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FIRST AID ROOM

P = Pass / **R** = Re-inspect / **D** = Discard

First Aid Room and Kit requirements are as per Standard Operating Procedures

Item	Minimum Number	Quantity	Rating
Furniture/Equipment			
Electrical power points	1		
Examination couch/bed	1		
Disposable sheets for examination bed	5		
Examination lamp/torch	1		
Storage cabinet to house equipment such as: <ul style="list-style-type: none">- Incident Report Logbook- First aid supplies- Spare oxygen bottles	1		
Noticeboard for First Aid and/or CPR charts and other relevant update information for members	1		
Lined rubbish bin for general waste	1 + spare liners		
Kettle or access to boiling water	1		
Hand wash solution (soap based)	2		
Hand sanitiser (min. 70% ethanol)	2 x 375ml		
Disposable paper towels	2 rolls (or similar qty)		
Patient Care			
Clean blankets** – cotton or woollen	2		
Drinking Cups (Disposable)	10		
First Aid Items			
Contents of first aid kit as outlined in First Aid Kit checklist – plus the following items	1 x kit		
Burn Sheet Dressing (non-medicated)	1 small 75cm 1 large 220cm		
Universal / Multi-trauma combine dressing	2		
Kidney dish	3		
Large bucket/basin for the immersion of feet	1		
PPE			
Contaminated waste disposal	1 bin with replacement bags		
Sharps disposal	1 container (larger than that in FA kit)		
Safety glasses	2 pairs		
Disposable face masks	1 box		
Face visor shields (optional)	2		
Resuscitation / AED Equipment			
Access to an approved oxygen resuscitation unit and an AED, plus spares of the consumable items contained in both units: <ul style="list-style-type: none">- Oropharyngeal airways- Oxygen tubing- Therapy masks – adult & child- Resuscitation masks – adult & child – with one-way valves- Oxygen bottles- Defibrillation pads- Razor kits for use with AED			

** Note that blankets must be properly laundered after each use.

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FIRST AID KITS

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Item	Purpose	Minimum Number	Kit 1	Kit 2	Kit 3	Kit 4
Miscellaneous						
First aid pamphlet inc. burn treatment and eye injury treatment instruction cards	First aid information	1				
Note pad and pen/pencils	Record the injured or ill person's condition and the treatment given	1 set				
Access to SLS Incident Report Logbook	Logs all incidents that require first aid treatment	1				
Plastic bags; small, medium and large, clip seal	Amputated parts & storage	2 of each size				
Shock/space blanket	Protection from the elements	2 in kit 4 in FA room				
PPE						
Contaminated waste disposal bags	Waste disposal	5				
Sharps disposable container	Infection control and disposal	1 small				
Hand sanitiser (min. 70% ethanol)	Hand cleaning before and after wound care	2 x 50ml				
Disposable gloves – nitrile	Infection control for first aider and patient	10 x pairs in kit 100 in FA room				
Disposable face masks	Infection control	10				
Disposable vomit (emesis) containers	Infection control	1 in FA kit 10 in FA room				
Resuscitation Mask with one-way valve	Infection control	1				
Broad spectrum sunscreen SPF 50+	Reduce risk of sun burn	1 x bottle 200ml				
Tools						
Safety pins	Secure bandages and slings	1 x packet				
Scissors, blunt/sharp-nosed, minimum length 12.5cm (s/steel)	Cut dressings or clothing	1				
Splinter forceps / tweezers	Remove foreign bodies	1				
Splinter probe, disposable	Remove foreign bodies	10				
Dressings						
Adhesive plastic dressing strips, sterile (Band-Aids)	Minor wound dressing	1 packet of 50 in kit 2 x packets of 50 in FA room				
Eye Pads	Eye cover	4				
Dressings: non-adherent, sterile	Wound dressings, non-stick	5 x large (10cm x 10cm) 5 x medium (7.5cm x 10cm) 5 x small (5cm x 5cm)				
Wound Dressing No. 15	Control bleeding and cover wounds	3				
Combine absorbent wound dressings, sterile, non-medicated 9cm x 20cm minimum	Control bleeding and cover wounds	2 in kit 5 in FA room				
Tape						
Adhesive tape	Strapping	1 x roll (2.5cm wide)				
Paper Tape (microporous) Hypo-allergenic	Secure dressings & bandages in place	1 x 1.25cm 1 x 2.5cm				
Bandages						
Hospital crepe and conforming bandages	Hold dressings in place; immobilisation; pressure immobilisation bandage.	3 x 5cm 3 x 7.5cm 2 x 10cm (heavy-duty crepe)				
CAT Tourniquet	Major bleeding control	2				
Triangular bandages, minimum 90cm	Slings, support and/or padding	4 in kit 6 in FA room				
Wound Care/Cleaning						
Sterile eyewash/Saline solution	Emergency eyewash or irrigation of eyes and wounds.	12 x 15ml single use ampules				
Gauze squares in sterile 3-packs	Cleaning wounds	5 x 3-packs in kit 2 x 100 packs in FA room				
Ice or instant or reusable ice packs	Reduce inflammation of sprains and strains. Treatment of some marine stingers.	2 x instant or reusable ice packs or minimum 1kg provision easily accessible				
Antiseptic solution liquid/spray	Wound care	1 x 50ml				
Antiseptic swabs/wipes – 1% Cetrimide BP (non-alcohol)	Wound care	10 in kit 100 in FA room				
Alcohol swabs	Clean instruments before and after use	10 in kit 100 in FA room				