

# **Cronulla Surf Life Saving Club**

# Presents its 5<sup>th</sup> Annual Short Course Carnival for U8 – O40 aged Competitors Saturday, 21 November 2015

Proudly sponsored by Caltex, Doran Financial Services, and 7 News and featuring the Vici Shark Island Ski Race

\$5,000 in Prizes

**Programme of Events** 

**Morning: U8-U13 Events** 

Time	Boy's Water Area	Girl's Water Area	U8 and Beach Areas			
7.15 am	Officials, Team Manager and	ficials, Team Manager and Safety Briefings				
8.00 am	U9 Surf Race	U9 Surf Race	U8 Male Beach Sprint			
Water & U8	U10 Surf Race	U10 Surf Race	U8 Female Beach Sprint			
Program Start	U11 Surf Race	.1 Surf Race U11 Surf Race U8 Male Be				
	U12 Surf Race	U12 Surf Race	U8 Female Beach Relay			
	U13 Surf Race	U13 Surf Race	U8 Male Beach Flags			
			U8 Female Beach Flags			
			U8 Male Wade			
			U8 Female Wade			
			U8 Male Wade Relay			
			U8 Female Wade Relay			
9.00 am	U9 Board Race	U9 Board Race	U9 Male Beach Sprint			
U9 –U14 Beach	U10 Board Race	U10 Board Race	U9 Male Beach Sprint			
Program Start	U11 Board Race	U11 Board Race	U10 Male Beach Sprint			
	U12 Board Race	U12 Board Race	U10 Female Beach Sprint			
	U13 Board Race	U13 Board Race	U11 Male Beach Sprint			
			U11 Female Beach Sprint			
			U12 Male Beach Sprint			
			U12 Female Beach Sprint			
			U13 Male Beach Sprint			
			U13 Female Beach Sprint			
	U11 Ironman	U11 Ironman				
	U12 Ironman	U12 Ironman				
	U13 Ironman	U13 Ironman				
	U9/10 Board Relay	U9/10 Board Relay	U9 Male Beach Flags			
	U11/12 Board Relay	U11/12 Board Relay	U9 Male Beach Flags			
	U13 Board Relay	U13 Board Relay	U10 Male Beach Flags			
			U10 Female Beach Flags			
			U11 Male Beach Flags			









# Morning: U8-U13 Events (continued)

Time	Boy's Water Area	Girl's Water Area	U8 and Beach Areas
			U11 Female Beach Flags
			U12 Male Beach Flags
			U12 Female Beach Flags
			U13 Male Beach Flags
			U13 Female Beach Flags
	U9/10 Cameron Relay	U9/10 Cameron Relay	U9/10 Male Beach Relay
	U11/12 Cameron Relay	U11/12 Cameron Relay	U9/10 Female Beach Relay
	U13 Cameron Relay	U13 Cameron Relay	U11/12 Male Beach Relay
			U11/12 Female Beach Relay
			U13 Male Beach Relay
			U13 Females Beach Relay
1.00pm	Finish of Junior Competition (Note also U9-Open All Age Beach at 1.30pm)		

## Afternoon: U14 – O40 Events

Time	Men's Water Area	Women's Water Area	Beach Area		
1.00pm	2 km Vici Shark Island Ski Race – Male and Female Open^, U/19^ U/17^ & O40^				
1.30pm	U14/15 Board Relay	U14/15 Board Relay	All Age Male		
	Open Board Relay	Open Board Relay	Beach Relay *		
			All Age Female		
			Beach Relay *		
	U14 Ironman*	U14 Ironwoman*	Beach Sprints:		
	U15 Ironman*	U15 Ironwoman*	O40 Male		
	U17 Ironman*	U17 Ironwoman*	O40 Female		
	U19 Ironman*	U19 Ironwoman*	Open Male		
	Open Ironman*	Open Ironwoman*	Open Female		
	O40 Ironman*	O40 Ironwoman*	U/17 Male		
			U/17 Female		
			U/15 Male		
			U/15 Female		
			U14 Male		
			U14 Female		
	U17 Ski Relay	U17 Ski Relay	Beach Relays:		
	Open Ski Relay	Open Ski Relay	U17 - Open Male		
	U14/15 Surf Race and Teams	U14/15 Surf Race and Teams	U17 - Open		
	U17/19/Open Surf Race and Teams	U17/19/Open Surf Race and Teams	Female		
	O40 Surf Race	O40 Surf Race	U15 Male		
			U15 Female		
			U14 Male		
			U14 Female		
	U14 Board Race	U14 Board Race	Beach Flags:		
	U15 Board Race	U15 Board Race	O40 Male		
	U17 Board Race	U17 Board Race	O40 Female		
	U19 Board Race	U19 Board Race	Open Male		
	Open Board Race	Open Board Race	Open Female		
	O40 Board Race	O40 Board Race	U17 Male		
			U17 Female		
			U15 Male		
			U15 Female		
			U14 Male		
			U14 Female		









### Afternoon: U14 – O40 Events (continued)

Time	Men's Water Area	Women's Water Area	Beach Area
	U17 Ski Race	U17 Ski Race	
	U19 Ski Race	U19 Ski Race	
	Open Ski Race	Open Ski Race	
	O40 Ski Race	O40 Ski Race	
	U15 Male Cameron Relay *	U15 Female Cameron Relay *	
	Open Male 3 Person Taplin Relay *	Open Female 3 Person Taplin Relay *	
	Open Mixed Board Rescue *	U15 Mixed Board Rescue *	
4.30pm	Approximate Finish Time		

### **Prizes and Trophies:**

- Frank Doran Financial Services Trophy for the Overall Club Point Score for all events conducted on the day. Cash Prizes of \$500 for 1<sup>st</sup>, \$300 for second and \$200 for 3<sup>rd</sup>. In the event of a dead heat in the point score the relevant cash prizes will be shared.
- \$100 cash prize plus prize pack to the fastest male and female competitor in the Vici Shark Island Ski Race. Vici prize packs for other winners marked with ^.
- \$100 cash prize plus a special prize to the winner of the Open Ironman and Open Ironwoman events.
- \$300 cash prize to the winner of the Open Male and Open Female Taplin Relay events.
- Affinity Living prizes to be awarded to the winning individuals/teams of events marked with an asterisk (\*).
- Medals to be awarded for the top three placegetters in all U8 U13 age division events plus Engine or Catfish prize packs to event winners.
- Random Prize draws (minimum two per age group and gender) for all ages (i.e. U8 O40 years).

### **Supplementary Rules and Notes:**

- Competition shall be conducted as per the current edition SLSA Surf Sports Manual except where detailed in this section.
- All competitors must have their age group clearly marked on their upper left arm.
- Marshalling closes for the first U8-13 events at 7.45am
- Marshalling closes for the Shark Island Ski Race at 12.45pm and for the U14 to Open short course events at 1.15pm.
- All competitors and handlers must wear pink fluorescent coloured singlets as their outer layer of clothing when entering the water.
- All U15 Open age individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- The U8 U13 will be conducted around shortened ironman/woman courses.
- The Club point score shall be 6 points for 1<sup>st</sup> through to 1 point for 6<sup>th</sup> for all events conducted on the day. Dead heats will share the allotted placing points, viz. equal first both score 6 points and third scores 5 points.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- Competitors (including U13s and U14s) are not permitted to compete out of their own age group in individual events.
- Team events except for surf Teams shall be conducted as follows U8s, U10s (for U9&10s), U12 (U11s&12s), U13, U15 (U14&15s), U17 and Opens (U19 and Open). Competitors are not permitted to compete out of their own team age group.
- The U17, U19 and Open age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.
- The U14 and U15 age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.









### **Supplementary Rules and Notes (continued):**

- There will be no pre nomination of surf teams races. The teams result will be determined by the first four club competitors (of any age where applicable) across the finish line. There can be more than one team from a club. **Note:** Dependent on the water conditions, and the provision of appropriate water safety, the Referee may approve more than 40 competitors in the Surf Race and Surf Teams events.
- Where possible age groups may be joined together in other individual events to assist competition conduct. When this occurs individual results will be recorded for each age group.
- The Male and Female All Age Beach Relays shall consist of 10 runners in each one from the U9 to Open Age group. Teams must run in order of age from youngest to oldest.
- The Mixed Board Rescue races shall consist of one male and one female competitor who are free to choose who is the patient and who is the rescuer.
- Upon application to the Sectional Referee competitors may make up composite teams from different clubs and may be awarded placings (but not prizes or placing points for their clubs).
- There is a 1230pm cut off for the conduct of U8-U13 events and 5.00pm for U14-Open events. Should time not permit the U9 U13 Board Relay races and the U15 and Open Mixed Board Rescue races ay be deleted at the discretion of the Referee in consultation with the Carnival Committee.

### **Entries:**

- Submit entries online using the "Carnival Manager System". This is accessed via http://surflifesavingsydney.com.au/carnivals-surf-sports/carnival-entries/ please contact the branch Office for any user enquiries.
- Branch enquiries 9019 0722 or email admin@surflifesavingsydney.com.au
- Entries close at Sydney Branch at close of business, Tuesday, 17 November 2015.
- Entry fee of \$20 per competitor invoiced by and payable to Cronulla SLSC.
- Late Entries on the day at Cronulla SLSC are \$30.
- Cronulla SLSC must receive all entry fees on or before the date of the Carnival.

### **Parking**

- There is no council paid parking in Cronulla Central but parking is extremely limited.
- Arrangements have been made with Council to permit parking gear trailers with the tow vehicle attached in Cronulla Park. Please follow and respect the directions of the Cronulla SLSC volunteers.
- The Club is also seeking the assistance of a nearby school to provide additional parking. The school will be seeking a donation for parking. Details will be provided.

### **Further Information:**

Pease Contact Cronulla SLSC office: 9527 1654 or email admin@cronullasurfclub.com







