



## Surf Life Saving Sydney Inc.

Established October 1907

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**TO: Clubs, Presidents, Secretaries, Captains, CTOs**

**FROM: Education Manager**

**CC: BOM, LSEC**

**Director of Lifesaving & Education**

**SUBJECT: Gold Medallion (Advanced Lifesaving) Award Assessments 2017-2018**

Sydney Branch advises that the following two (2) dates has been set for Gold Medallion (Advance Lifesaving) award assessment and/or skills maintenance proficiency for season 2017-18.

**Saturday 2<sup>nd</sup> December 2017 Maroubra SLSC/Beach 9am start Registrations close 17/11/17**

**Saturday 28<sup>th</sup> April 2018 North Cronulla SLSC 10am start Registrations close 13/04/18**

**Please ensure only those members eligible who meet ALL award pre reqs are submitted to Branch Office**

**Clubs can do an 'assessment candidate qualifications check' in surfguard of their members before registration**

### **Award Summary**

The aim of this award is to provide lifesavers with a benchmark of fitness and endurance that meets the minimum requirement for work in the professional lifeguard industry.

**Note** : this is not an employment qualification. If you are interested in working as a professional lifeguard you may be expected to undergo other training requirements.

### **Unit of Competency**

This award is aligned to the nationally recognized unit of competency

- PUASAR017A Undertake advanced surf rescue

This unit is part of the PUA31312 Certificate III in Public Safety (Aquatic Search and Rescue). You can apply for the unit of competency and the Certificate III in Public Safety through your State Centre.

### **Pre Requisites**

To be eligible to attempt a Gold Medallion assessment, candidates will need to :

- Be at least 17 years old on the date of assessment
- Hold and be proficient in **ALL** of the following SLSA awards ;
  - Bronze Medallion (and your Certificate II in Public Safety)
  - First Aid Certificate
  - Advanced Resuscitation Techniques Certificate
  - Silver Medallion Beach Management or Silver Medallion Basic Beach Management

#### **Affiliated Clubs**

Garie Era Burning Palms  
Wanda Elouera North Cronulla Cronulla  
Clovelly Coogee Maroubra South Maroubra  
North Bondi Bondi Tamarama Bronte

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## Learning Resources

- Gold Medallion Candidate Induction Booklet
- Gold Medallion Assessment Guide

## Assessment Criteria

To be deemed competent in the Gold Medallion candidates will need to complete ALL of the following activities in the one day :

- Swim 800m in under 14 minutes in an open water course not more than 400m in length (the course should be set around a single buoy so that candidates have to swim the same track but in difference directions) or a swimming pool of no less than 25m in length unaided and in freestyle. **(this task Sydney Branch would ask be conducted prior to Gold Medallion assessment day and proof of timed swim be provided to Branch Office- refer below. Time pool swims are to be overseen by an Assessor and signed off by an Assessor)**
- Complete a mission test of a 400m swim, 800m run, 400m board paddle, 800m run in under 25 minutes
- Complete a tube rescue of an unconscious patient 100m out at sea (use of fins preferred)
- Complete a board rescue of a novice swimmer 200m out at sea
- Perform a complex patient rescue, including selecting equipment, returning patient to shore and treating patient appropriately and completing post-operational requirements.

Candidates must display 'a sense of urgency' equal to a real situation in all rescue activities (tube, board and complex scenario).

## Who Can Assess?

Assessor Gold Medallion - endorsed as per state requirements annually. SLS Sydney will appoint the Gold Medallion Assessors for our scheduled assessment dates.

## Assessment

Assessment is through practical demonstration of all the skills listed in the Assessment Criteria above.

## Proficiency Requirements

This award is valid for only 12 months. The whole assessment must be undertaken again each year for the award to remain current.

**Candidates are not to be registered for assessment of this award if they do not hold all of the above pre requisites and these are recorded in Surfguard on their member award record.**

## Registration Process

**Clubs are to register their eligible candidate/s via online form on Branch website**

**<http://surflifesavingsydney.com.au/admin/online-form/slss-course-registration-online-form/>**

- Those surf lifesavers who are eligible to attend are asked to advise their Club Chief Training Officer/Club Captain or Club Administration of their interest. Clubs are to check the candidate meets all the award pre reqs before registering the member.

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- **Branch office will confirm to all Clubs and candidates via email after the closing date only those confirmed are eligible to attend the assessment.**
- **Once confirmed, Clubs can then create the new award or proficiency request in Surfguard for their members attending the Gold Medallion assessment.**
- **Following the course, Clubs will be advised by the Branch Office of their successful candidates and the Branch will 'process results' and 'candidate approval steps of the Surfguard assessment process on behalf of the Clubs and their candidates.**

- **Evidence of the timed pool swims are to be sent to the Branch Office and are to be received by email before assessment date.  
E:lifesaving@surflifesavingsydney.com.au  
Candidates will not be able to participate at the assessment without proof of the timed pool swim.**
- **Clubs need to provide sufficient rescue boards and rescue tubes and other relevant equipment for their candidates to bring to assessment.**
- **Candidates are asked to wear club competition cap and high vis singlet**
- **Meeting point on assessment day for all dates will be in front of the Clubhouse where the Assessors will be.**

Any enquiries, please contact the Branch Office.

End Document.

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