary IRB for Support Ops.

You will need to send me your COVID Patrol Plan detailing social distancing measures and also if you intend to have split patrols. I then need to lodge them with State.

I have enclosed an example of a COVID Patrol Plan (thank you to Nicole from South Maroubra) for anyone looking for a template. Can you please forward your plans to me ASAP to:
director_lifesaving@surflifesavingsydney.com.au (copy to lifesaving@surflifesavingsydney.com.au)

For those Captains who already had, you may want to revise up the numbers to 10.

Kind Regards

Scott Muir
ACTING DIRECTOR OF LIFESAVING AND EDUCATION



COVID-19 Safety Plan - Patrol Lifesaving

Effective 18th September 2021

Setup and Arrival

- Signed on all patrol members into the Patrol Operations app. Be vigilant to make sure records are accurate. If the app fails, use the paper log
- All members must also sign in using the Service NSW QR code for their relevant area – patrol tent (outposts to use patrol tent QR code) or patrol tower
- Make sure each patrol member sanitises hands on arrival before handling any equipment. Sanitiser is available in the Lifesaving Room, patrol trailer, patrol tower and first aid room
- Assign members roles for patrol set up so they're not all crowded in the same place
- Create exclusion zone around patrol tent using tent, barriers, and cones

Change Over

- There will be no cross over/personal interaction between morning and afternoon patrols
- AM patrol to begin sanitising patrol gear 15 minutes before sign-off. This includes the SSV and items inside the patrol tent, as well as the seat, door and railings and equipment of the tower
- PM PC to collect radios from Lifesaving room
- PM team to meet on the grass area on the beach side of the club
- PCs conduct handover over using training station
- AM team begins to exit the beach using northern access ramp, while PM patrol move to beach using southern access ramp.
- Tower/outpost teams change over once all items have been sanitised
- Avoid groups collecting before or after patrol

Pack Up

- Wash all gear as usual at Tower for sand and sea water
- Once everything is clean use disinfectant spray bottle to use on the shelter and gear on the trailer and leave to air dry
- Assign members roles to avoid crowding in the same place

On Patrol

- Limit 8 members to main patrolling area (between the flags)
- 2 members allocated to tower or outpost, depending on what is most relevant to the conditions
- 2 additional members may be allowed in a second IRB to assist on patrol and SLSS Support Operations.
- Little to no interaction between Main, Tower, Outpost and Additional IRB posts.
- At approx. 6 x 6 metres means nine people total in tent.
- Space out benches and chairs as far as possible.
- Each 'patrol' to conduct radio check with Surfcom
- ARTC to sanitise hand before conducting equipment checks
- One person in SSV unless in case of an emergency
- No SRC and no U16s
- No members or public inside patrol tent if not rostered on



First Aid

Minor First Aids

- Sit the patient outside the club first aid room, patrol tent or observation tower.
- Ensure that correct PPE is utilised.
- Provide the patient with the appropriate first aid supplies to self-treat (band aids/alcohol swabs etc.).
- Ensure that you wash your hands for at least 20 seconds after treatment.
- Maintain at least 1.5 metres distance where possible.
- If the patient cannot self-treat, follow the Major First Aid advice.

Major First Aids

- Treat as per training, however, take extra caution with ensuring correct PPE utilised.
- Minimise exposure to other patrol members or lifeguards where possible e.g. one (1) patrol member/lifeguard to treat one (1) patient.
- Ensure that you wash your hands for at least 20 seconds or shower after treatment.
- Extra care should be taken with cleaning ALL facilities/equipment after treating a patient.

Resuscitation

Please review the [SLSA DRSABCD during COVID-19 poster](#). In summary:

- Do not attend the patient without PPE
- Do not use suction
- Do not use OP airways
- Do not use Bag Value Mask (BVM)
- Do not give rescue breaths

The ARC suggests that in the current COVID-19 pandemic, rescuers who are willing, trained, and able to do so, consider providing rescue breaths to infants and children in addition to chest compressions

Rescue

- As always, there should be a major focus on preventions and proactive patrolling.
- Patrols should continue to undertake inflatable rescue boat, rescue board and rescue tube pickups.
- After the rescue is finalised, ensure you have taken retrospective action to minimise any risk e.g. showering if possible, cleaning equipment.

General

- Wash/sanitise hands as often as necessary
- We cannot and are not required to police social distancing.
- Remember we are visible in our uniforms and people will be watching us.
- All equipment will need to be disinfected between use
- Refer to the Club's COVID Safe Plan – Lifesaving for more detail.

South Maroubra SLSC – season 2021/22



Patrol operations during restrictions

Due to the numbers we get at Maroubra beach a minimum 6 members on patrol will be a challenge particularly on hot days. Numbers at Maroubra Beach over the winter, during these lockdown months, have already been large. In addition, with patrol days being up to 9 hours per day, it is not reasonable to ask the same team to patrol for a whole day. As such we will need to have an AM and PM patrol.

We understand there are contingencies we will need to put in place in order to mitigate any WHS concerns. South Maroubra has the benefit of having an observation tower and large beach which we propose putting to use in order to allow us to have more members on patrol while allowing them to not need to interact with each other.

Numbers on patrol:

- Eight (8) on the beach in flagged area ensure covering all LSA awards (from rostered patrol team)
- Two (2) in observation tower or outpost depending on conditions (from rostered patrol team)
- On busy days an additional 2 in an extra IRB (from call out or support team)
- Two patrol teams rostered per day
- No SRC, no U16s



COVID plan on patrol days:

- Beach, tower, outpost and extra IRB – no cross over during patrol. Communication by radio (channel 2 or training depending on comms)
- Each 'patrol' to conduct radio check with Surfcom (channel 3) and with each patrol station (channel 2)
- No cross over between AM and PM patrol teams. Handover communicated by PCs over training channel
- Beach access ramps used separately – one for down to the beach and the other for up off the beach
- When checking/using equipment (eg. ART defib/oxy) to sanitise hands before touching
- AM and PM patrol will have separate radios
- One person in SSV except in the case of an emergency