

MAROUBRA SLSC

Surf Life Saving Club established 1906



R&R Clinic 2018

Saturday 3rd November Maroubra Beach For Under 9's to Open's 8:00am until 12:00pm

What do I love about R&R?

Anais, U12's"just knowing that I can save someone's life with the skills I've learnt."

Genevieve, U13's "even though we are competing against each other, at the same time we get to learn the skills to save someone's life."

Montanah, U13's \dots "I get to compete with my friends as well as meet people from other clubs."



Featuring demo's & assisted run-thru's in 2 & 5 person rescue & resuscitation competition.

Entry is FREE and all prospective and current competitors & their parents, coaches & judges are welcome.

Maroubra's famous Nipper's BBQ will be fired up early for brunch and there'll be a special "debriefing and rehydration" at 12:30pm. Clubs must RSVP by email with intended overall numbers for catering purposes by Sunday 28 October 2018 to: MaroubraRnR@gmail.com

Maroubra SLSC is proudly supported by their partner:



Maroubra Seals Sports and

and their generous sponsors:

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