



SYD BRANCH CHAMPIONSHIPS PROGRAM Version - 2 Tide low 9.14am 0.65					
SLSS Age Championships (U9-U11) - North Bondi Saturday 3rd February 2024					
5.45am	Officials, Water Safety & IRB crews sign on and breakfast				
6am	Safety & Emergency Committee meeting				
6.10am	Senior Officials briefing in clubhouse				
6.40am	Officials briefing in areas				
6.50am	Water Safety & IRB crews briefing morning shift. 11am briefing afternoon shift				
6.50am	Team Manager Briefing				
Water 1 - Blue/White	Water 2 - Pink	Beach 1 - Sprints	Beach 2 - Flags	Beach Runs & Relays	Entry Limits for Team Events
Male U9, 10, 11 7.30am Marshall 8am start	Female U9, 10, 11 7.30am Marshall 8am start	U9, 10, 11 8am Marshall 8.30am start	U9, 10, 11 8am Marshall 8.30am start	U11 6.30am Marshall 7am start	
U11 Surf Race / Team	U11 Surf Race / Team	U11 Female Beach Sprint	U9 Male Beach Flags	U11 Male 1km Beach Run	
U10 Surf Race / Team	U10 Surf Race / Team	U11 Female Beach Relay	U9 Female Beach Flags	U11 Female 1km Beach Run	Two (2) teams per club - Cameron Relay Surf Teams Board Relay Beach Relay Beach Run Relays Four (4) teams per club - Board Rescue
U9 Surf Race / Team	U9 Surf Race / Team	U11 Mixed Relay	U10 Male Beach Flags	U11 Male Beach Run Relays	
U11 Board Race	U11 Board Race	U11 Male Beach Sprint	U10 Female Beach Flags	U11 Female Beach Run Relay	
U10 Board Race	U10 Board Race	U11 Male Beach Relay	U11 Male Beach Flags		
U9 Board Race	U9 Board Race	U10 Female Beach Sprint	U11 Female Beach Flags		
<b>SURF TEAMS IF REQ'D (UNABLE TO COMBINE WITH SURF RACE)</b>	<b>SURF TEAMS IF REQ'D (UNABLE TO COMBINE WITH SURF RACE)</b>	U10 Female Beach Relay			
**U11 Ironperson	**U11 Ironperson	U10 Mixed Relay			
U10 Board Relay	U10 Board Relay	U10 Male Beach Sprint			
U9 Board Relay	U9 Board Relay	U10 Male Beach Relay			
U11 Board Relay	U11 Board Relay	U9 Female Beach Sprint			
U11 Mixed Cameron Relay		U9 Female Beach Relay			
**U11 Board Rescue	**U11 Board Rescue	U9 Mixed Relay			
		U9 Male Beach Sprint			
		U9 Male Beach Relay			
** Qualifying Events for SLSNSW Age Championships					
Sydney Branch Championships will run according to the SLSA Surf Sports Manual No. 3, 37th Edition, November 2021, Revised February 2023.					
All Entrants must be proficient, registered & financial members of SLSA.					
Live Heats will be used at the Sydney Branch Championships.					
There will be NO Late Entries to the Sydney Branch Championships.					
All Age events will run according to section 9.3.2 of the Surf Sports Manual.					
C). Under no circumstances shall a team compete unless they have competitors from each individual age group (as determined by each competitors age for participation in individual events) compete the designated leg of the course for that age category.					
All Age Beach & Board Relays are Mixed teams and must comprise of a minimum of three females - U9-U14. Order will be U9 (1), U10 (2), U11 (3), U12 (4), U13 (5), U14 (6).					
All age event competitors MUST compete in their own age group.					
Competitors are permitted to compete up one age group in team events only (U8s are not allowed to compete up as an U9) NOT IN ALL AGE EVENTS					
U11 & U12 Cameron Relays are Mixed gender, 4 per team with water 1 male and water 1 female and runners 1 male and 1 female.					
Runners can only run in one team per event.					
Cameron Relays & Iron person order will be Swim-Board					



SYD BRANCH CHAMPIONSHIPS PROGRAM					
Version - 2					
Tide low 10.30am 0.62					
SLSS Age Championships (U12-U14) - North Bondi Sunday 4th February 2024					
5.45am	Officials, Water Safety & IRB crews sign on and breakfast				
6am	Safety & Emergency Committee meeting				
6.10am	Senior Officials briefing in clubhouse				
6.40am	Officials briefing in areas				
6.50am	Water Safety & IRB crews briefing morning shift. 11am briefing afternoon shift				
6.50am	Team Manager Briefing				
Water 1 - Blue/White	Water 2	Beach 1 - Sprints	Beach 2 - Flags	Beach Runs & Relays	Entry Limits for Team Events
Male 12, 13, 14	Female 12, 13, 14	U12, 13, 14	U12, 13, 14	U12, 13, 14	
7.30am Marshall 8am start	7am Marshall - All Age 7.30am start 7.30am Marshall 8am start	7am Marshall - All Age 7.30am start 8am Marshall 8.30am start	8am Marshall 8.30am start	6.30am Marshall 7am start	
	**All Age Board Relay - Mixed	**All Age Beach Relay - Mixed			
U14 Surf Race / Team	U14 Surf Race / Team	U12 Female Beach Sprint	U14 Male Beach Flags	U12 Male 1km Beach Run	Two (2) teams per club - Cameron Relay Surf Teams Board Relay Beach Relay Beach Run Relays Four (4) teams per club - Board Rescue
U13 Surf Race / Team	U13 Surf Race / Team	U12 Female Beach Relay	U14 Female Beach Flags	U12 Female 1km Beach Run	
U12 Surf Race / Team	U12 Surf Race / Team	U12 Mixed Relay	U13 Male Beach Flags	U13 Male 2km Beach Run	
U14 Board Race	U14 Board Race	U12 Male Beach Sprint	U13 Female Beach Flags	U13 Female 2km Beach Run	
U13 Board Race	U13 Board Race	U12 Male Beach Relay	U12 Male Beach Flags	U14 Male 2km Beach Run	
U12 Board Race	U12 Board Race	U13 Female Beach Sprint	U12 Female Beach Flags	U14 Female 2km Beach Run	
(UNABLE TO COMBINE WITH SURF RACE)	(UNABLE TO COMBINE WITH SURF RACE)	U13 Female Beach Relay	All Age Beach Flags - Competitors with a Disability	U12 Male Beach Run Relays	
**U14 Ironperson	**U14 Ironperson	U13 Mixed Relay		U12 Female Beach Run Relay	
**U13 Ironperson	**U13 Ironperson	U13 Male Beach Sprint	All Age Beach Sprints - Competitors with a Disability	U13 Male Beach Run Relay	
**U12 Ironperson	**U12 Ironperson	U13 Male Beach Relay		U13 Female Beach Run Relay	One (1) Team per club - All Age Sprint & All Age Board Relays
U14 Board Relay	U14 Board Relay	U14 Female Beach Sprint		U14 Male Beach Run Relay	
U13 Board Relay	U13 Board Relay	U14 Female Beach Relay		U14 Female Beach Run Relay	
U12 Board Relay	U12 Board Relay	U14 Mixed Relay		All Age Beach Run - Competitors with a Disability	
U14 Cameron Relay	U14 Cameron Relay	U14 Male Beach Sprint			
U13 Cameron Relay	U13 Cameron Relay	U14 Male Beach Relay			
U12 Cameron Relay	U12 Cameron Relay				
**U14 Board Rescue	**U14 Board Rescue				
**U13 Board Rescue	**U13 Board Rescue				
**U12 Board Rescue	**U12 Board Rescue				
** Qualifying Events for SLSNSW Age Championships					
Sydney Branch Championships will run according to the SLSA Surf Sports Manual No. 3, 37th Edition, November 2021, Revised February 2023.					
All Entrants must be proficient, registered & financial members of SLSA.					
Live Heats will be used at the Sydney Branch Championships.					
There will be NO Late Entries to the Sydney Branch Championships.					
All Age events will run according to section 9.3.2 of the Surf Sports Manual.					
C). Under no circumstances shall a team compete unless they have competitors from each individual age group (as determined by each competitors age for participation in individual events) compete the designated leg of the course for that age category.					
All Age Beach & Board Relays are Mixed teams and must comprise of a minimum of three females - U9-U14. Order will be U9 (1), U10 (2), U11 (3), U12 (4), U13 (5), U14 (6).					
All age event competitors MUST compete in their own age group.					
Events will not commence in areas until completion of the All Age Events					
Competitors are permitted to compete up one age group in team events only (U8s are not allowed to compete up as an U9) NOT IN ALL AGE EVENTS					
Cameron Relays are single gender and can have 3 or 4 competitors. Eg. A 3 person team will have 1 board paddler, 1 swimmer, 1 runner that runs twice.					
Cameron Relays & Iron Person Order will be Swim-Board					



SYD BRANCH CHAMPIONSHIPS PROGRAM Version - 2 Tide High 9.08am 1.57m					
SLSS Open & R&R Championships - Maroubra Saturday 24th February 2024					
5:45am	Officials & IRB crews sign on and breakfast				
6am	Safety & Emergency Committee meeting				
6:10am	Senior Officials briefing in clubhouse				
6:40am	Officials briefing in areas				
6:50am	Team Manager Briefing in areas				
Water 1 - Blue/White	Water 2 - Pink	Water 3	Beach 1 - Sprints & Relays	Beach 2 - Flags	Beach Runs & Relays
Male	Female	R&R			
7am Marshall 7.30am Start	7am Marshall 7.30am Start	8am Marshall 8.30am Start	7.30am Marshall - March Past 8am start 8am Marshall - Beach Sprints	8am Marshall 8.30am start	6.30am Marshall 7am start
U15 Male Board Relay	Lifesaver Relay	U10 & U11 Mixed 2 person	March Past - Open, U23 & Age		Open Male 2km Beach Run
U15 Female Board Relay	Open Mixed Double Ski	U17 Mixed 2 Person	U19 Male Beach Sprint	U15 Female Beach Flags	Open Female 2km Beach Run
U15 Male Cameron Relay	Open Male Double Ski	U13 & U14 Mixed 2 Person	U19 Female Beach Sprint	U15 Male Beach Flags	U19 Male 2km Beach Run
U15 Female Cameron Relay	Open Female Double Ski	U19 Mixed 2 Person	U17 Male Beach Sprint	Open Female Beach Flags	U19 Female 2km Beach Run
U17 Male Ski	U17 Female Ski	U14 & U15 Mixed 2 Person	U17 Female Beach Sprint	Open Male Beach Flags	U17 Male 2km Beach Run
U19 Male Ski	U19 Female Ski	Open Mixed 2 Person	U15 Male Beach Sprint	U19 Female Beach Flags	U17 Female 2km Beach Run
Open Male Ski	Open Female Ski	U12 Mixed 2 Person	U15 Female Beach Sprint	U19 Male Beach Flags	U15 Male 2km Beach Run
U15 Male Surf Race / Team	U15 Female Surf Race / Team	U13 - U15 Mixed 5 Person	Open Male Beach Sprint	U17 Female Beach Flags	U15 Female 2km Beach Run
U17 Male Surf Race / Team	U17 Female Surf Race / Team	Open Mixed 6 Person	Open Female Beach Sprint	U17 Male Beach Flags	Open Male 2 x 1km Beach Run Relays
U19 Male Surf Race / Team	U19 Female Surf Race / Team	U17 Mixed 5 Person	U17 Male Beach Relay		Open Female 2 x 1km Beach Run Relay
Open Male Surf Race / Team	Open Female Surf Race / Team	Open Female 5 Person	U17 Female Beach Relay		U19 Male 2 x 1km Beach Run Relay
U15 Male Board Race	U15 Female Board Race	U19 Mixed 5 Person	U17 Mixed Beach Relay		U19 Female 2 x 1km Beach Run Relay
U17 Male Board Race	U17 Female Board Race	Open Mixed 5 Person	U15 Male Beach Relay		U17 Male 2 x 1km Beach Run Relay
U19 Male Board Race	U19 Female Board Race	U23 Mixed 5 Person	U15 Female Beach Relay		U17 Female 2 x 1km Beach Run Relay
Open Male Board Race	Open Female Board Race	Open Male 5 Person	U15 Mixed Beach Relay		U15 Male 2 x 1km Beach Run Relay
U17 Male Board Relay	U17 Female Board Relay		U19 Male Beach Relay		U15 Female 2 x 1km Beach Run Relay
U19 Male Board Relay	U19 Female Board Relay		U19 Female Beach Relay		
Open Male Board Relay	Open Female Board Relay		U19 Mixed Beach Relay		
U17 Male Single Ski Relay	U17 Female Single Ski Relay		Open Male Beach Relay		
U19 Male Single Ski Relay	U19 Female Single Ski Relay		Open Female Beach Relay		
Open Male Single Ski Relay	Open Female Single Ski Relay		Open Mixed Beach Relay		
U15 Male Ironperson	U15 Female Ironperson				
U17 Male Ironperson	U17 Female Ironperson				
U19 Male Ironperson	U19 Female Ironperson				
Open Male Ironperson	Open Female Ironperson				
U17 Male Taplin Relay	Open Mixed Taplin Relay				
U19 Male Taplin Relay	U17 Female Taplin Relay				
Open Male Taplin Relay	U19 Female Taplin Relay				
U15 Male Board Rescue	Open Female Taplin Relay				
U17 Male Board Rescue	U15 Female Board Rescue				
U19 Male Board Rescue	U17 Female Board Rescue				
Open Male Board Rescue	U19 Female Board Rescue				
Open Female Rescue Tube Rescue	Open Female Board Rescue				
Open Male Rescue Tube Rescue	U17 Female Belt Race				
U17 Female Rescue Tube Rescue	U17 Male Belt Race				
U17 Male Rescue Tube Rescue	Open Female Belt Race				
	Open Male Belt Race				
	U19 Female Belt Race				
	U19 Male Belt Race				



Sydney Branch Championships will run according to the SLSA Surf Sports Manual No. 3, 37th Edition, November 2021, Revised February 2023. All Entrants must be proficient, registered & financial members of SLSA. Live Heats will be used at the Sydney Branch Championships. There will be NO Late Entries to the Sydney Branch Championships.
E). U15 age competitors who obtain the SLSA Bronze Medallion are permitted to participate in U17 age team events with the exception that they cannot compete on a ski until they are in the U17 age category. U14 age competitors must hold their SRC award. As per section 2.3.5 Surf Sports Manual. Note 4. U14 age competitors must remain in the U14 age category for individual events and shall not be permitted to compete in any older age division in individual events. U14 competitors are eligible to compete in designated U14 and U15 team events. As per section 2.3.7. U17 age competitors may compete in only two team event ages i.e. U17, U19, Open.
Team Event entry limits - One (1) per club Lifesaver relay Two (2) teams per club Beach Runs Two (2) teams per club for Open Taplins Male & Female Two (2) teams per club for Open Mixed Taplin
<b>U19 Events will ONLY take place with 4 or more competitors or teams for each event. In the event there is less than 4 teams or competitors the events will be combined with the Open events.</b>
For any event that has less than two (2) competitors or two (2) teams the event will not run. Branch Point Score and Medals will only be allocated for events with three (3) or more competitors or teams.
Cameron Relays are single gender and can have 3 or 4 competitors. Eg. A 3 person team will have 1 board paddler, 1 swimmer, 1 runner that runs twice.
<b>U15 Cameron Relays &amp; Iron person order will be Swim-Board</b>



SYD BRANCH CHAMPIONSHIPS PROGRAM				
Version - 2				
Tide High 9.42am 1.60m				
SLSS Masters, Surf Boats and Lifesaving Championships - Maroubra Sunday 25th February 2024				
5.45am	Officials & IRB crews sign on and breakfast			
6am	Safety & Emergency Committee meeting			
6.10am	Senior Officials briefing in clubhouse			
6.40am	Officials briefing in areas			
6.50am	Team Manager Briefing			
Water 1	Water 2 - Pink	Water 3 - Blue/White	Beach 1 - Sprints	Beach Runs & Relays
Surf Boats	Masters	Lifesaving		
7am Marshall 7.30am Start	7am Marshall 7.30am Start	7am Marshall at Clubhouse 7:30am Start	7.30am Marshall 8am Start	6.30am Marshall 7am start
Lifesaver Relay	*Male Surf Team 110yrs+ & 130yrs+	U14 Male & Female	Lifesaving Sprint Races Commence at 7.30am	30 - 39 Male 2km Beach Runs
Boat Relay	*Female Surf Teams 110yrs+ & 130yrs+	U15 Male & Female	30 - 39 Male	30 - 39 Female 2km Beach Runs
Open Mens Surf Boat	Male Board Race 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+	U17 Male & Female	30 - 39 Female	40 - 49 Male 2km Beach Runs
Open Womens Surf Boat	30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+	U19 Male & Female	40 - 49 Male	40 - 49 Female 2km Beach Runs
Reserve Grade Mens Surf Boat	Male Ironperson 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+	Open Male & Female	40 - 49 Female	50 - 59 Male 2km Beach Runs
Reserve Grade Womens Surf Boat	30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+	30 - 39 Male & Female	50 - 59 Male	50 - 59 Female 2km Beach Runs
U23 Mens Surf Boat	Male Board Relay 110yrs+ & 130yrs+	40 - 49 Male & Female	50 - 59 Female	60 - 69 Male 1km Beach Runs
U23 Womens Surf Boat	Female Board Relay 110yrs+ & 130yrs+	50 - 59 Male & Female	60 - 69 Male	60 - 69 Female 1km Beach Runs
U19 Mens Surf Boat	Male Taplin 110yrs+ & 130yrs+	60 - 69 Male & Female	60 - 69 Female	70+ Male 1km Beach Runs
U19 Womens Surf Boat	Female Taplin 110yrs+ & 130yrs+	70+ Male & Female	70+ Male	70+ Female 1km Beach Run
Masters Womens Surf Boat pre 160 & post 160	30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		70+ Female	
Masters Mens Surf Boat pre 160 & post 160	Female Ski 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		Male Beach Relays 120+ & 160+	
	Male Ski Relay 110yrs+ & 130yrs+		Female Beach Relays 120+ & 160+	
	Female Ski Relay 110yrs+ & 130yrs+		Beach 1 - Flags Commence at the completion of Sprints	
	Male Double Ski 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		70+ Male & Female	
	30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		60-69 Male & Female	
	Male Board Rescue 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		50-59 Male & Female	
	30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, 70yrs+		40-49 Male & Female	
			30-39 Male & Female	
Sydney Branch Championships will run according to the SLSS Surf Sports Manual No. 3, 37th Edition, November 2021, Revised February 2023. All Entrants must be proficient, registered & financial members of SLSSA. Live Heats will be used at the Sydney Branch Championships. There will be NO Late Entries to the Sydney Branch Championships.				
*Masters Surf Team event will be conducted as 3 per team (Surf Sports Manual 4.3.1 (d)).				
For any event that has less than four (4) competitors or four (4) teams the event will not run. Branch Point Score and Medals will only be allocated for events with four (4) or more competitors or teams.				
Entry limits of two (2) teams per club for water and beach events				