



**SYD BRANCH CHAMPIONSHIPS PROGRAM**

Version - 1

Tide HIGH 5:31pm 1.17m

**SLSS Distance Runs & Relays (All Age Groups) & March Past - North Cronulla & Lifesaving - Elouera Friday 7th February 2025**

4pm	Track setup		
4:15pm	Safety & Emergency Committee meeting		
4:30pm	Senior Officials briefing at North Cronulla		
4:40pm	Officials briefing in areas		
4:50pm	Team Manager Briefing in areas		
<b>Beach Runs &amp; Relays</b>		<b>March Past</b>	<b>Champion Lifesaver</b>
<b>5pm Marshall 5:30pm Start</b>		<b>6:30pm Team Manager Briefing 6:45pm Marshall 7pm Start</b>	<b>Theory &amp; Resus</b>
U11 Male 1km Beach Run	U15 Male 2km Beach Run	U14, U17, U23 and Open March Past	Theory
U11 Female 1km Beach Run	U15 Female 2km Beach Run	Opening Ceremony to be held during March Past - including:	Resus
U12 Male 1km Beach Run	U17 Male 2km Beach Run	- Welcome to Country	U14 M/F
U12 Female 1km Beach Run	U17 Female 2km Beach Run	- National Anthem	U15 M/F
U13 Male 2km Beach Run	U19 Male 2km Beach Run	- Draw of Ironperson legs	U17 M/F
U13 Female 2km Beach Run	U19 Female 2km Beach Run	- Official's & Athlete's Ode	U19 M/F
U14 Male 2km Beach Run	Open Male 2km Beach Run	- Club Colour Parties	Open M/F
U14 Female 2km Beach Run	Open Female 2km Beach Run		30-39 M/F
U11 Male Beach 2 x 500m Run Relay	All Age 500m - Inclusive Competitors		40-49 M/F
U11 Female Beach 2 x 500m Run Relay	U15 Male 2 x 1km Beach Run Relay		50+ M/F
U12 Male Beach 2 x 500m Run Relay	U15 Female 2 x 1km Beach Run Relay		
U12 Female Beach 2 x 500m Run Relay	U17 Male 2 x 1km Beach Run Relay		
U13 Male Beach Run Relay	U17 Female 2 x 1km Beach Run Relay		
U13 Female Beach Run Relay	U19 Male 2 x 1km Beach Run Relay		
U14 Male Beach Run Relay	U19 Female 2 x 1km Beach Run Relay		
U14 Female Beach Run Relay	Open Male 2 x 1km Beach Run Relays		
30 - 39 Male 2km Beach Runs	Open Female 2 x 1km Beach Run Relay		
30 - 39 Female 2km Beach Runs	60+ Male 1km Beach Runs		
40 - 49 Male 2km Beach Runs	60+ Female 1km Beach Runs		
40 - 49 Female 2km Beach Runs			
50 - 59 Male 2km Beach Runs			
50 - 59 Female 2km Beach Runs			

Sydney Branch Championships will run according to the SLSA Surf Sports Manual No. 3, 37th Edition, November 2021, Revised July 2024.

All Entrants must be proficient, registered & financial members of SLSA.

Live Heats will be used at the Sydney Branch Championships.

There will be NO Late Entries to the Sydney Branch Championships.

As per section 6.1 Surf Sports Manual & section 2.3.6 Note 6.

E). U15 age competitors who obtain the SLSA Bronze Medallion are permitted to participate in U17 age team events with the exception that they cannot compete on a ski until they are in the U17 age category.

U14 age competitors must hold their SRC award.

As per section 2.3.5 Surf Sports Manual.

Note 4. U14 age competitors must remain in the U14 age category for individual events and shall not be permitted to compete in any older age division in individual events. U14 competitors are eligible to compete in designated U14 and U15 team events.

As per section 2.3.7. U17 age competitors may compete in only two team event ages i.e. U17, U19, Open.

For clubs that don't have a March Past team entered they need to provide a 2 person "Colour Party" as per the Carnival Bulletin. Failure to do so will result in that club being unable to compete at the 2025 Branch Championships.

Team Event entry limits -

Two (2) teams per club Beach Run Relays

**U19 Events will ONLY take place with 4 or more competitors or teams for each event. In the event there is less than 4 teams or competitors the events will be combined with the Open events.**

For any other event that has less than four (4) competitors or four (4) teams the event will not run.