



Surf Life Saving Sydney Development Camps at Port Hacking for Under 13's and Under 11's

These camps are put on to assist in the on-going development of our Nippers into Junior Lifesavers. The camps are a fun weekend where kids from the 15 clubs get to know each other and join together in a range of activities

These activities cover the on-site activities such as rock climbing, abseiling, archery, water slide etc.

We also look at leadership and teamwork skills which are our major focus from Sat pm. to end of camp. On Sunday the main focus is Lifesaving skills, teaching CPR , IRB Rescue and Tube Rescue.

The weekend is supported by a range of speakers from the ranks of SLS and beyond, who present the range of opportunities available to people in SLS. These talks are presented from the perspective of the Individual, the wider community and a national perspective.

We also have the craft from SLS Sydney arrive being the Wave rider and hopefully LifeSaver 1 (helicopter)

The kids attending this camp are the ones that each club deems suitable for the camp based on their ongoing attitude to develop into a Lifesaver, and the use his or her skills to serve the community.

The kids chosen should be a friendly group of kids who come to the camp with a good reputation from the club, as those who listen, assist at Nippers and enthusiastically partake in Nipper activities. They do not have to be the best at boards, swimming and flags, but kids who are looking forward to becoming a lifesaver.

Kids with attitude issues, and who are difficult to work with can easily disrupt the short time we have on the weekend, as we encourage and grow these kids in lifesaving, leadership, and teamwork skills.

The Minders who come with the kids should be from the Age group attending the camp, and one from the girls and one from the boys. Someone who knows the children is always beneficial. On top of this, those with a Bronze medal and other levels of SLS training are needed at the camp.

The minders have a very active role to play for the entire weekend and will be late to bed and early to rise. The minders need to be able to work with the kids, discipline them when required and assist in managing the activities and helping to run the night time activities.

The camp is also supported by a range of clubs delivering resources such as the IRB for the weekend, and extra training people for the lifesaving skills. This is much appreciated by the organising team.

This is a great weekend away with lots of fun and activity, and a great opportunity to learn further skills in Surf Life Saving.





Organising Schedule for SLS Sydney Dev Camps Season 2016 - 2017

**All completed forms delivered in hard copy only to
SLS Sydney Branch Office**

16 Murra Murra Place, Little Bay NSW 2036

or

P.O Box 6006, Malabar NSW 2036

Due Dates for ALL completed forms

**ALL forms to be completed by Nippers and
the Camp Minders**

Under 13's 3rd – 4th December 2016

Under 11's 28th – 29th January 2017

As per past seasons the below dates must be met, as spare spaces are then allocated to the wait list after these dates.

Pre-Camp Minders Meetings

Under 13's 7.00pm - 8.00pm Nov 22nd 2016

Under 11's 7.00pm - 8.00pm Nov 29th 2016

Location: Branch Office (address above)

Enquiries:

Camp Director - Doug Hawkins Mob: 041 940 8107
nippers@surflifesavingsydney.com.au



Surf Life Saving Sydney Junior Development Camps Minders Information

Each Club to ensure the following:

Each club to bring 4 - 5 Rescue tubes

Please ensure the Minder is a parent of one of the children going - best is Female Minder for the Girls and Male for the Boys

Kids and Minders are to not wear club gear during the weekend - Cossies are an exception

Please ensure kids do not bring lollies, chips, phones, money or any valuables

You can get to camp either via the bus from Elouera or make own way - we just need to know how you and your kids are getting there so we don't leave without you if booked on the bus

Any kids not coming we need to be advised by the previous Monday so we can let other clubs know and fill the spot..there is always a wait list.

For the Weekend:

Kids will be split across specific groups on Fri Night and these will then be in place until Sun a.m - prior to Life Saving Training.

Kids sleep in the cabins with their club mates - Minders in separate cabins next door or nearby

We always move as a group, and at night the kids go to bed when activities are completed, or as advised to the group - not early to bed for individuals.

A club rep will be appointed from each club for the weekend from the kids

All Bronze holders will be utilised on the weekend for water safety and some instruction - whenever we are in the pool or by the river we will require Water Safety as per SLS policy. Please bring Rash shirts

Minders are involved in all activities on the weekend and those with SLSA Awards are encouraged to take part

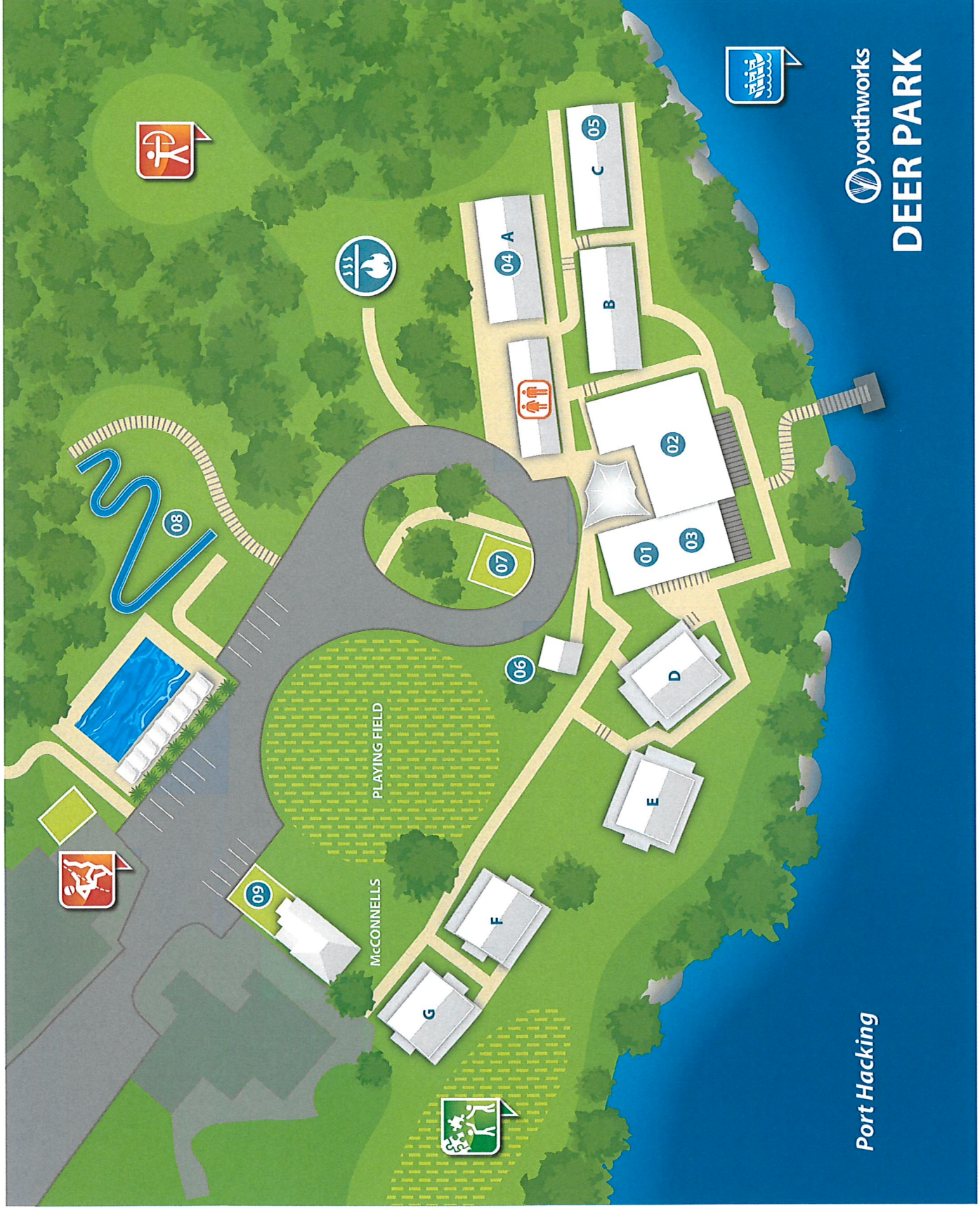
Sydney Branch Development Camp Proposed Schedule Under 13's & 11's 2016-2017

This is a guide schedule for the camp - some activities may change without notice

Time	Activity	Location	
Friday Night			
5.15-5.50 pm	Registration downstairs Elouera Surf Club		
6.00PM	Bus to Camp - Murrays Coaches x 2		
7.00PM	Arrive Deer Park	Courtyard	
7.30pm	Dinner	Deer Park	
8.30pm	Activities Games and Movie		
10:30pm	Lights Out		
Saturday			
6.30am	Lights On		
7.00am	Morning Swim	POOL	
8.00am	Breakfast		
9.00am	Camp Activities Session 1	Deer Park	
	Archery, Canoeing, Indoor Rock Climbing, Abseiling, Pool Rafting, Dragon Boats - IRB	IRB @ Deer Park	
10:15am	Morning Tea		
10:30am	Camp Activities Session 2		
	Archery, Canoeing, Indoor Rock Climbing, Abseiling Tower, Pool Rafting, Dragon	IRB @ Deer Park	
11:45am	Pool and water slide	11.30-12.15	WATERSLIDE
12:15am	Lunch at Camp - Guest Speaker		
	Dining Room		
1.00pm	Camp Activities Session 3		
	Archery, Canoeing, Indoor Rock Climbing, Abseiling Tower, Pool Rafting, Dragon	IRB @ Deer Park	
2.45pm	Afternoon Tea		
2.30pm	Sydney Branch Craft May include		
	Helicopter Lifesaver 1		
	Touch Footy	Deer Park Dock	
4.00pm	POOL & WATER SLIDE	3.30 pm -5.00pm	WATERSLIDE
5.15 pm	CPR & Tubes -- Intro		
5.45pm	Orderlies for dinner		
6.00pm	Dinner		
7.15 pm	Evening Activities	Main Hall	
	Trivia Night - Films	7.00-8.00PM	
10.00pm	Supper	Dining Room	
10.30pm	Lights Out		
Sunday			
6.30am	Lights On		
7.00am	Morning Swim	Pool	
8.00am	Breakfast	Dining Room	
8.30am	Pack up Rooms and clean	Rooms	
9.00am	In Groups 10 -12		POOL
	Rescue Simulation - First Aid	Main Hall	POOL
	Rescue Simulation - 1 and 2 person R	Main Hall	POOL
	Introduction to IRB	Chaldercot Dock	POOL
	Introduction to IRB	Chaldercot Dock	POOL
	Schedule moves in 30 min slots	Off shore rescue	POOL
10.30am	Morning Tea		POOL
	Rescue Champos in Club Groups	10.30-11.30	POOL
	Tube Rescue and CPR		POOL
			WATERSLIDE
12.30pm	Lunch with 6 extras		
1.00-2.00PM			POOL
	Group 1 continue activities a:m		
2.30pm	Presentation of Certificates	Main Hall	
2.45pm	Afternoon Tea		
3.00pm	Leave Conference Camp by bus	All present checked	
4.00pm	Arrive Elouera SLSC - Bus	Elouera Surf Club	

KEY: Deer Park

- 01 Main Meeting Room
- 02 Dining Room
- 03 Games Room
- 04 Accommodation
 - A Rooms 4 – 7
 - B Rooms 8 – 11
 - C Rooms 12 – 13
 - D Rooms 15 – 18
 - E Rooms 19 – 22
 - F Rooms 23 – 26
 - G Rooms 27 – 30
- 05 Small Meeting Room
- 06 Souvenir Shop
- 07 Basketball
- 08 Waterslide
- 09 Playground



youthworks
DEER PARK

Port Hacking



**Surf Life Saving Sydney
Junior Development Camps 2016-2017**

Deer Park Port Hacking

U11'S & U13'S

Minders Registration form

This specific form to be filled out and forwarded with the full application form

Minders Details

CLUB _____

Female Minder: NAME _____

Mobile No. _____

E: mail details. _____

Role in Age Group: _____

SLSA Awards: _____

Skills: _____

Male Minder: NAME: _____

Mobile No. _____

E: mail details _____

Role in Age Group: _____

SLSA Awards: _____

Skills: _____

Please Circle the camp you wish to attend

Under 13's
3rd – 4th December 2016

Under 11's
28th – 29th January 2017



Surf Life Saving Sydney
Under 13 Yrs. Regional Development Camp 2016-2017
Deer Park 3rd – 4th December 2016
Nomination Form

Details

Name		DOB	
		Age Group	
Address			
Suburb		Post Code	
Email			
Parents Phone		Parents Mobile	
Club		Gender	

Parents' Permission

I, _____ being the legal parent or guardian of the above mentioned participant, give permission for them to attend the camp and participate in Deer Park provided activities as well as the Surf Life Saving Australia activities as per the branch program.

Applicants Name _____

Name of Parent/Guardian _____

Signed Parent/Guardian _____ Date _____

Club Endorsement

The above named to attend Under 13's Development Camp has club endorsement

Name: _____

Position: _____

Signed _____



Surf Life Saving Sydney
Under 11 Yrs. Regional Development Camp 2016-2017
Deer Park 28th – 29th January 2017
Nomination Form

Details

Name		DOB	
		Age Group	
Address			
Suburb		Post Code	
Email			
Parents Phone		Parents Mobile	
Club		Gender	

Parents' Permission

I, _____ being the legal parent or guardian of the above mentioned participant, give permission for them to attend the camp and participate in Deer Park provided activities as well as the Surf Life Saving Australia activities as per the branch program.

Applicants Name _____

Name of Parent/Guardian _____

Signed Parent/Guardian _____ Date _____

Club Endorsement

The above named to attend Under 11's Development Camp has club endorsement

Name: _____

Position: _____

Signed _____



In Accordance with the Commonwealth Privacy Act 1988, Anglican Youthworks gives assurance that any personal information including medical details gathered by the campsite, or provided by the group leader, will remain confidential and only used for the purposes for which it was collected.

Name: _____ Date of Birth: _____ Sex M / F
Address: _____ School/Group: _____
Suburb: _____ Post Code: _____ Home Ph: () _____
Medicare No.: _____ Card Ref No.: _____ Card Expiry Date: _____
Health Insurance Co.: _____ Number: _____
Family Doctor: _____ Phone No.: () _____
Date of Last Tetanus Booster: _____

Emergency Contact 1: _____ Relationship _____
Contact Numbers: Work:() _____ Home:() _____

Emergency Contact 2: _____ Relationship _____
Contact Numbers: Work:() _____ Home:() _____

Does this person suffer from, or is limited in their participation in activities, by any of the following?:

If "Yes": Details (eg medications, treatments, triggers etc.)

1. Respiratory Conditions

a) Asthma - Yes / No

If Yes complete Asthma Management Plan

b) Other - Yes / No : Details - _____

2. Allergies (eg to foods, drugs, environment, animals etc..) - Yes / No: Details - _____

3. Muscular/Skeletal Conditions (eg Back Problems, Ankle Sprains, Joint Dislocations etc.) - Yes/No:

Details - _____

4. ADD/ADHD - Yes/No: Details - _____

5. Diabetes - Yes/No: Details - _____

6. Epilepsy or Seizures - Yes/No: Details - _____

7. Headaches/Nose Bleeds - Yes/No: Details _____

8. Heart Problems -Yes/No: Details - _____

9. Other (incl Fears/Phobias) - Yes/No: Details - _____

Other Illnesses, Operations or Hospitalisation this person has experienced in the last 12 months - Yes/No:

Details - _____

Special Dietary Needs - Yes/No: If yes, please complete separate special diets form

Can the participant swim? Yes/No Distance (in metres)? _____

Please read, sign and date the following:

I _____, being the parent or legal guardian of the above mentioned participant assume full responsibility for her/his health such that the activities of the program will in no way aggravate any known condition. If in any doubt, I will seek and follow medical advice and inform Horizon Educational Camps or the Challenge Program of that advice. I will also notify Anglican Youthworks of any significant change in the participants health prior to the program. I declare that all statements on this form are true and accurate and that all relevant information has been provided.

Signed: _____

Date: _____



Anglican Youthworks

PARTICIPANT DETAILS

Name of School

Commencement date of camp

	/ /
--	-----

Surname

Given Name

--	--

Date of birth

/ /

	/ /
--	-----

Emergency Contact Details:

(Home)

(Work)

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Risk Warning & Acceptance of Risk

Although Anglican Youth and Education Division Diocese of Sydney, its staff and volunteers ("Youthworks") attempt to minimise any risk of personal injury, accidents can happen and all activities at Youthworks' Camps carry the risk of personal injury. Some activities carry particular risks in that they may involve elements such as water, height and /or speed.

A person to whom recreational services are provided by Youthworks under this agreement engages in any recreational activity concerned at his/her own risk.

Consent

My signature below indicates my willingness to permit my child to participate fully in all activities associated with the camp, including (but not necessarily limited to) those indicated in the pre camp information or brochure.

PARENT OR GUARDIAN'S SIGNATURE CERTIFYING ACCEPTANCE OF ALL CONDITIONS THEREON

Full Name Parent Guardian (Please tick)

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Signature

Date

/ /

	/ /

Special Dietary Requirements

TO BE FILLED OUT BY THE PARENT / GUARDIAN OR PERSON WHO HAS THE SPECIAL DIETARY NEEDS

GROUP NAME	NAME
ARRIVAL DATE	AGE
PHONE	EMAIL
CENTRE (please circle) Rathane Telford Chaldercot Deer Park Waterslea Koloona Blue Gum Other	

1. ANAPHYLACTIC & LIFE THREATENING REACTIONS

- If you are likely to suffer from a life threatening or anaphylactic reaction, or you cannot have food that carries the warning "may contain traces of" or "manufactured on equipment that also processes", **you are required to supply the following:**
 - Your own PREPARED food to reheat
 - Disposable cutlery and crockery
- A microwave and fridge space will be available for your use
- A discount of \$10.00 per day applies to any guest supplying all of their own food (prepared meals to reheat)
 - TICKING THIS BOX INDICATES YOU WILL BE SUPPLYING YOUR OWN FOOD (PREPARED MEALS)

2. SPECIAL DIETS – PLEASE TICK THE BOX(S) THAT APPLY TO YOU

- | | | |
|----------------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> NO beef | <input type="checkbox"/> Vegetarian | <input type="checkbox"/> NO peanuts |
| <input type="checkbox"/> NO pork | <input type="checkbox"/> NO eggs | <input type="checkbox"/> NO tree nuts |
| <input type="checkbox"/> NO red meat | <input type="checkbox"/> NO shellfish | <input type="checkbox"/> NO wheat |
| <input type="checkbox"/> NO chicken | <input type="checkbox"/> NO seafood | <input type="checkbox"/> NO gluten |
| <input type="checkbox"/> NO white meat | <input type="checkbox"/> NO dairy | <input type="checkbox"/> Diabetic |
- Halal – We regret that Youthworks Centres CANNOT provide Halal meat for individuals (standard vegetarian meals will be served in this instance). With prior arrangement **WHOLE** groups can be catered Halal meat if you wish.

Certain allergies not listed above may be able to be accommodated, but these **must** be discussed with our Catering Department prior to submitting a form, please phone **02 8525 3100** to discuss.

3. ARE YOU ABLE TO HAVE SMALL AMOUNTS OF THE ALLERGENS YOU HAVE TICKED ABOVE YES NO

4. CAN YOU HAVE FOODS WHICH CARRY THE WARNING "MAY CONTAIN TRACES OF" OR "MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES"

YES NO ➔ YOU ARE REQUIRED TO SUPPLY YOUR OWN PREPARED MEALS TO REHEAT ⇒ TICK THE BOX IN POINT 1

5. PLEASE READ THE TABLE BELOW REGARDING ADDITIONAL FOOD YOU MIGHT BE REQUIRED TO SUPPLY

DIET	DESCRIPTION OF DIET	GUESTS NEED TO BRING
No Gluten / Wheat (Coeliac)	No gluten containing grains (wheat, rye, oats or barley) or their products or extracts	Own bread, snacks if desired
No Dairy	No milk, milk products or milk extracts. "So Good" soy milk is provided.	Own milk if "So Good" is not acceptable, snacks if desired.
Diabetic	Low sugar levels	Sugar free drinks, snacks if desired.

Fruit is provided for between main meal snacks. Guest may wish to supplement with their own snacks if desired.

In order for Youthworks to best serve its guests it is vital that all special diet forms are returned **BY 4PM ON THE MONDAY OF THE WEEK PRIOR TO YOUR STAY**. We regret that due to high administrative and supply costs, a surcharge of **\$50.00 per special diet** will apply, if a form is not filled out or if the deadline is missed.