



Cronulla SLSC 11th **Short Course Carnival**

Saturday 9 November 2024

Featuring-

Shark Island Ski Race 1km and 2km Beach Runs **Ironman and Ironwoman 6 Person Mixed Taplin Relay Inclusive Competitor Events**













More than \$2000 in Cash and Prizes

Including a foam Nipper Board from Infront Surfcraft to be won.





Proudly Sponsored By













Programme of Events Morning

Programme -

2km Beach Runs and Relays

6.15am	Marshall at North Cronulla SLSC (all Beach Runs will be conducted at North Cronulla)				
	Beach Run Officials Required 6:30am North Cronulla – Briefing				
6.30am	All Age Male and Female "Inclusive competitors" 1km Beach Runs* <u12 &<="" td=""></u12>				
Beach	Over 13 age groups				
Run and Beach	U10 Male and Female 500m Beach Runs				
Relay Start	U11 Male and Female 1km Beach Runs				
	U12 Male and Female 1km Beach Runs				
	U13 Male and Female 1km Beach Runs				
	U14 Male and Female 2km Beach Runs				
	U15 Male and Female 2km Beach Runs				
	U17 Male and Female 2km Beach Runs				
	U19 Male and Female 2km Beach Runs				
	Open Male and Female 2km Beach Runs				
	O40 Male and Female 2km Beach Runs				
	U11 Mixed 2x 1km Beach Run Relays				
	U12/U13 Mixed 2x1km Beach Run Relays				
	U14/U15 Mixed 2x1km Beach Run Relays				
	U/17 Mixed 2x1km Beach Run Relays				
	Open Male and Female 2x1km Beach Run Relays				

U8 + Inclusive Competitors

Time	Boy's Water Area	Girl's Water Area	#U8 Beach Areas Start at 7:30am		
6.45am	Officials, Team Manager and Safety Briefings				
8.00 am	U9 Surf Race	U9 Surf Race	U8 Male Beach Sprint		
Water	U10 Surf Race	U10 Surf Race	U8 Female Beach Sprint		
&	U11 Surf Race	U11 Surf Race	U8 Mixed Beach Relay		
U8 Program	U12 Surf Race	U12 Surf Race	U8 Male Beach Flags		
&	U13 Surf Race	U13 Surf Race	U8 Female Beach Flags		
Inclusive			All Age Male and Female Jnr<12 age		
	Male and Female Jnr age group		group		
	<12 "Inclusive competitors"		& Snr Over 13 age group		
	Wade, Surf and Board Races.		"Inclusive competitors" Beach		
	Snr age group Over 13		Sprints and Flags		
	"Inclusive competitors" Wade,				
	Surf and Board Races		U8 Male Wade		
			U8 Female Wade		
			U8 Mixed Wade Relay		

Event Sponsors

Cronulla SLSC acknowledge and thank event sponsors Pulse Property Agents, 7 News and Letizza Pizza Bases.



U9 - U13 Events

Time	Boy's Water Area	Girl's Water Area	Beach Sprint Areas Approx. 9am
Approx.9.00am	U9 Board Race	U9 Board Race	U9 Male Beach Sprint
U9-U13 Beach	U10 Board Race	U10 Board Race	U9 Female Beach Sprint
Program Start	U11 Board Race	U11 Board Race	U9 Mixed Beach Relay
	U12 Board Race	U12 Board Race	U10 Male Beach Sprint
	U13 Board Race	U13 Board Race	U10 Female Beach Sprint
			U10 Mixed Beach Relay
			U11 Male Beach Sprint
			U11 Female Beach Sprint
			U11 Mixed Beach Relay
			U12 Male Beach Sprint
			U12 Female Beach Sprint
			U12 Mixed Beach Relay
			U13 Male Beach Sprint
			U13 Female Beach Sprint
			U13 Mixed Beach Relay
	U11 Ironman	U11 Ironperson	Beach Flag Areas Approx. 9am
	U12 Ironman	U12 Ironperson	
	U13 Ironman	U13 Ironperson	
	U9 Board Relay	U9 Board Relay	U13 Male Beach Flags
	U10 Board Relay	U10 Board Relay	U13 Female Beach Flags
	U11 Board Relay	U11 Board Relay	U12 Male Beach Flags
	U12 Board Relay	U12 Board Relay	U12 Female Beach Flags
	U13 Board Relay	U13 Board Relay	U11 Male Beach Flags
			U11 Female Beach Flags
			U10 Male Beach Flags
			U10 Female Beach Flags
			U9 Male Beach Flags
			U9 Female Beach Flags
			O3 Female Beach Flags
12 20	Photob of tour Co. 1911		
12.30pm	Finish of Junior Competitio	n	

Event Supporters

Cronulla SLSC acknowledge and thank event supporters including Infront, Engine,
Ohana, Real Play, Fashion Fish & Bettys Burgers









Afternoon Programme – U14 – O40 Events

Time	Men's Water Area	Women's Water Area	Beach Area		
12.45pm	2 km Shark Island Ski Race – Ma	2 km Shark Island Ski Race – Male and Female Open^, U/19^ U/17^ & O40^			
1.00pm	U14/15 Board Relay	U14/15 Board Relay	Beach start at		
	U17/U19 Board Relay	U17/U19 Board	1:00pm		
	Open Board Relay	Relay			
		Open Board Relay			
	U14 Ironman*	U14 Ironwoman*	Beach Sprints:		
	U15 Ironman*	U15 Ironwoman*	O40 Male		
	U17 Ironman*	U17 Ironwoman*	O40 Female		
	U19 Ironman*	U19 Ironwoman*	Open Male		
	Open Ironman*	Open Ironwoman*	Open Female		
	O40 Ironman*	O40 Ironwoman*	U/17 Male		
			U/17 Female		
			U/15 Male		
			U/15 Female		
			U14 Male		
			U14 Female		
Time	Men's Water Area	Women's Water Area	Beach Area		
	U17 Ski Relay	U17 Ski Relay	Beach Relays:		
	Open Ski Relay	Open Ski Relay	Open Male		
	U14/15 Surf Race	U14/15 Surf Race	Open Female		
	U17/19/Open Surf Race	U17/19/Open Surf Race	Open Mixed		
	O40 Surf Race	O40 Surf Race	U17 Mixed		
			U14Mixed		
			U15 Mixed		
			O 13 WINCO		
	U14 Board Race	U14 Board Race	Beach Flags:		
	U15 Board Race	U15 Board Race	U14 Male		
	U17 Board Race	U17 Board Race	U14 Female		
	U19 Board Race	U19 Board Race	U15 Male		
	Open Board Race	Open Board Race	U15 Female		
	O40 Board Race	O40 Board Race	U17 Male		
			U17 Female		
			Open Male		
			Open Female		
			open remaie		
	U17 Ski Race	U17 Ski Race			
	U19 Ski Race	U19 Ski Race			
	Open Ski Race	Open Ski Race			
	O40 Ski Race	O40 Ski Race			
	U14/U15 Male Cameron Relay *	U14/U15 Female Cameron Relay *			
	Open Mixed 6 Person Taplin Relay	•			
-	Special Control of Con				
3:30pm	Approximate Finish Time	1			













A Trophy for the Overall Club Point Score for all events conducted on the day. Cash Prizes of \$500 for 1st, \$300 for second and \$200 for 3rd. In the event of a dead heat in the point score the relevant cash prizes will be shared.

- \$100 cash prize plus prize pack to the fastest male and female competitor in the Shark Island Ski Race. Prizes to be awarded for other winners marked with ^.
- \$100 cash prize to the winner of the Open 2km Male and Female 2km Beach Run Events.
- \$400 cash prize to the winner of the Open Mixed 4 Person Taplin Relay.
- Towels awarded to the winning individuals/teams of events marked with an asterisk (*).
- Medals to be awarded to the top place getters in U8 U14 age division.
- All "Inclusive Competitors" will receive a participation medal.
- Lucky door Towel Prize draws (minimum one per age group and gender) for all ages (i.e. U8 O40 & Inclusive)

Supplementary Rules and Notes:

- Competition shall be conducted as per the current edition of SLSA Surf Sports Manual except where detailed.
- The order of events may alter to assist with the smooth conduct of the Carnival.
- All competitors must have their age group clearly marked on their upper left arm.
- Marshalling for the Beach Runs close at 6.15 am North Cronulla.
- Marshalling for the first U8 and Inclusive events at 7.15am at Cronulla.
- Marshalling for the first water events U9-13 events held at Cronulla commence at 7:45am.
- Marshalling for the first beach events U9-U13 events held at Cronulla commence from 8:40am.
- Marshalling closes for the Shark Island Ski Race at 12.30pm.
- Marshalling all U14 to O40 short course events commence at 12.45pm.
- All U14, Open & O40 age individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- The U8 U13 will be conducted around shortened courses includes ironman and Ironperson.
- The Club point score shall be 6 points for 1st through to 1 point for 6th for all U8-O40 events conducted on the day. Dead heat will share the allotted placing points, i.e. equal first both score 6 points and third scores 5 points.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- Competitors (including U13s and U14s) are not permitted to compete out of their own age group in individual events except for the Shark Island Ski Race and the Open Ironman, Ironwoman and Mixed 6Person Taplin Relay races.
- A maximum of three teams per club in team events is permitted arms clearly marked appropriately.
- Team events except for Beach Relays shall be conducted as follows: U8s, U9, U10,U11,U12,U13,U14,U15 (for U14 and/or 15s), U17 and Opens (for U19s and/or Opens). Max three (3) teams per club, arms clearly marked.
- NO EVENTS WILL BE HELD UP WAITING FOR COMPETTIORS FROM OTHER AREAS.
- All Inclusive events will have two age groups <U12 Jnr & Over 13 Snr.
- Where possible age groups may be joined together in other individual events to assist competition conduct. When this occurs, individual results will be recorded for each age group.















- The Mixed Beach Relays shall consist of two males and two females who are free to choose their order of running. There is a limit of three teams per club per event. **ARMS CLEARLY MARKED**.
- Open Mixed 6 Person Taplin Relay Team shall consist of three males and three females who are free to select which leg (swim, board, and ski in that order) to complete.
- Upon application to the Sectional Referee competitors may make up composite teams from different clubs and may be awarded placings (but not prizes or placing points for their clubs).
- The "Inclusive" events shall be participation only events. Clubs will also be required to provide one to one (1:1) SLS qualified water safety for the Surf and Wade Races.
- Clubs shall also be required to provide water safety for the U8 to U13 events based on one
 water safety for every 10 competitors. A leader from each club is to be nominated prior to the
 commencement of competition.
- There is a 12.30pm cut off for the conduct of U8-U13 events and 3:30pm cut off for U14-Open events. Should time not permit some events may not be conducted at the discretion of the Referee in consultation with the Carnival Committee.

Entries:

- Submit entries online using the "SEMS" carnival manager system". This is accessed via https://sems.sls.com.au/ please contact the Branch Office for any user enquiries.
- No LATE ENTRIES will be permitted.
- "LIVE HEATS wristbands" will be used for marshalling and results for all U8-U40 competitors.
- Inclusive competitors will NOT be required to wear a LIVE HEAT WRISTBAND for this carnival.
- Replacement Live Heats wristbands can be purchased on day at a cost \$10.00.
- Branch enquiries 9019 0722 or email admin@surflifesavingsydney.com.au
- Entries close at Sydney Branch at 10pm, Monday 4th November 2024.
- Entry fee of \$30 per competitor invoiced by and payable to Cronulla SLSC.
- No entry fee will be charged for Inclusive Competitors, but they must be entered into SEMS system.
- Bank Account Details for remittance of entry fees:
 - Commonwealth Bank of Australia, Cronulla NSW
 - Cronulla SLSC
 - BSB: 062 150 Account Number: 00801697
 - Detail: Club Name Carnival Entries
- Alternatively, please contact the Cronulla SLSC Office on 9523 5300 to pay using a MasterCard or Visa
- Cronulla SLSC must receive all entry fees on or before the date of the Carnival for a Club to be eligible to compete.

Parking

- There is no council paid parking in Cronulla Central and available parking is limited.
- Arrangements have been made with Council to permit parking gear trailers only in Cronulla Park. You will be required to remove cars from the trailers. Please follow and respect the directions of the Cronulla SLSC volunteers.

Further Information:

Please Contact Cronulla SLSC Office: 9523 5300 or email admin@cronullasurfclub.com

