



Event:	Sydney Branch Beach Carnival
Location:	Maroubra Surf Life Saving Club
Date:	24th October 2015
Time:	2:00 pm to 4:30 pm – Registration from 1:30pm
Cost:	\$20.00
Register on line:	http://carnival.sls.com.au/
Age Groups:	Under 14's to Masters

PROGRAM

SPRINTS.	FLAGS.	RELAYS.	2 Km RUN.
<p>Starts 2.00pm</p> <p>14's M / F. 15's M / F. 17's M / F. 19's M / F. OPENS M / F. MASTERS M / F.</p>	<p>Start 2.00pm</p> <p>MASTERS M / F. OPENS M / F. 19's M / F. 17's M / F. 15's M / F. 14's M / F.</p>	<p>ALL AGE . M / F (14's, 15's, 17's, 19's and OPENS will be first event).</p> <p>Relays to be run before individual sprint. 14's male relay then sprint.</p> <p>Masters relays to have minimum 1 female competitor.</p> <p>Mixed Relays if time permits at end of program.</p>	<p>To be run at the end of sprints and flags.</p> <p>14's , 15's. 17's, 19's. OPENS. MASTERS.</p> <p>4 X 500 m Relay if time permits.</p>

Please contact Surf Life Saving Sydney for any enquires.

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