

## View results

Respondent

69

Anonymous

18:28

Time to complete

## 1. CLUB/SERVICE \*

## 2. BRANCH \*

- Far North Coast
- North Coast
- Mid North Coast
- Lower North Coast
- Hunter
- Central Coast
- Sydney Northern Beaches
- Sydney
- Illawarra
- South Coast
- Far South Coast

## 3. DATE OF INCIDENT \*

## 4. TIME OF INCIDENT \*

## 5. NAME/S OF LIFESAVERS(S)/LIFEGUARD(S) INVOLVED IN RESCUE (check that all nominees are proficient and members on SurfGuard) \*

## 6. LOCATION OF INCIDENT \*

7. SURFGUARD INCIDENT NUMBER (if available). *Please note all rescues should be recorded either during or after hours*

L220430212

8. NOMINATING PERSON NAME \*

Doug Lucas - Vice Captain Surf Rescue 30

9. NOMINATING PERSON EMAIL ADDRESS \*

dslucas@hotmail.com

10. NOMINATING PERSON CONTACT NUMBER \*

0410517076

11. NOMINATING PERSON CLUB/ORGANISATION \*

Surf Rescue 30

12. OVERVIEW OF THE INCIDENT \*

On Friday 15th at approximately 3.20pm Surf Rescue 30 received a tasking from Sydney 10 requesting attendance at Yellow Rock Malabar in relation to a possible medical incident on the rocks. Surf Rescue 30 were on scene within two minutes and identified a person on the rock shelf needing assistance. SR30 with the assistance of Support Ski 3 were able to get their highly trained crew to the rock shelf to assist with a medical assessment. At the time swell conditions were tricky with about a 1.5m ESE swell and a low tide meaning the climb onto the rocks was difficult due to the moss and slippery conditions. PolAir - NSW Police Force Airwing, winched a crewman from the helicopter onto the rocks in an attempt to provide medical treatment to the 50-year-old male patient suffering from severe pain and spasm through his back and was unable to move. The patient was with his 20-year-old son who were both at the time rock fishing. Polair were unable to assist and left the scene requesting Toll to attend. Toll Ambulance Rescue winched a crewman on to the rock shelf where the patient was administered medication to relieve the pain. During this process the crew of SR30 stayed with the patient comforting him and updating SR30 and surfcom of the conditions. The patient was winched to a nearby park where they were transferred to hospital. The SR30 then assisted the son to climb from the rockshelf himself to the top with awiating paramedics and police. Support Ski 3 safely returned the SR30 crewmen to the vessel at 5.20pm. It was very pleasing to see that both rock fishermen were wearing lifejackets and had cleats on their shoes to assist with stability on the rocks. Please remember to stay safe on the rocks and in the water this Easter.

13. SKILL & RESOURCES APPLICATION (40%) (please use brief bullet point format)

- Were the skills used correctly and appropriately as per SOP's?
- Did the rescue/incident require advanced technical skills?
- Was the equipment chosen best for the conditions and skill level of the personnel?
- Was there optimal use of skills within the available personnel? \*

This was an excellent example of the skills SR30 has to attend such rock assess jobs. Marine Rescue were tasked but stated they could not attend the job or access the rocks and declined the job. SR30 got the vessel into a position to monitor the situation and using the assistance of SS3 Coco a SR30 skipper she drove the ski and crewman one my one to the rockshelf who through the training managed to find a suitable location to access the rocks. It was perfect work from Ss3. The lifeguard also in attendance at the time on his ski said it could not be done. But Ss3 did it perfectly twice taking the crew to the rocks and allowing them through their training in full PPE to get onto the shelf with first aid equipment and radio allowing us to then communicate with the patient, police and ambulance above the rocks of the situation.

14. PROCEDURES FOLLOWED (30%) (please use brief bullet point format)

- Were SOP's followed?
- Was the safety of the rescuers involved appropriately assessed?
- Was there appropriate leadership, chain of command, good scene mgmt, paperwork, follow-ups, etc?
- Was the equipment utilised appropriately? \*

All SOPs were followed with excellent communication to SYD10 as well as Eastern Beaches 30 and Surfcom. At the scene the boat also communicated with both helicopters through the SR30 crew on the rocks and using channels 1, 2 and 3 with 3 different radios in the boat. First Aid equipment didnt actually get used on the patient as he ended up later having a major kidney stone hence the huge pain he was in and Toll provided medication and morphine to allow retrieval via the air. Both crew then working again with SS3 timed their removal from the rocks perfectly taking helmet, PFD, booties, gloves and fins with them and reboarding SR30

## 15. ENVIRONMENTAL CONDITIONS (15%) (please use brief bullet point format)

- Was the incident around rocks, cliffs, or other precarious situations?
- What was the size of the surf, temperature, time, visibility, weather, and other environmental conditions at land or sea? \*

At the time the conditons were 1.5 - 2m swell approx 10 s intervals. ESE so hitting the rocks directly low tide was .4m at 1.24pm and high was 7.36pm at 1.7m It was approx 23 degrees and excellent visibility. The sea was very choppy boucning off the rocks and due to the low tide the rocks were very slippper

## 16. MEDIA CAPTURE/COMMUNICATION (5%) (please use brief bullet point format)

- Were opportunities maximised in terms of media exposure? Please give a brief overview of media exposure. Any additional articles or media releases can be emailed to [ROTMNOMINATION@surflifesaving.com.au](mailto:ROTMNOMINATION@surflifesaving.com.au) or please paste url in box below \*

As a result of the incident it received coverage online with 95 likes on the Surf Rescue 30 page, 10 comments and numerous shares. Following the incident the man injured sent a message to the crew of Surf Rescue 30 publically thanking his rescuers and the two lifesaving crew saying he was in excruciating pain and how calm the team was helping him. He later was admitted to hospital with severe kidney stones. He is expected to make a full recovery. The patient also thanked lifesavers for assisting his son safely from the rock shelf without further incident. All in all it was a text book multi agency job which lasted 2 hours due to the difficult location and throught process as to how to retrieve the patient from such a difficult location.