

CIRCULAR

SUBJECT	ISSUE DATE	NUMBER
SLSS Development Clinic 2022 U11 – U14's	7 January 2022	24/21-22

To	Clubs, Presidents, Secretaries, Surf Sports Coordinators, Junior Development Coordinators
From	Director Junior Development – David Love Junior Competition Manager – George Benhayon
CC	BOM, LSOC, SSC, JDC, MSC

Background

Surf Life Saving Sydney (SLSS) is dedicated to recognising, developing and rewarding young Nippers in our Branch. These athletes may have started in Nippers for various reasons and now aspire to enter Branch, State and National (Aussies) Championships. Our Branch must provide a solid pathway for these athletes to develop their surf life saving skills and maintain motivation as they go through nippers to cadets and seniors. SLSS envisages coordinating the program(s) for our Clubs and athletes.

The plan targets two groups;

- existing Inter-Branch Team and NSW State Qualifiers competitors
- development of athletes aspiring to elite competition

INTER-BRANCH, NSW STATE FINALS COMPETITORS
Objective

Targeting athletes who have qualified or made finals in their chosen events at Branch and State Championships and providing them with opportunities to further develop their skills. This should be achieved in an environment geared towards promoting pathway progression across each discipline.

Selection Criteria

- NSW State qualifiers U11 – U14
- Finalist in SLSS Branch and SLSNSW State Championships U11 – U14
- Selection Committee may choose additional athletes to attend
- Based on previous one or two seasons of competition if required
- Point Score may be used from SLSS
- Water events qualifiers male and female from each age group
- Beach Event 2 or 4 male and female from each age group or relay team

BRANCH OF THE YEAR
SAVING LIVES 24/7
LEADING IN INNOVATION

Principal Sponsor





Development Clinic Squad Event Activities/Details

- Venue: North Cronulla / Elouera / Wanda
- Date: Sunday 20 March 2022
- Registration: 7.30am
- Closing date for clubs to provide names: 24 January 2022

Inter-Branch Team and Qualifiers

A skill-based development camp and other learning and educational opportunities will be offered to the athletes, which we envisage will include guest speakers from selected fields such as Nutrition, Strength and Conditioning, Mind Set Coaches and former Champions. This will also promote team building, forming new friendships and creating new skills sets.

Fees \$60 per Athlete – invoiced to Club

This will include lunch, a polo shirt & cap per person
Fees may also include covering the cost of Guest Speakers and Coaches.

Coach Overview

Coach selection process to be determined by the Director of Junior Development based on the recommendation of an appointed Panel. It is the envisaged that the Panel would operate to ensure good governance of the selection process and management of funding.

DEVELOPMENT ATHLETES NEW AND EXISTING COMPETITORS

Objectives

Athletes new and existing who would like to experience different events and improve on their skills and performance for each chosen events. These athletes should be intermediate to advanced in the water. U14's will be encouraged to use the long boards.

Selection Criteria A Squad

Any athlete that missed out on the Inter-Branch Team and athletes wanting to progress their current skills. Water events athletes will be required to be proficient in the water and waves. This group are Semi and Quarter finalist in SLSS and NSW State Championships.

Squad Event Activities

A development camp and other learning and educational opportunities will be offered to the athletes. This may include guest speakers in certain fields such as Nutrition, Strength and conditioning, Mind Set Coaches and former Champions

Fees \$60 per Athletes - Invoiced to Club

This will include lunch, a polo shirt & cap per person
Fees may also include covering the cost of Guest Speakers and Coaches.

Coach Overview

Coach selection process to be determined by the Director of Junior Development based on the recommendation of an appointed panel. It is the envisaged that the panel would operate to ensure good governance of the selection process and management of funding.

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BRANCH OF THE YEAR

SAVING LIVES 24/7

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Branch and Club Commitment

- Provide Venue / Club House
- Provide Coaches
- Provide Elite Athletes Guest Speakers (tba)
- Provide guest Speakers (tba)
- Water Safety per Club (if possible)
- Safe, Fun and Learning Environment
- Shirts and Caps depending on numbers attending
- Food and Drinks

Coaches

- Facilitator SLSS George Benhayon
- 4 to 10 Coaches to be selected
- Must be accredited
- Must have WWCC
- Must be current SLSA member

ATHLETES SELECTED AND ATTENDANCE

Water Event Athletes

- Must be proficient and have completed the age-appropriate competition evaluation.
Note: 175m/200m or 250m/300m swim will be held prior to activities
- Must be intermediate to advance in Board Paddling or Swimming
- Must be water confident in 2ft – 4ft depending on surf conditions
- Must wear pink vest and club cap

Beach Event Athletes

- Must be proficient and have completed the age-appropriate competition evaluation
- Must wear pink vest and club cap

What to bring

- Open learning attitude
- Team Spirit
- Sportsmanship
- New Ideas for future development days
- Appropriate clothing depending on weather conditions
- Drink Bottle



Expressions of Interest – SLSS requires lists from Clubs by 24 January 2022

Club Junior Development Directors/Chairs are to prepare a list of potential members in an excel spreadsheet and upload the file to the jotform link provided.

Refer example format below

Athlete Form link to upload Clubs list <https://form.jotform.com/220047042793855>

Water Safety / Official / Age Manager assistance Form link to upload Clubs list

<https://form.jotform.com/220047105068850>

There is no ratio of officials required however we would like to know if clubs have any attending and willing to assist. We would require per Club

- Water Safety x2
- First Aid x1

Example of Excel Format Clubs are to compile their lists

Note: Strongly recommend up-sizing polo shirt size eg (if you are a 10, order a 12 etc)

Athlete		Club	Age	Water	Mobile	Email	Shirt Size
<i>First Name</i>	<i>Surname</i>		<i>U11</i>	<i>Water</i>			<i>12</i>

Athlete		Club	Age	Beach	Mobile	Email	Shirt Size
<i>First</i>	<i>Surname</i>		<i>U13</i>	<i>Beach</i>			<i>14</i>

Water Safety		Club			Mobile	Email	Shirt Size
<i>First Name</i>	<i>Surname</i>						

Official		Club			Mobile	Email	Shirt Size
<i>First Name</i>	<i>Surname</i>						

Age Manager		Club			Mobile	Email	Shirt Size
<i>First Name</i>	<i>Surname</i>						

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