



## Surf Life Saving Sydney Inc.

Established October 1907

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**ISSUE DATE: 23 October 2015**

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**TO: Clubs, Presidents, Secretaries, Captains  
Chief Training Officers**

**FROM: Director Lifesaving & Education  
Simon Torsellini**

**CC: SLSS BOM, LSEC**

**SUBJECT: Gold Medallion Assessment December 2015**

Sydney Branch advises that the following date has been set for Gold Medallion award assessment and/or skills maintenance proficiency December 2015.

**GOLD MEDALLION ASSESSMENT – December 2015**  
**Sunday 13<sup>th</sup> December 2015 8.00 am @ North Bondi SLSC**

**Closing date for registrations 02/12/2015**

**Clubs to email registrations to [lifesaving@surflifesavingsydney.com.au](mailto:lifesaving@surflifesavingsydney.com.au)**

**Please ensure only those members eligible who meet ALL award pre reqs are submitted to Branch Office  
Clubs can do a qualifications check in surfguard of their members before registration.**

A further Gold Medallion Assessment date will be set for around April 2016. Details of this date and venue will be confirmed and advised in future circular.

### Course Purpose

The aim of this course is to provide participants with advanced skills and knowledge to manage emergency situations in autonomous situations.

### Entry Requirements

- Participants must be a minimum of 17 years of age on the date of final assessment.
- Participants must meet the following SLSA requirements:
- Hold a current SLSA Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue)
- Hold a current Advanced Resuscitation Techniques Certificate Award
- Hold a current Senior First Aid Certificate Award
- Hold a Silver Medallion Patrol Captain/Basic Beach Management Award
- Hold a current Spinal Management Certificate Award
- Complete an 800 metre swim in 14 minutes or less in a swimming pool of not less than 25 metres

**Candidates are not to register for assessment of this award if they do not hold all of the above pre requisites and these are recorded in Surfguard on their member award record.**

### Course Content

Perform complex patient rescue and support aided and unaided by equipment

- Select appropriate rescue equipment
- Assess and manage the patient's levels of distress
- Support and return patients to shore
- Perform a one-person drag technique and patient lay

#### Affiliated Clubs

Garie Era Burning Palms  
Wanda Elouera North Cronulla Cronulla  
Clovelly Coogee Maroubra South Maroubra  
North Bondi Bondi Tamarama Bronte

#### Perform Surf Skill and fitness test

- Complete a 400 metre swim, 800 metre run, 400 metre board paddle and 800 metre run in 25 minutes.
- Complete tube rescue of patient 100 metres out at sea and return (flippers optional)
- Complete board rescue of patient 200 metres out at sea and return

#### Work Autonomously

- Plan and undertake work activities
- Accept responsibilities
- Set performance requirements
- Maintain team performance

#### **Assessment**

Assessment is through demonstration, presentation and application of all elements in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

#### **Validity of Award**

This award is valid for 12 months and is to be updated annually. All award pre requisites must be updated and current.

#### **Registration Process**

- Those surf lifesavers who are eligible to attend are asked to advise their Club Chief Training Officer/Club Captain or Club Administration of their interest. Clubs are to create the assessment request as a new award in Surfguard and advise the Branch office by email of the members to be registered before closing date.
- Branch office will confirm to all Clubs via email confirmation of course participants after the closing date.
- Following the course, Clubs will be advised by the Branch Office of their successful candidates and the Branch will process the new award in Surfguard on behalf of the Clubs and their members.

- **Evidence of the timed pool swims are to be sent to the Branch Office by the Clubs Chief Training Officer and are to be received by email before assessment date.**  
**E:lifesaving@surflifesavingsydney.com.au**  
**Candidates will not be able to participate at the assessment without proof of the timed pool swim.**
- **Clubs need to provide sufficient rescue boards and rescue tubes for their candidates to bring to assessment.**
- **Meeting point on assessment day will be confirmed to Clubs/Candidates closer to the date.**

Any enquiries, please contact the Branch Office.

**Simon Torsellini**

**DIRECTOR LIFESAVING & EDUCATION**

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