



SURF LIFE SAVING
SYDNEY



WELCOME TO THE SLS SYDNEY
JUNIOR DEVELOPMENT

PRE-SEASON MEETING



DOUG HAWKINS

SLSS JDC DIRECTOR

25th August SLS Sydney JDC Pre-Season Mtg 2019-2020	
2.00 pm	Welcome by JDC Director - Doug Hawkins
2.04	Address by Branch President Mr Peter Agnew ESM
	Address by Claire Beavis - SLSNSW Member Manager
2.15	Presentation by Sarah Teitler SLSS JLOTY 18-19
2.25	LSV Shelley Snow - Nipper App
2.55	Questions
3.05	Afternoon tea
3.20	Presentation of JDC New Nipper Check List - New Season Assessments for LS Training - Education Plan
3.40	Surf Sports
3.55	Development Camps - Future thinking ...Leadership
4.05	Nipper Survey Results via Branch
4.20	Q & A
4.40pm	finish



PETER AGNEW ESM

SLSS PRESIDENT



CLAIRE BEAVIS

SLSNSW MEMBER MANAGER



SARAH TEITLER

SLSS JLOTY 2018-2019

Disclaimer

8

- Whilst I have have been lucky to meet lots of people from lots of clubs I have only really experienced “Sunday Nippers” at South Maroubra.
- I solicited feedback from past and present Nippers, but again they were primarily from South Maroubra.
- Therefore, the suggestions contained within may have already been incorporated into other Clubs way of running their Sunday Nippers program.

Background

9

- Whilst I have have been lucky to meet lots of people from lots of clubs I have only really experienced “Sunday Nippers” at South Maroubra.
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- Therefore, the suggestions contained within may have already been incorporated into other Clubs way of running their Sunday Nippers program.

Community

10

- Building a stronger, tighter community
 - Focus more on bonding between the Nippers themselves and their Families
 - Hang back at the club for food and drinks
 - Pre-season: Every second age group hold a 1-day camp.
 - During the season: offer age-group sleepovers
- It can never be too early to find the next leaders in the community
 - Leverage the U14 more allowing them to demonstrate leadership skills
 - Leverage some of the examples from other youth groups development programs (eg Scouts)

This is the Example Text



Activities

11

CPR Earlier



An orange buoy is not a very inviting target



Bad Surf conditions?



23/08/2019

Other things to change

12

- Don't focus on the good kids
- Young kids in the water sooner
- Interact with kids from different clubs
- Starting earlier time for older kids
- Mix boys and girls earlier



“There should be more of a focus on what you want to achieve and not what the best swimmer or board paddler has achieved.”

23/08/2019



SHELLEY SNOW

**LIFE SAVING VICTORIA
MEMBERSHIP AND DEVELOPMENT**



NIPPERS SUNDAY CHECK LIST

**EDUCATION NEW AGE GROUP
SEASON ASSESSMENTS**

NIPPERS SUNDAY CHECK LIST

15

Overarching reference to reduce risk and increase skills

Ensures all Clubs and Nippers are on the “same page”

Encourages inclusion across Nippers and parents

Increases Communication within the Age Groups

Our JDC Survey outlines that the Age Managers have the biggest role in sharing the correct information for Nippers and Parents, and increasing engagement

EDUCATION: NEW AGE GROUP SEASON “ASSESSMENTS”

16

**Specific Pathway to SRC - Skills
are built on each Season**

**Ensures all Clubs are training
Nippers to the same skill level**

**Gives greater depth to Nippers and
encourages all as part of a Surf Lifesaving Club**

**Increases Surf Skills that are required
to deliver LS Skills - step by step.**

**Our JDC Survey outlines that the Nippers
and Parents, are seeking more defined
and practical LS Skills as they give the
reason why we do what we do at Nippers.**

EDUCATION: NEW AGE GROUP SEASON “ASSESSMENTS” - PROFICIENT IN THESE SKILLS

17

U11'S

- **1 Person CPR - DRSABC**
- **All SLSA Signals**
- **Board and tube rescue -
Conscious only - small distances
- focus on comms and technique...**
- **Surf Awareness as per SLSA**

U12'S

- **2 x person CPR**
- **All SLSA Signals**
- **Board and Tube rescue - Conscious
and Unconscious Tube**
- **First aid - Bleeding and shock, Marine
stingers, strains and sprains**
- **Body Systems**
- **Surf Awareness**

EDUCATION: NEW AGE GROUP SEASON

“ASSESSMENTS” - PROFICIENT IN THESE SKILLS

18

U13'S

- 2 person CPR and defib
- All SLSA Signals
- Board and Tube rescue - Conscious and Unconscious
- First aid - Patient mgt, Bleeding and shock, Marine stingers, Breaks, Strains and Sprains Cardiac
- Surf Awareness
- Body Systems
- Radio Intro

U14'S

- 2 person CPR and defib
- All SLSA Signals
- Board and Tube rescue - Conscious and Unconscious
- First aid - Patient management, Bleeding and shock, Marine stingers, Breaks, strains and sprains, Cardiac issues. Temperature related issues (cold and hot)
- Surf Awareness
- Body Systems
- Radio usage on Patrol
- Patrol Mgt
- Carries for Rescues and patients (no one person carries)



MICHAEL DAY

SLSS JUNIORS SURF SPORT DELEGATE

NIPPER CARNIVALS 2019-2020

15/9/2019	R and R Clinic	Maroubra	
26/10/2019	Sydney Water R1	TBA	
2/11/2019	Sydney water R2	TBA	
3/11/19	Randwick Shield Carnival	Sth Maroubra	
9/11/2019	Sydney Water R3	TBA	
10/11/2019	Interbranch selection trials	Wanda	
17/11/2019	Waverley Shield	Bondi	
16/11/2019	Cronulla Carnival	Cronulla	
24/11/2019	Bate Bay 4-Way	Wanda	
30/11/2019	Sydney Water R4	Bulli	
1/12/2019	Cook Classic	North Cronulla	
7-8/12/2019	NSW Inter-Branch	Bulli	
18/1/2019	National Parks District	Garie	
19/1/2020	Nipper Nats	Manly	
26/1/2020	Junior Iron Classic	North Cronulla	
1/2/2020	Wanda One Club	Wanda	
2/2/2020	U8's Branch	TBA	
8/2/2020	Senior Branch	Maroubra	
9/2/2020	Junior Branch	Maroubra	
28/2-1/3/2020	NSW Age	Swansea-Belmont	
18-19/4/2020	Australian Youth	North Burleigh	

20



SLSS Development Camps

SLSS Development Camps

22

Need Parents Teams to come on the Camps to deliver for the future

Need 3 x IRB teams on the Sunday - Bate Bay for U113's - Eastern for U11's

ALL Parents attending need WWC Check

This Season we will have on-line applications.

Our JDC Survey outlines that these Camps are delivering longer term lifesavers, and are benefiting the Clubs and the Nippers in leadership and development

SLSS Development Camps

23

Will be providing Clubs a check list for who should be attending

Should be part of your overarching JLOTY Program

U13's Nov 29th - Dec 1 2019

U11's Jan 31 - Feb 2 2020

Our JDC Survey outlines that these Camps are delivering longer term lifesavers, and are benefiting the Clubs and the Nippers in leadership and development

SLSS Leadership and Development

24

Encourage Clubs to be delivering the above sessions for U13's and U14's

Should be part of your overarching JLOTY Program

Branch can assist with delivery and have a package available

Utilise Internal membership of whole club to deliver the program

Our JDC Survey outlines that Parents are looking for Surf Clubs to assist with teaching leadership and development

SLSS 19-20 Age Manager/Age Assistant Training Sessions

25

**Bate Bay - Nth Cronulla SLSC
23rd October - 6.45pm - 9.15pm**

**East - Sth Maroubra SLSC 24th
October - 6.45pm - 9.15pm**

**North Bondi and Bondi Clubs 21st October
6.45pm - 9.15pm**

**Our JDC Survey outlines that Parents
are looking for more opportunities to
be involved, and want to be informed.**

SLSS Sydney Airport - Runway Run

26





Nipper Program Survey

Post Season 2018-2019

Thanks to Sarah at Branch Office for her input and expertise
with this project.



- **417** nipper family responses (*for 529 nippers*)
- Respondents from **13 Clubs**
- **91%** completion rate
- Open-ended feedback

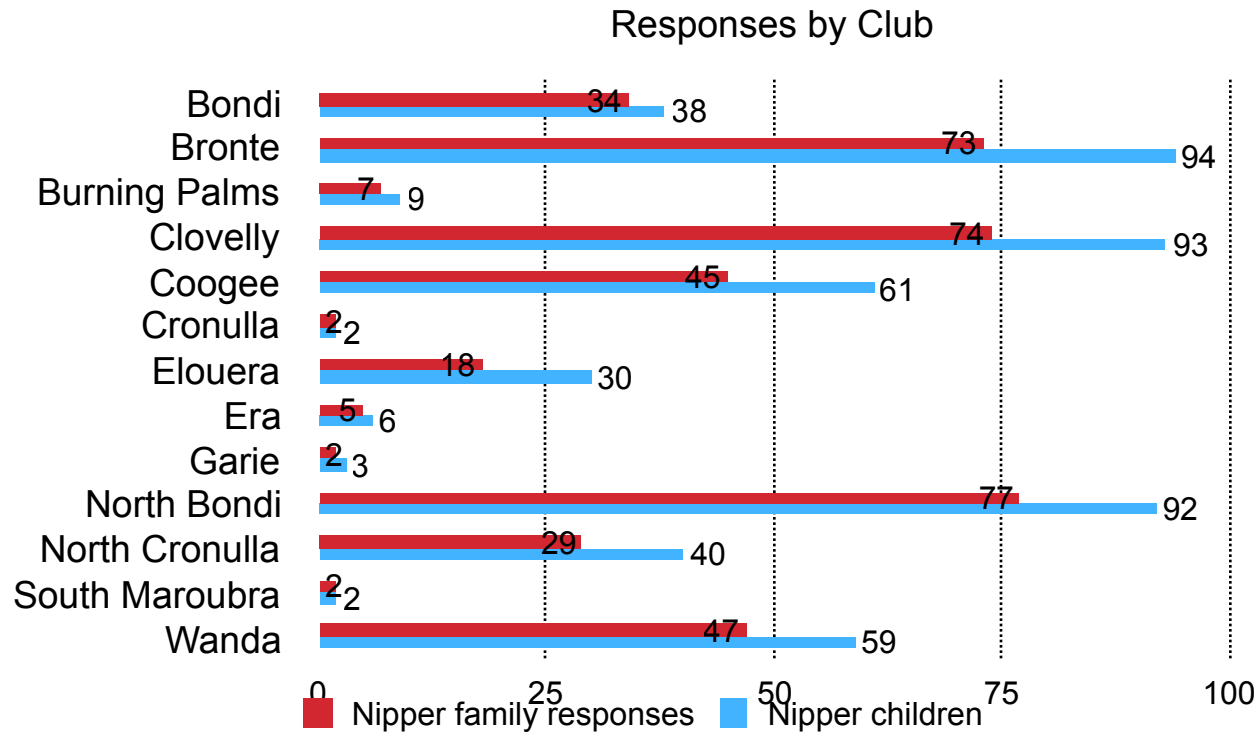
Thank you!

28

Background and Purpose

29

- **How do we know** ‘what is and isn’t working’ at a club level?
- **What value can we add** by comparing this with ‘what is and isn’t working’ across the wider branch?
- **How does this link back to resources and support?**



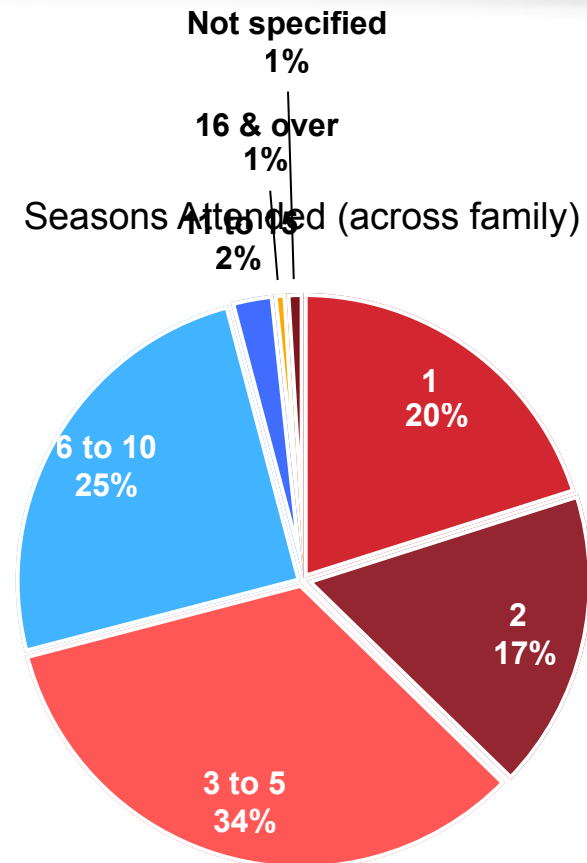
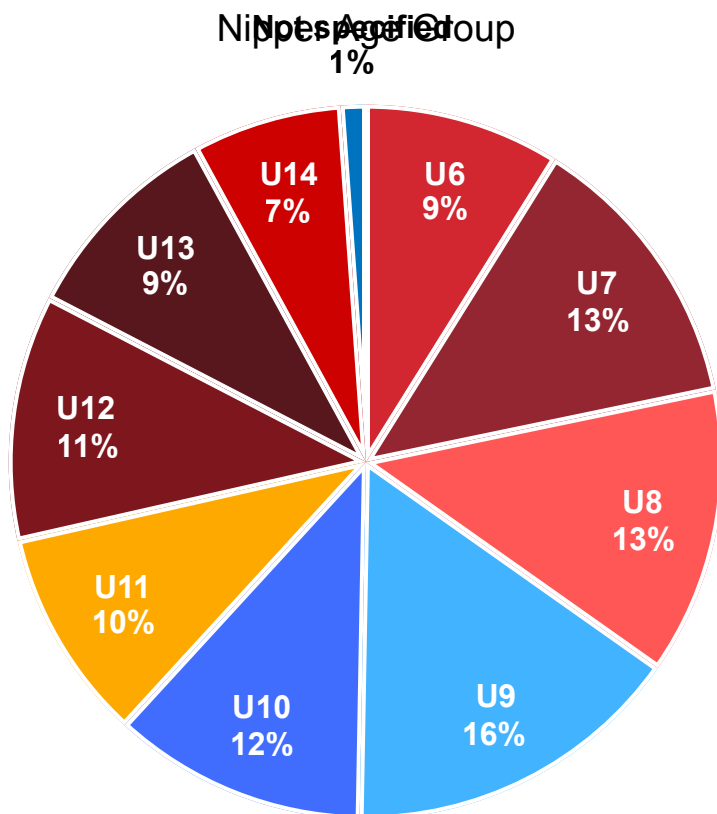
Club	Active Jnrs 19-20	Nipper Children	Responses
Bondi	341	38	11.1%
Bronte	743	94	12.7%
Burning Palms	44	9	20.5%
Clovelly	454	93	20.5%
Coogee	852	61	7.2%
Cronulla	616	2	0.3%
Elouera	404	30	7.4%
Era	50	6	12.0%
Garie	68	3	4.4%
Maroubra	385		
Nth Bondi	828	92	11.1%
Nth Cronulla	425	40	9.4%
Sth Maroubra	808	2	0.2%
Tamarama	84		
Wanda	423	59	13.9%
Total	6525	529	8.6%

Survey – Snapshot Results

30

Who does the feedback represent?

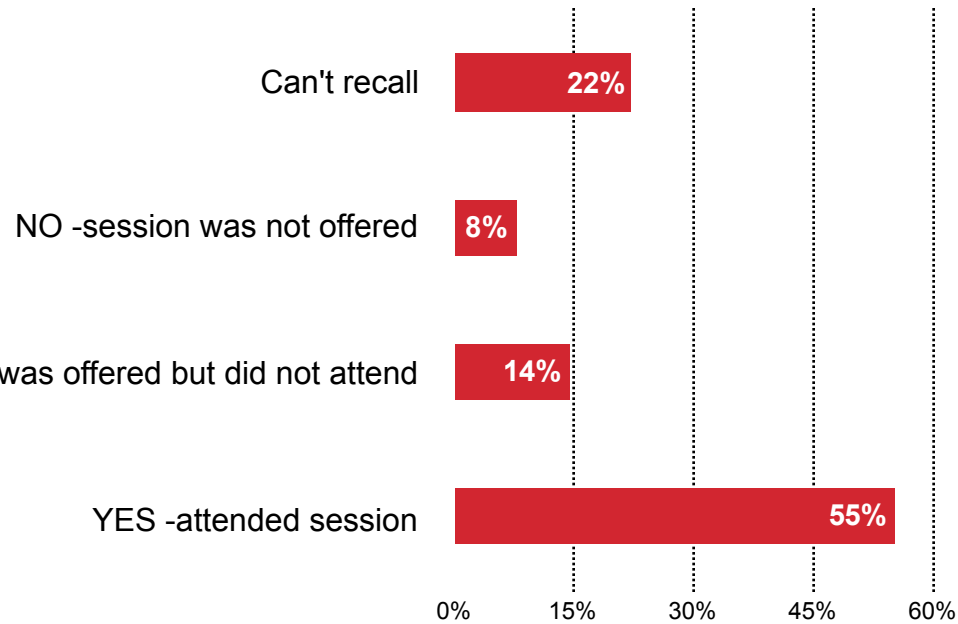
31



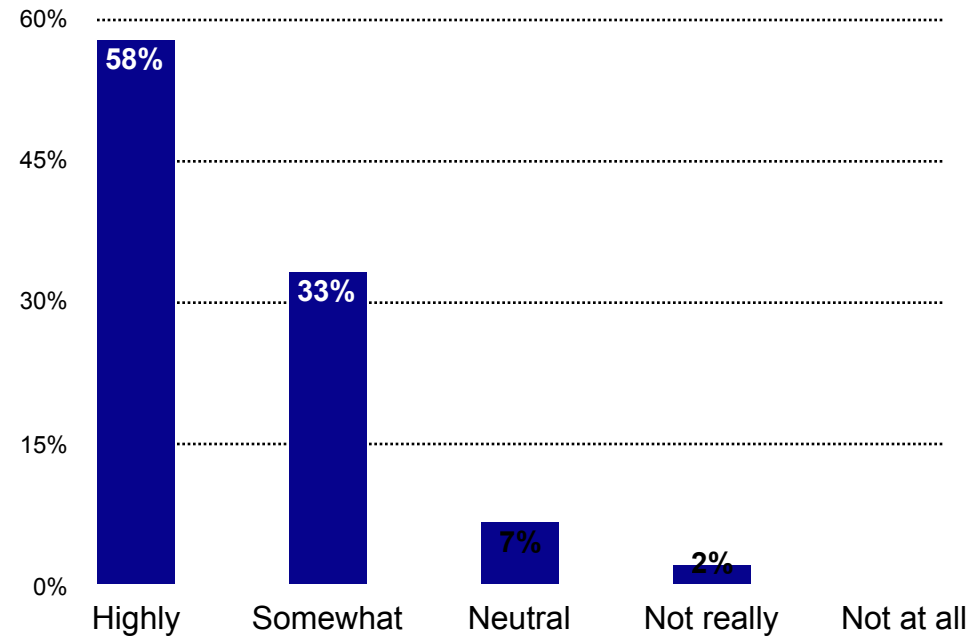
First season attendees

32

Did you attend a welcome introduction session for parents?



How beneficial and effective was this welcome introduction session?*



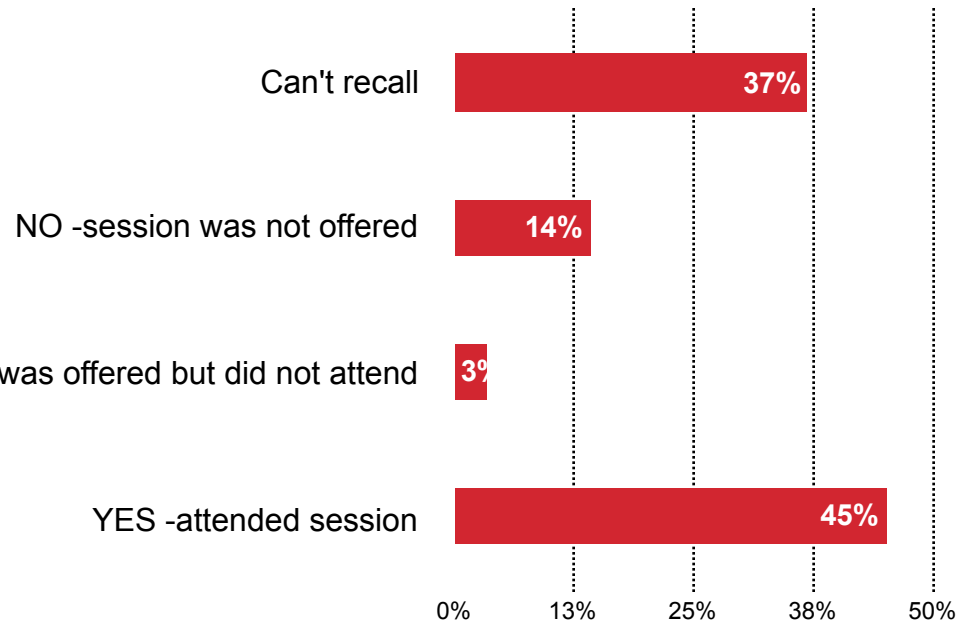
“Very informative session. Made me feel welcome / Gave me an opportunity to meet others in the group”

*Responses from attendees

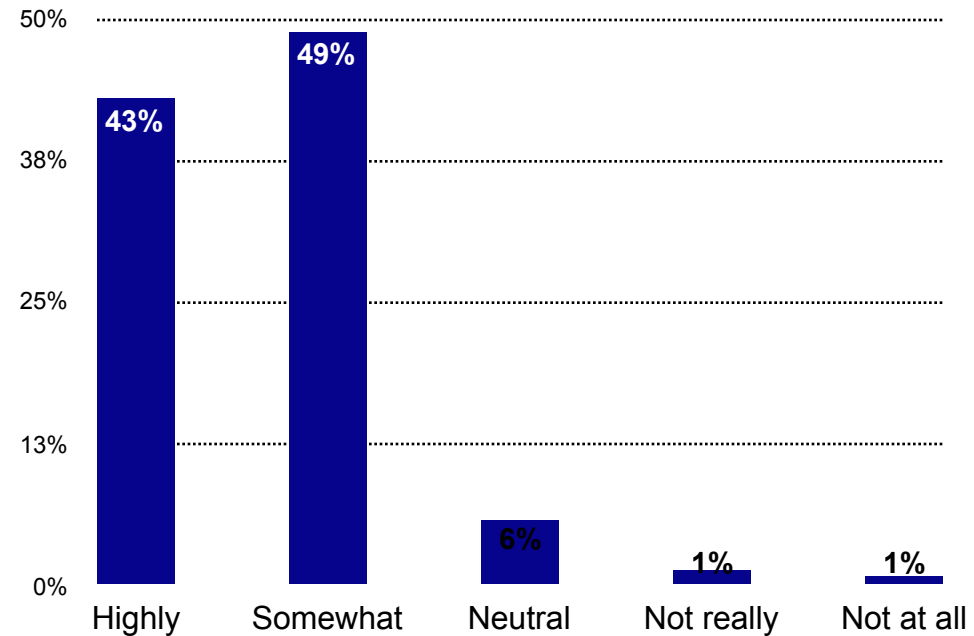
Nipper season commencement

33

Did your child attend a Nipper intro session at beach (from Age Group)?



How beneficial and effective was this Nipper introduction session?*



Nipper season commencement

34

How beneficial and effective was this Nipper introduction session?

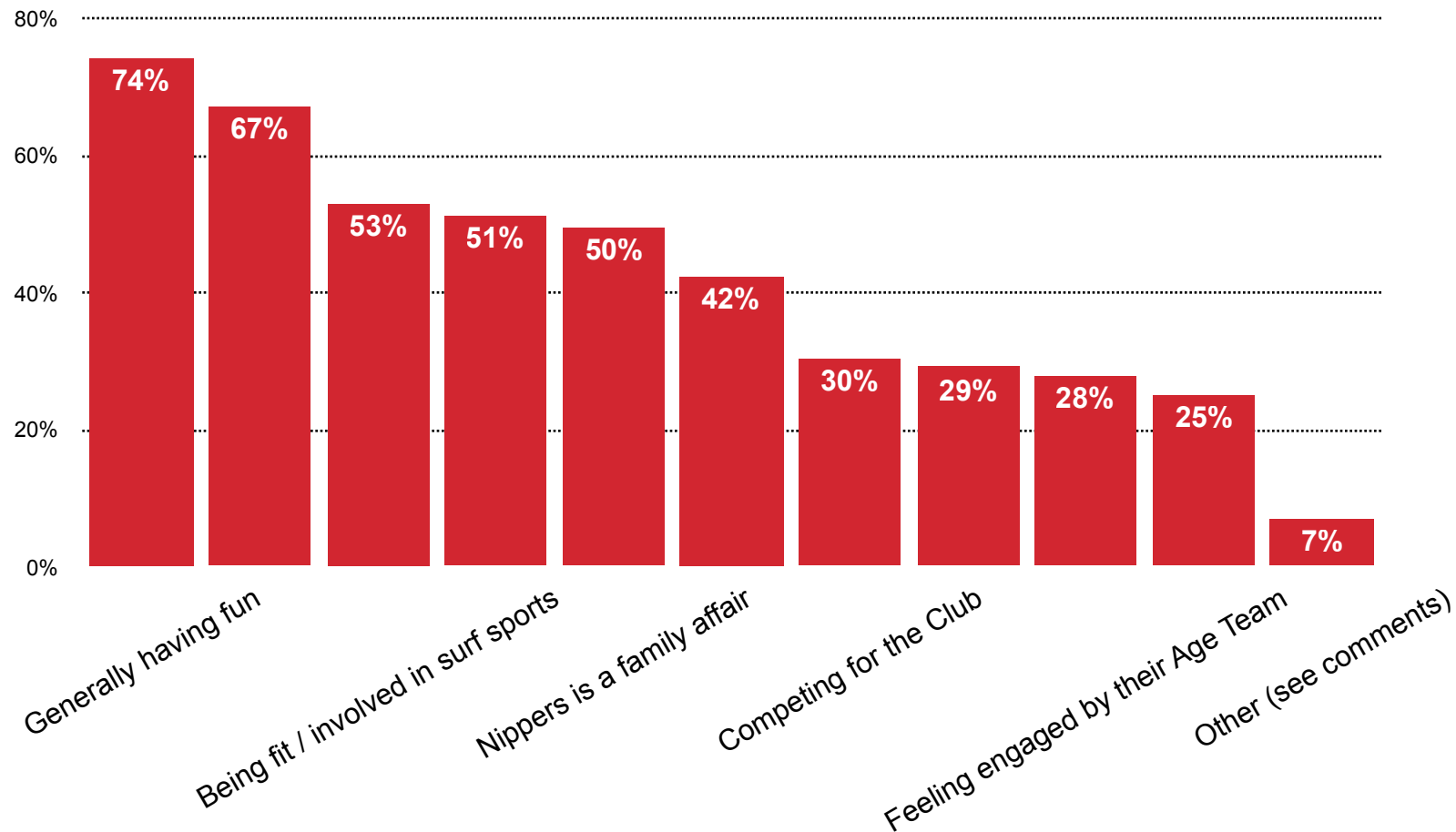
“It made her less nervous afterwards”

“Given I have been involved for many years, it was more a refresher for me”

“No real indication of what the focus would be and what we are aiming toward”

What our Nippers enjoy most!

35



Other:

- Being in the ocean
- Sense of belonging
- Boards and catching waves
- Carnivals
- Self esteem/confidence building
- Sense of achievement
- Surf safety

What our Nippers enjoy least

36

Some common points:

Ocean swim (due to lack of confidence and or skills / rough conditions / or specific fears)

Boards (due to lack of confidence and or skill / or rough conditions)

Competition (due to elimination / feeling left out / or competitive culture)

Flags (due to elimination / waiting around / no purpose / being wet following water activities)

Beach activities (due to heat /elimination / waiting / being wet following water activities / or personal preference)

Water activities (personal preference)

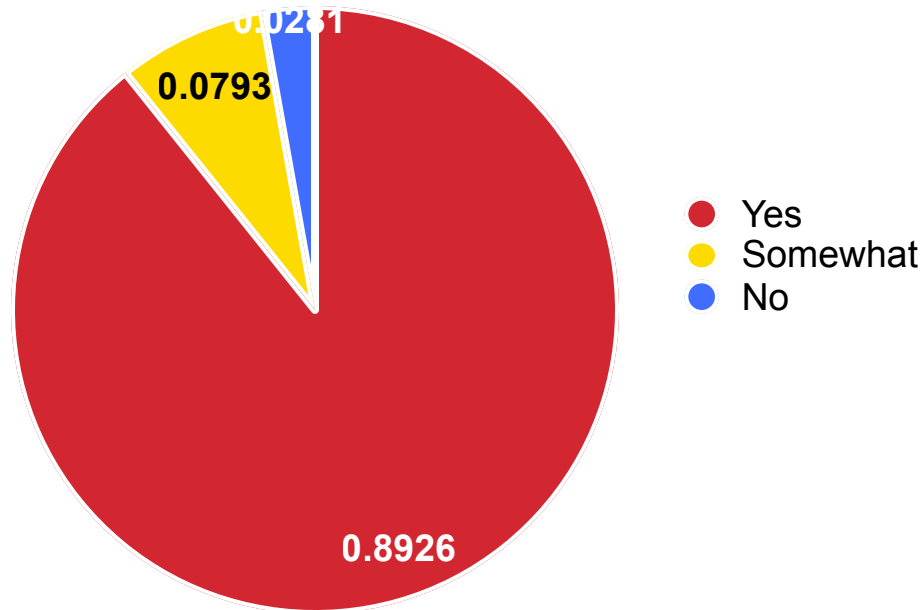
Sprints/running (due to heat / or personal preference)

Education

Team Supporting Age Group

37

Were you aware of the Age Team



Many of our respondents were actively involved in the Age Group themselves

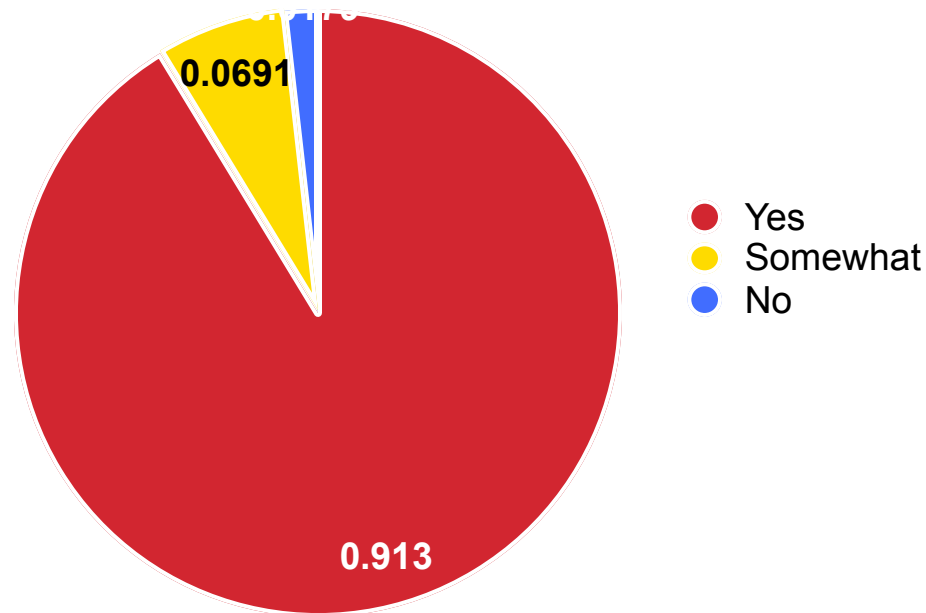
“I've always found the age managers to be very outgoing, engaging and approachable. Our family really appreciates the effort they put in.”

“They were great as it was my sons first year & they knew he was apprehensive in the water.”

“The (Age managers) did an exceptional job last season and my water hesitant daughter loved coming to nippers because they always encouraged and supported her to try her best. She enjoyed this season the most because of this.”

Opportunities to get involved

38



Some barriers to getting involved:

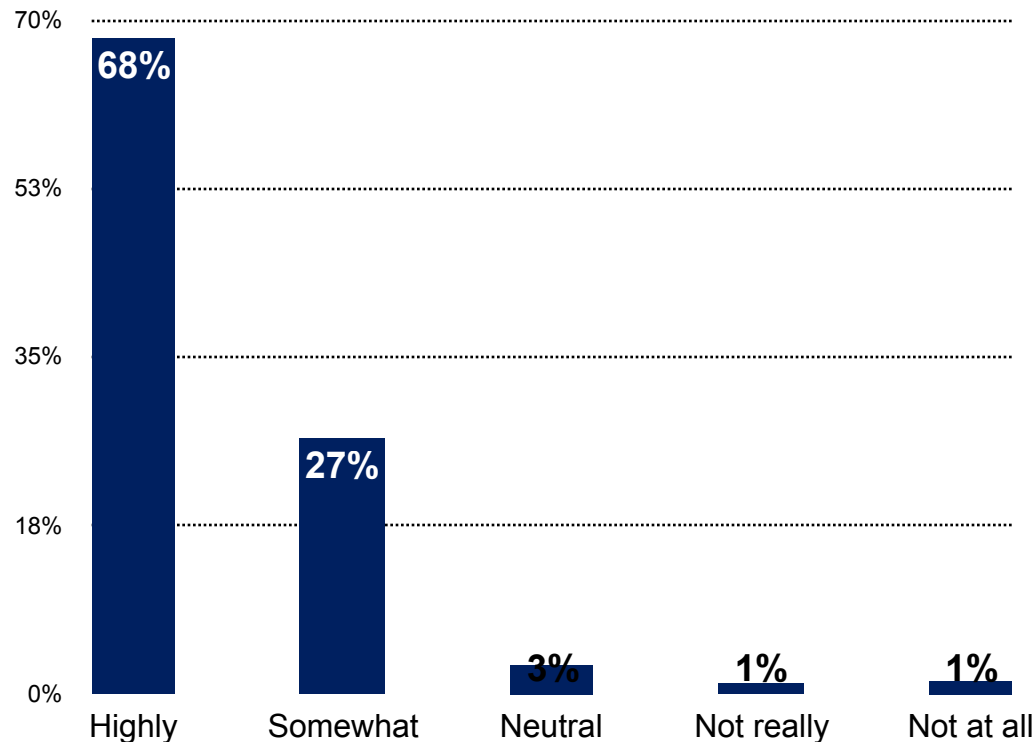
- Time
- Interpersonal issues
- Concerned how being involved impacts direct time with child
- Took time to find out how to get involved
- Fitness / aligning of suitable roles

Many of our respondents were actively involved in e.g. Age Manager/Assistant Training, Bronze Medallion/First Aid & Water Safety, Carnival Officials, BBQ, etc.

Club Communications

39

How helpful were Club Communications during the past season?*



Some common suggestions for improvement:

- Get communications out earlier
- More direct comms e.g. using phone app
- More concise/clear communication
- More information at season commencement
- One notification per family
- Age specific direct comms
- Avoid oversaturation
- Variety of channels not just email

Club Communications

40

How helpful were Club Communications during the past season?

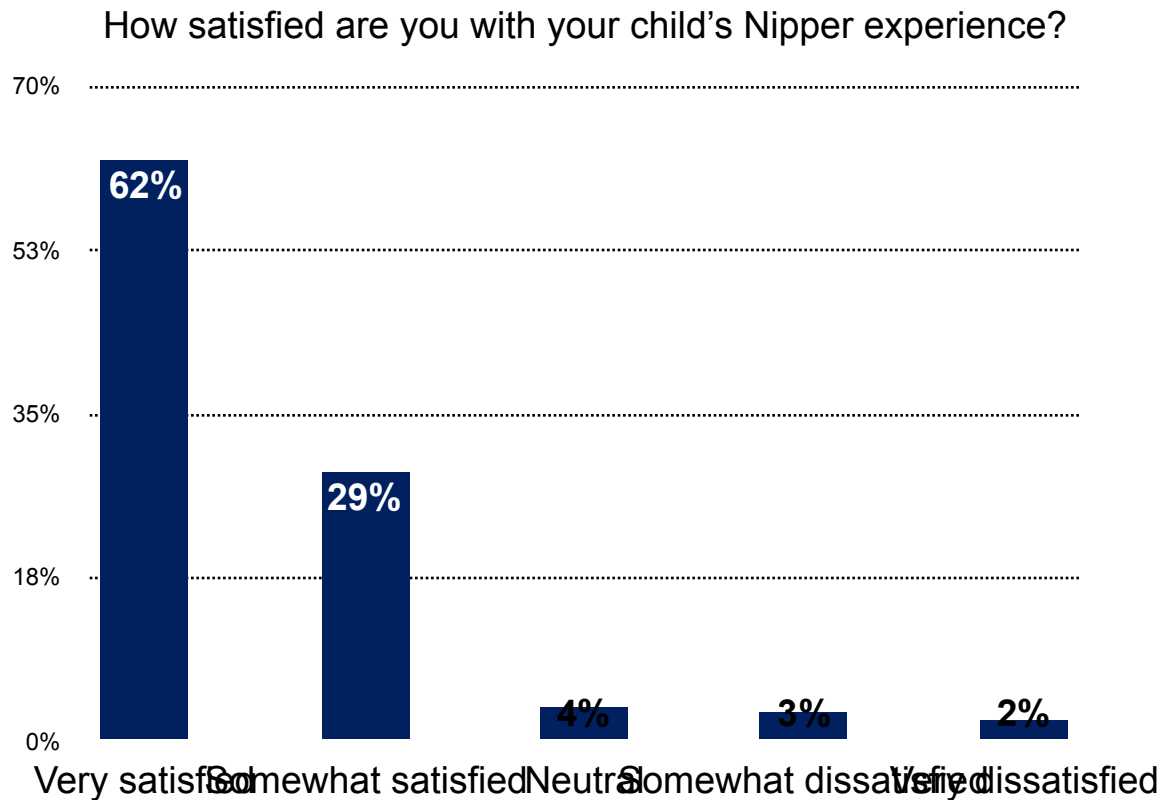
“Some Age managers give very detailed accounts of what’s coming up some don’t”

“Our [club support] are incredible, they work so hard to keep everyone happy and spend days and nights fixing problems and working it all out for our kids...”

“Maybe a bit too many sent....people stop reading them when there are too many messages. They then become ineffective”

Nipper program – parent satisfaction

41



“Has been best thing we have done”

“Amazing Team Managers - great team spirit and encouragement from all of them. They really cheered my son and encouraged him during his fearful moments and they celebrated every child's achievements”

Some common concerns:

- Large group sizes distracts from experience
- Culture concerns - competition focused
- Focus should be on fun

Some season highlights

42

For Parents:

Seeing child gain confidence/conquer fears

Seeing child develop skills

Just having a great time as a family

Representing Club in competition

SRC and Patrol

For their Nipper child

Competing and placing in competition

Winning an award

Being with friends / making new friends

Boards and catching waves

Just having fun

Learning new skills

Overcoming fears / building self-esteem

Being in the ocean / at the beach

Santa visit!

SRC and patrol

Development camp

Some season highlights

43

“Seeing my children so confident in the ocean and being able to ‘read’ the ocean before entering”

“My kids doing CPR on each other at home to show us

“Seeing my son compete in his first carnival and how proud he and his team mates were to represent their club

“Just every week the kids have a great time & then we hang out & have family time at the beach afterwards.”

Opportunities for improvement

44

Access To Boards
More Water Activities
Less Waiting
Clearer Timetables
Build Inclusion
More Lifesaving
Smaller Groups
Less Competition
Less Focus On Competition
Balancing Fun And Competition
More Age Assistants
More Transparency
Improved Communication
More Fun
Kids To Adult Ratio

How does this match what our Ex-Nippers tell us? - JLOTY Finalists

45

- Need Lifesaving Skills taught in younger age groups - as per new JDC Education Season Assessments
- Development Camps are working with long term benefits
- Want to learn skills that are relevant to Lifesaving and personal
- More formal involvement by Parents give stronger contact at Nippers
- More integration between U13's & U14's and the Senior Section
- We are developing the whole person and increasing skills across the board
- Keep fun and friendly and open...
- Better transition between SRC and the Senior Section..and more pathways

What next?

46

- Club specific survey results will be forwarded.
- Suggestions for incorporating and actioning any feedback
- Learnings from our initial survey that we can carry forward..

What would you like to learn from Nipper families in order to continuously improve your Nipper programs?



QUESTIONS ..?



SURF LIFE SAVING
SYDNEY

