



# Surf Life Saving Sydney Branch Development Camp

## WHAT TO BRING TO CAMP

### **NO CLUB GEAR PLEASE - except Swimmers**

The following list is the minimum equipment required for your camp. Please ensure you are adequately prepared.

#### **Clothing for all activities:**

You will be required to wear appropriate shoes, clothing and sun protection to be able to participate in activities. Open footwear (e.g., thongs and sandals), midriff tops, singlet tops, skirts and jewellery **are NOT appropriate** for the camp program.

#### **Clothes**

- ☐ Hat - **No Hat No Play**
- ☐ T-shirts
- ☐ T-shirt or rash-shirt that can get wet
- ☐ Closed-in comfortable footwear (joggers/sneakers/hiking boots)
- ☐ Raincoat
- ☐ Beanie / gloves (if needed)
- ☐ Long pants (a must if your group is doing Billy Carts or Orienteering)
- ☐ Shorts - **NO shorty shorts for the girls please**
- ☐ Clothes that can get wet e.g., board shorts x 2 – 3 sets
- ☐ Jumper/fleece
- ☐ Warm Clothes
- ☐ Underwear and socks
- ☐ Pyjamas
- ☐ Old covered-in shoes that can get wet (i.e. these are your 2nd pair of shoes).  
NB: **No “Crocs” shoes**, must be fully closed in shoes e.g., old sneakers or wet-shoe booties.
- ☐ Swimmers
- ☐ Towel

#### **Our Branch Partners and Sponsors**





### Personal Equipment

- ☐ Toiletries (soap, toothbrush, toothpaste, bath towel etc.)
- ☐ Medicines (if needed - Please inform staff of any medication you bring to camp)
- ☐ Sunscreen & insect repellent
- ☐ Sleeping bag or sheets
- ☐ Pillow slip
- ☐ Torch
- ☐ Water bottle
- ☐ Spare set of warm clothes in case you get drenched (incl. underwear, socks, jumper or jacket, long pants)
- ☐ Covered comfortable walking shoes

### PLEASE DO NOT BRING:

- ☐ Food with peanuts or tree nuts
  - This includes any snacks or foods that are nut based products such as hazelnut spread, almond milk, peanut butter, satays, etc.
- ☐ No singlet tops please (bad sun protection). T-shirts and polo shirts only
- ☐ Valuable items such as - iPads, good clothes, electronic games, jewellery, mobile phones, money etc.
- ☐ No junk food, lollies, chips etc.

SLSS recommends you do not bring valuable items to camp that are not necessary during your stay. SLSS and YouthWorks do not take any responsibility for the care of your property, so please ensure all clothes and personal items are labelled appropriately.

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