

Cronulla Surf Life Saving Club

Presents its 8th Annual Short Course Carnival for U8 – O40 aged Competitors Saturday, 17 November 2018 Proudly Sponsored by: Aussie Home Loans Cronulla, Caltex, Doran Financial Services, Letizza Pizza Bases, and 7News And Featuring the: Vici Shark Island Ski Race Aussie Home Loans 2km Beach Runs FreightPower All Age Beach Relay 7News Open Ironman and Ironwoman Doran Financial Services Open 6 Person Mixed Taplin Relay Also Supported by: Engine, Hooded and Ohana Ocean Athletes More than \$7,000 in Cash and Prizes

Programme of Events

Payce 2km Beach Runs and Relays

6.45am	Marshall at Cronulla SLSC (the Beach Runs will be conducted at North Cronulla)			
7.00 am	All Age Male and Female "Competitor with a Disability" 1km Beach Runs*			
Aussie Home	U12 Male and Female 1km Beach Runs*			
Loans Beach	U13 Male and Female 1km Beach Runs*			
Run and Beach	U14 Male and Female 2km Beach Runs*			
Relay Start	U15 Male and Female 2km Beach Runs*			
	U17 Male and Female 2km Beach Runs*			
	U19 Male and Female 2km Beach Runs*			
	Aussie Home Loans Open Male and Female 2km Beach Runs*			
	O40 Male and Female 2km Beach Runs*			
	U12/U13 Male and Female 2x1km Beach Run Relays			
	U14/U15 Male and Female 2x1km Beach Run Relays			
	U/17 Male and Female 2x1km Beach Run Relays			
	Open Male and Female 2x1km Beach Run Relays			











Morning Programme: U8-U13 Events plus Competitors with a Disability

Time	Boy's Water Area	Girl's Water Area	U8 and Beach Areas		
7.15 am	Officials, Team Manager and Sa	fety Briefings			
8.00 am	U9 Surf Race U9 Surf Race U8 Male Beach Sprint				
Water & U8	U10 Surf Race	U10 Surf Race	U8 Female Beach Sprint		
Program Start	U11 Surf Race	U11 Surf Race	U8 Male Beach Relay		
	U12 Surf Race	U12 Surf Race	U8 Female Beach Relay		
	U13 Surf Race	U13 Surf Race	U8 Male Beach Flags		
	All Age Male and Female		U8 Female Beach Flags		
	"Competitor with a Disability"		All Age Male and Female "Competitor		
	Wade Races		with a Disability" Beach Sprints		
	All Age Male and Female		U8 Male Wade		
	"Competitor with a Disability"		U8 Female Wade		
	Surf Races		U8 Male Wade Relay		
			U8 Female Wade Relay		
9.00 am	U9 Board Race	U9 Board Race	U9 Male Beach Sprint		
U9 –U13 Beach	U10 Board Race	U10 Board Race	U9 Female Beach Sprint		
Program Start	U11 Board Race	U11 Board Race	U10 Male Beach Sprint		
Filgrann Start	U12 Board Race	U12 Board Race	U10 Female Beach Sprint		
	U13 Board Race	U13 Board Race			
	013 Board Race	013 Board Race	U11 Male Beach Sprint		
			U11 Female Beach Sprint		
			U12 Male Beach Sprint		
			U12 Female Beach Sprint		
			U13 Male Beach Sprint		
			U13 Female Beach Sprint		
	U11 Ironman	U11 Ironman			
	U12 Ironman	U12 Ironman			
	U13 Ironman	U13 Ironman			
	U9 Board Relay	U9 Board Relay	U9 Male Beach Flags		
	U10 Board Relay	U10 Board Relay	U9 Male Beach Flags		
	U11 Board Relay	U11 Board Relay	U10 Male Beach Flags		
	U12 Board Relay	U12 Board Relay	U10 Female Beach Flags		
	U13 Board Relay	U13 Board	U11 Male Beach Flags		
			U11 Female Beach Flags		
			U12 Male Beach Flags		
			U12 Female Beach Flags		
			U13 Male Beach Flags		
			U13 Female Beach Flags		
			OIS Female Beach Flags		
			U9 Male Beach Relay		
			U9 Female Beach Relay		
			U10 Male Beach Relay		
			U10 Female Beach Relay		
			U11 Male Beach Relay		
			U11 Female Beach Relay		
			U12 Male Beach Relay		
			U12 Female Beach Relay		
			U13 Male Beach Relay		
			U13 Female Beach Relay		
			U9 Mixed Beach Relay		
			U10 Mixed Beach Relay		
			U11 Mixed Beach Relay		
			U12 Mixed Beach Relay		
			U13 Mixed Beach Relay		













Afternoon Programme: U14 – O40 Events

Time	Men's Water Area	Women's Water Area	Beach Area			
12.45pm	2 km Vici Shark Island Ski Race –	nd Ski Race – Male and Female Open^, U/19^ U/17^ & O40^				
1.00pm	U14/15 Board Relay	U14/15 Board Relay	FreightPower A			
	Open Board Relay	Open Board Relay	Age Beach Relay			
			*^			
	U14 Ironman*	U14 Ironwoman*	Beach Sprints:			
	U15 Ironman*	U15 Ironwoman*	O40 Male			
	U17 Ironman*	U17 Ironwoman*	O40 Female			
	U19 Ironman*	U19 Ironwoman*	Open Male			
	7 News Open Ironman*	7 News Open Ironwoman*	Open Female			
	O40 Ironman*	O40 Ironwoman*	U/17 Male			
			U/17 Female			
			U/15 Male			
			U/15 Female			
			U14 Male			
			U14 Female			
Time	Men's Water Area	Women's Water Area	Beach Area			
	U17 Ski Relay	U17 Ski Relay	Beach Relays:			
	Open Ski Relay	Open Ski Relay	Open Male			
	U14/15 Surf Race and Teams	U14/15 Surf Race and Teams	Open Female			
	U17/19/Open Surf Race and Teams	U17/19/Open Surf Race and Teams	U17 Male			
	O40 Surf Race	O40 Surf Race	U17 Female			
			U14/U15 Male			
			U14/15 Female			
			Open Mixed			
			U17 Mixed			
			U14/U15 Mixed			
	U14 Board Race	U14 Board Race	Beach Flags:			
	U15 Board Race	U15 Board Race	O40 Male			
	U17 Board Race	U17 Board Race	O40 Female			
	U19 Board Race	U19 Board Race	Open Male			
	Open Board Race	Open Board Race	Open Female			
	O40 Board Race	O40 Board Race	U17 Male			
			U17 Female			
			U15 Male			
			U15 Female			
			U14 Male			
			U14 Female			
	U17 Ski Race	U17 Ski Race				
	U19 Ski Race	U19 Ski Race				
	Open Ski Race	Open Ski Race				
	O40 Ski Race	O40 Ski Race				
		U14/U15 Male Cameron Relay * U14/U15 Female Cameron Relay *				
		Doran Financial Services Mixed 6 Person Taplin Relay *				
	Open Mixed Board Rescue *	U15 Mixed Board Rescue *				
4.00pm	Approximate Finish Time					

Sponsors and Supporters

Cronulla SLSC and the Crays acknowledge and thank Aussie Home Loans Cronulla, Frank Doran Financial Services, Letizza Pizza Bases, Caltex and 7News as sponsors of the Short Course Carnival:

The following supporters of the Short Course Carnival are also acknowledged: Engine, FreightPower, Hooded, Ohana Ocean Athletes and Vici Swimwear.















The Frank Doran Perpetual Trophy for the Overall Club Point Score for all events conducted on the day. Cash Prizes of \$500 for 1^{st} , \$300 for second and \$200 for 3^{rd} . In the event of a dead heat in the point score the relevant cash prizes will be shared.

- \$100 cash prize plus prize pack to the fastest male and female competitor in the **Vici** Shark Island Ski Race. Vici prize packs for other winners marked with ^.
- \$100 cash prize plus a special prize to the winner of the **7News** Open Ironman and Open Ironwoman events.
- \$100 cash prize plus a special prize to the winner of the **Aussie Home Loans** Open 2km Male and Female 2km Beach Run Events.
- \$200 cash prize to the winner of the Doran Financial Services Open Mixed 6 Person Taplin Relay.
- **Freight Power** All age Beach Relay \$200 for 1st, \$150 for second and \$50 for third provided there are three starters in the event. In addition, towel prizes for the first three places.
- Towel prizes to be awarded to the winning individuals/teams of events marked with an asterisk (*).
- **Cronulla Crays Medals** to be awarded for the top three placegetters in all U8 U13 age division and "competitors with a disability" events plus a prize to selected individual event winners.
- Random Prize draws (minimum two per age group and gender) for all ages (i.e. U8 O40 years).

Supplementary Rules and Notes:

- Competition shall be conducted as per the current edition SLSA Surf Sports Manual except where detailed.
- Cronulla SLSC requests assistance with Water Safety for the U8-U13 events. Please bring qualified people.
- All competitors must have their age group clearly marked on their upper left arm.
- Marshalling closes for the first U8-13 events at 7.45am.
- Marshalling closes for the Vici Shark Island Ski Race at 12.30pm, and the All Age Beach Relay and U14 to O40 short course events commences at 12.45pm.
- All U15 Open age individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- The U8 U13 will be conducted around shortened ironman/woman courses.
- The **Doran Financial Services** Club point score shall be 6 points for 1st through to 1 point for 6th for all U8-O40 events conducted on the day. Dead heats will share the allotted placing points, viz. equal first both score 6 points and third scores 5 points.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- Competitors (including U13s and U14s) are not permitted to compete out of their own age group in individual events except for the **Vici** Shark Island Ski Race and the Open Ironman and Ironwoman races.
- A maximum of three teams per club in team events is permitted.
- Team events except for Surf Teams and Beach Relays shall be conducted as follows U8s, U10s (for any combination of U9 and/or 10s), U12 (for U11s and/or 12s), U13, U15 (for U14 and/or 15s), U17 and Opens (for U19s and/or Opens).
- The U17, U19 and Open age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.
- The U14 and U15 age Surf Race will be conducted together and individual placings declared for each age group. Competitors will be marshalled in order of age across the start line.
- There will be no pre nomination of surf teams races. The teams result will be determined by the first four club competitors (of any age where applicable) across the finish line. There can be more than one team from a club. **Note:** Dependent on the water conditions, and the provision of appropriate water safety, the Referee may approve more than 40 competitors in the Surf Race and Surf Teams events.
- Where possible age groups may be joined together in other individual events to assist competition conduct. When this occurs individual results will be recorded for each age group.
- The **FreightPower** All Age Beach Relays shall consist of 10 runners of any gender one from the U9 to Open Age group. Teams must run in order of age from youngest to oldest.
- The Mixed Beach Relays shall consist of two males and two females who are free to choose their order of running. There is a limit of two teams per club per event.



Aussie Cronulla 02 9523 1988











- Each **Doran Financial Services** Open Mixed 6 Person Taplin Relay Team shall consist of one Male and one female swimmer, one Male and one female board paddler and one Male and one female ski paddler.
- The Mixed Board Rescue races shall consist of one male and one female competitor who are free to choose who is the patient and who is the rescuer.
- Upon application to the Sectional Referee competitors may make up composite teams from different clubs and may be awarded placings (but not prizes or placing points for their clubs).
- The "Competitor with a Disability" events shall be participation only events. In this first year all competitors will be recognised for their participation and there will not be separate classification categories conducted. Clubs shall also be required to provide one to one (1:1) SLS qualified water safety for the Surf and Wade Races.
- Clubs shall also be required to provide water safety for the U8 to U13 events on the basis of one water safety to every 10 competitors. A leader from each club is to be nominated prior to the commencement of competition.
- There is a 12.45pm cut off for the conduct of U8-U13 events and 4.00pm for U14-Open events. Should time not permit some events may not be conducted at the discretion of the Referee in consultation with the Carnival Committee.

Entries:

- Submit entries online using the "Carnival Manager System". This is accessed via http://surflifesavingsydney.com.au/carnivalssurf-sports/carnival-entries/ - please contact the branch Office for any user enquiries.
- Branch enquiries 9019 0722 or email admin@surflifesavingsydney.com.au
- Entries close at Sydney Branch at 10pm, Wednesday, 7 November 2018.
- Entry fee of \$25 per competitor invoiced by and payable to Cronulla SLSC.
- Late Entries on the day at Cronulla SLSC are \$40.
- Bank Account Details for remittance of entry fees: Commonwealth Bank of Australia Cronulla NSW Cronulla SLSC
 BSB: 062 150 Account Number: 0080 1697 Detail: *Club Name* Carnival Entries Alternatively please contact the Cronulla SLSC Office on 9523 5300 to pay using a MasterCard or Visa Card.
- Cronulla SLSC must receive all entry fees on or before the date of the Carnival for a Club to be eligible to compete.

Parking

- There is no council paid parking in Cronulla Central but parking is extremely limited.
- Arrangements have been made with Council to permit parking gear trailers only in Cronulla Park. You may need to remove cars from the trailers but this will be confirmed on the day. Please follow and respect the directions of the Cronulla SLSC volunteers.
- Because of building works no cars or trailers shall be permitted to be taken down to the Beachfront.

Further Information:

Please Contact Cronulla SLSC Office: 9523 5300 or email admin@cronullasurfclub.com











