



2024 NSW Interbranch Championships

Entry Information

23 September 2024

INTRODUCTION

This document contains information in reference to entries for the 2024 NSW Interbranch Championships to be held at Cape Hawke SLSC, hosted by the Lower North Coast Branch and supported by Surf Life Saving New South Wales (SLSNSW) on 30th November & 1st December 2024.

BRANCH ENTRIES AND ENTRY FEES

Branches are responsible for entering their competitors by **Sunday 17 November 2024**. SLSNSW will invoice each Branch after the Championship.

The entry fee for each competitor is **\$38.80** (incl. GST) per competitor.

Entry fees are not refundable if members do not take part in these Championships or if the event is cancelled or suspended.

Entries will be via SEMS: <https://sems.sls.com.au/>

The Event name is '2024 NSW Interbranch Championships'.

For Individual Events:

- Branches will need to enter competitors by their club for each event contest

For Team Events:

1. Branches will need to create a new team
2. Team name should be your branch (e.g. Central Coast)
3. Click check box 'Multi-Org' to allow composite team selection
4. Select your branch from the Organisation drop down menu and select Done

New Team

Name Central Coast Branch

Multi-Org

Central Coast Branch

Done Cancel



5. Highlight new team and select 'Edit Team'
6. Select the competitors club from the drop down menu
7. Select the relevant athlete from the list and click '+'
8. Repeat for all team members and select Done

REFUND POLICY

No refunds will be available for competition withdrawals or for competitors who did not compete in this event.

Disclaimer:

This policy is intended to be a guide for competitors, teams, officials, and spectators when making accommodation and travel plans and/or taking time off work. It is the responsibility of competitors, teams, officials, and spectators to investigate their own personal situation and potential financial consequences and make their own decisions as to whether they wish to attend the Championship.

ELIGIBILITY TO COMPETE:

All entrants must meet SLSNSW award, patrol, and proficiency requirements as per the 2024/25 proficiency competition requirements and any other subsequent bulletins issued.

U17 competitors are required to hold a Bronze Medallion (BM) to be able to compete in the U17 ski competition and have completed their proficiency for the 23/24 season.

It is a requirement of each Branch to ensure that all competitors are compliant. SLSNSW will conduct competitor audits to ensure compliancy.

TEAMS

Branch Team

A Branch Team (40) will consist of the following:

- U12, U13, U14, U15 and U17 Age Groups
- U12, U13, U14, U15 and U17: Maximum of four (4) females and four (4) males per age group

Please note, there will be no drafting for the 2024 NSW Interbranch Championship.

For the 2024 NSW Interbranch Championships, the following rules will apply for ALL competitors:

- Any competitor is permitted to compete up one (1) age division from their nominated age division, although they can only compete in a single age division, not both. U15's are permitted to compete up one (1) age division, providing they have attained their Bronze Medallion as per Section 2.3.7 of the [SLSA Surf Sports Manual, 37th Edition](#), revised July 2024. NO U15's will be eligible to compete in the ski event.

Please note: an U15 competitor may only undertake the swim or board leg of the U17 Taplin Relay.



- Competitors competing **one** (1) age group up, **MUST** have competed for a club in that Branch the season prior (23/24).
- ALL competitors **MUST** have their age division clearly marked on their left or right shoulder for the Marshalls to scrutinise and be wearing their live heats wristband on their left or right wrist.
- Event compositions will be as follows;
 - Surf Race - Two (2) competitors per age group per branch. Single gender.
 - Board Race - Two (2) competitors per age group per branch. Single gender.
 - Iron Person – Two (2) competitors per age group per branch. Single gender.
 - Ski – Two (2) competitor per age group per branch. Single gender.
 - Mixed 6 Person Taplin – Two (2) Swim, two (2) Board, two (2) Ski, male & female in each leg.
 - Cameron Relay – Three (3) person relay, one (1) runner. One (1) team per age per branch. Single gender.
 - Mixed Board Relay- Two (2) person relay, one (1) male & one (1) female. One (1) team per age group per branch.
 - Mixed Ski Relay – Two (2) person relay, one (1) male & one (1) female. One (1) team per branch.
 - Board Rescue – Two (2) competitors per team, one (1) team per branch. Single gender.
 - All Age Board Relay – One (1) competitor per age group per branch. Single gender.
 - Sprint – Two (2) competitor per age group per branch.
 - Flags – One (1) competitor per age group per branch.
 - Beach Run – One (1) competitor per age group per branch.
 - Mixed Beach Relay sprint – Four (4) person relay, two (2) male & two (2) female. One (1) team per age group per branch.
 - Mixed Beach Relay – Two (2) x 500m (U12) & two (2) x 1km (U13-U17), two (2) person relay, one (1) male & one (1) female. One (1) team per age group per branch.
 - All Age Beach Relay – One (1) competitor per age group per branch. Single gender.

INJURY/ILLNESS SUBSTITUTION

A Branch may replace an athlete in their team up until the commencement of the first event in the championship. After the commencement of the first event, a Branch cannot make a replacement from outside of the team.

However, a Branch may substitute an athlete in the same nominated age category from within their team on the following basis:

- A team can substitute an athlete of the same nominated age in an individual event but only before participation in the first heat of the event.



- A team can substitute an athlete of the same nominated age in and out of a team event between heats and further rounds of the event.

In such circumstances all team changes are to be made by the Team Manager, via Live Heats, prior to Marshalling.

Further, a Branch may substitute an athlete of a younger nominated age category from within their team for individual events but only on the following basis:

- Application must be made through the Referee to the Competition Committee who will make a decision. The Championship Committee's decision shall not be subject to protest or appeal.
- Application for substitution of an athlete can only be for injury or illness. Proof of injury or illness may be sought by the Competition Committee.
- Once substituted the injured/ill athlete is not permitted to take any further part in the event.

Any changes required to teams after the closing date of entries must be communicated to SLSNSW via email to surfsports@surflifesaving.com.au

WATER SAFETY

All branches are required to nominate two (2) water safety personnel via [Microsoft Forms](#) by **Sunday 17 November 2024**. SLSNSW will release the water safety roster prior to the Championships.

Water safety personnel will need to supply their own orange rash vest, cap, fins, rescue tube. All water safety personnel must have a minimum current proficient SRC. Rescue boards for water safety will be used at the discretion and direction of the Sectional Referee in the water area. In this instance boards will be made available by Cape Hawke SLSC.



PROGRAM

Saturday 30 November 2024			
	Water Events		Beach Events
9.30am	U17 M/F Surf Race (F)	7.30am	U12 M/F 1km Beach Run (F)
	U15 M/F Surf Race (F)		U13 M/F 2km Beach Run (F)
	U14 M/F Surf Race (F)		U14 M/F 2km Beach Run (F)
	U13 M/F Surf Race (F)		U15 M/F 2km Beach Run (F)
	U12 M/F Surf Race (F)		U17 M/F 2km Beach Run (F)
	U17 M/F Single Ski Race (F)	9.30am	U12 M/F Beach Sprint (S/F)
			U13 M/F Beach Sprint (S/F)
	U15 M/F Board Race (F)		U14 M/F Beach Sprint (S/F)
	U14 M/F Board Race (F)		U15 M/F Beach Sprint (S/F)
	U17 M/F Board Race (F)		U17 M/F Beach Sprint (S/F)
	U13 M/F Board Race (F)		
	U12 M/F Board Race (F)		U12 M/F Beach Sprint (F)
			U13 M/F Beach Sprint (F)
	U17 M/F Iron Person (F)		U14 M/F Beach Sprint (F)
	U15 M/F Iron Person (F)		U15 M/F Beach Sprint (F)
	U14 M/F Iron Person (F)		U17 M/F Beach Sprint (F)
	U13 M/F Iron Person (F)		
	U12 M/F Iron Person (F)		U12 Mixed Beach Relay (S/F)
			U13 Mixed Beach Relay (S/F)
	U17 M/F Board Rescue (F)		U14 Mixed Beach Relay (S/F)
	U15 M/F Board Rescue (F)		U15 Mixed Beach Relay (S/F)
	U14 M/F Board Rescue (F)		U17 Mixed Beach Relay (S/F)
	U13 M/F Board Rescue (F)		
	U12 M/F Board Rescue (F)		U12 Mixed Beach Relay (F)
			U13 Mixed Beach Relay (F)
			U14 Mixed Beach Relay (F)
			U15 Mixed Beach Relay (F)
			U17 Mixed Beach Relay (F)
			All Age M/F Beach Relay (S/F)
			All Age M/F Beach Relay (F)

NB: Beach Sprints, Beach Relay and All Age Beach Relay will consist of an A & B final.



Sunday 1 December 2024			
	Water Events		Beach Events
9am	U17 Mixed Taplin Relay (6P)	7.30am	U12 Mixed 2x500m Beach Run Relay (F)
			U13 Mixed 2x1km Beach Run Relay (F)
	U12 M/F Cameron Relay (F)		U14 Mixed 2x1km Beach Run Relay (F)
	U13 M/F Cameron Relay (F)		U15 Mixed 2x1km Beach Run Relay (F)
	U14 M/F Cameron Relay (F)		U17 Mixed 2x1km Beach Run Relay (F)
	U15 M/F Cameron Relay (F)		
			U12 M/F Beach Flags (SF/F)
	U17 Mixed Ski Relay (F)		U13 M/F Beach Flags (SF/F)
			U14 M/F Beach Flags (SF/F)
	U12 Mixed Board Relay (F)		U15 M/F Beach Flags (SF/F)
	U13 Mixed Board Relay (F)		U17 M/F Beach Flags (SF/F)
	U14 Mixed Board Relay (F)		
	U15 Mixed Board Relay (F)		
	U17 Mixed Board Relay (F)		
	Male All Age Board Relay (F)		
	Female All Age Board Relay (F)		
Program is subject to change			