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SUBJECT	ISSUE DATE	NUMBER
2023 Interbranch Team Selection & Nomination Information	Wednesday 13 September 2023	11/23-24

To	Clubs, Presidents, Secretaries, Surf Sports Directors & Junior Development Directors
From	Director of Surf Sports
CC	BOM, SSC and Y&JDC

Surf Life Saving Sydney invites **ALL** competitors in **U12 to U17** Age Groups for the 2023/24 Season to nominate for selection in the Sydney Branch Team to compete at the 2023 NSW Interbranch Championships to be held at Fingal Bay Beach Hunter Branch on Saturday 2 & Sunday 3 December 2023.

General Information:

It is a great honour to be selected for this team as it represents the best athletes in Surf Life Saving Sydney Branch. In 2022 the Sydney Branch Team were crowned the NSW Interbranch Champions. It is a great experience for athletes to travel and compete with their fellow athletes from Sydney Branch. When nominating it is important to make sure that you are available to compete on both days of the carnival, including travelling and staying with the team accommodation and transport.

Athletes will be considered for selection from IronPerson, Swim, Board & Ski, Beach Flags, Beach Sprints, Beach Run Relays (Ski U17 ONLY).

The 2023 Interbranch Team (40) will consist of the following:

- U12, U13, U14, U15 and U17 Age Groups
- U12, U13, U14, U15 and U17: Maximum of four (4) females and four (4) males per age group

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For the 2023 NSW Interbranch Championships, the following rules will apply for ALL competitors:

- Any competitor is permitted to 'compete up one (1) age division' from their nominated age division for TEAM events only.
- U15's are permitted to 'compete up one age division' for TEAM events only (U15 cannot compete in Ski Events) providing they have attained their **Bronze Medallion** as per Section 2.3.4 of the SLSA Surf Sports Manual, 37th Edition, revised February 2023.

Event compositions will be as follows:

Single Gender Events

- Surf Race - Two (2) competitors per age group
- Board Race - Two (2) competitors per age group
- Iron Person – Two (2) competitors per age group
- U17s Ski – One (1) competitor per age group
- Cameron Relay – Three (3) person relay, one runner. One (1) team per age per branch
- Sprint – One (1) competitor per age group
- Flags – One (1) competitor per age group
- Board Rescue – Two (2) competitors per team, one (1) team per branch.
- All Age Board Relay – One (1) competitor per age group per branch.
- All Age Beach Relay – One (1) competitor per age group per branch.

Mixed Gender Events

- Mixed 6 Person Taplin – Two (2) Swim, two (2) Board, two (2) Ski, male & female in each leg.
- Mixed Board Relay- Two (2) person relay, one (1) male & one (1) female. One (1) team Mixed Ski Relay – Two (2) person relay, one (1) male & one (1) female. One (1) team per branch.
- Mixed Beach Relay sprint – Four (4) person relay, two (2) male & two (2) female. One (1) team per age group per branch.
- Mixed Beach Relay – Two (2) x 500m (U12) & two (2) x 1km (U13-U17), two (2) person relay, one (1) male & one (1) female. One (1) team per age group per branch.





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To be considered for selection all competitors:

1. Must be a Financial Member with Competition Rights at a Sydney Branch Surf Life Saving Club
2. Must meet SLSNSW Award, Patrol and Proficiency requirements as per the 2023/24 proficiency competition requirements and any other subsequent bulletins issued prior to Friday 4 November 2023

All competitors are advised to read the following:

[Surf Life Saving Sydney Selection Policy](#)

[Surf Life Saving Sydney Athlete Agreement](#)

These can also be found on our website [Surf Life Saving Sydney](#)

Selectors will be making selections as per the Interbranch event compositions above and using the following carnivals results to gauge the **current level of skill and physical fitness of the competitors.**

It is encouraged that competitors attend the following carnivals:

Carnival	Location	Date	Which athletes
Triple Crown Round 1	TBC	14 October 2023	U12 – U17 for water competitors
Wanda One	Wanda	28 October 2023	U12 – U17 for water and all beach competitors

At the discretion of the Selectors - results of past events listed below, may also be considered:

1. 2023 Sydney Branch Championships (Age and Open)
2. 2023 SLS NSW State Championships (Age and Open)
3. 2023 SLS Australian Championships (Youth and Open)

To be considered for selection all competitors must NOMINATE via this link and fill in the online nomination by 30th September 2023:

[Athlete Nomination Form - Sydney Interbranch Team 2023](#)





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Team Announcement:

The Sydney Branch Team will be announced on the Surf Life Saving Sydney website and Facebook page no later than Wednesday 1 November 2023.

Team Training:

Upon selection all successful athletes will be advised of team training dates and times by Team Managers. It is expected that all selected athletes make all efforts to attend the nominated training sessions.

Cost:

Upon selection each athlete will be required to pay a levy of \$450.00 (+ gst). This levy covers accommodation, transport, food & beverage, team uniform etc and will be invoiced to your Club, and must be paid to Surf Life Saving Sydney by 30 November 2023. Team Management reserves the right to remove a competitor from the team in the event the levy is not paid.

Further Information:

Upon selection all successful athletes will receive a more detailed information package however if you require further information, please do not hesitate to contact

Team Manager Donna Hargreaves

Mobile: 0403 335 625 or

Email: surfsportssecretary@surflifesavingsydney.com.au

or

SLSS Admin & Events Manager Catherine Woodside

Office: 9019 0722 or

Email: admin@surflifesavingsydney.com.au .

Finally, we wish all competitors all the best in their endeavours for this selection.

End of Circular

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